

# Daily Herald

## It's time to party!

Utah Valley cities celebrate the start of summer **OUR TOWNS, C1**

## Deepest run than ever before

Mavs and Stars chase a Dallas double **SPORTS, B1**



**MOSTLY SUNNY**

**88**

**•**

**58**

FORECAST, B5

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COURTESY PROVO COMMUNITY CONGREGATIONAL UNITED CHURCH OF CHRIST

The Provo Community Congregational United Church of Christ is photographed from University Avenue in downtown Provo on Feb. 12, 2023.

## Rep. Clancy creates group to address recidivism

**BY CARLENE COOMBS**  
Daily Herald

In an effort to address recidivism, when convicted criminals reoffend, and improve formerly prisoners’ re-entry into the community, Rep. Tyler Clancy, R-Provo, has organized a working group to brainstorm solutions.

The group met Friday morning for the first time, with about 40 people attending, including government officials, business owners, people who have been incarcerated and public safety representatives.

According to the Utah Department of Corrections, over 60% of offenders entering Utah’s corrections system in 2023 did so due to parole violations.

Friday’s discussion centered around updates on recent reforms — such as creating a division of reentry in the Department of Corrections — and brainstorming ways to understand the issue and how to address it.

“We have to do a better job for someone who is incarcerated, from providing treatment to education to work opportunities and focusing on preparing them from day one as they come into the prison to prepare them to go back out into the community,” said Brian Redd, executive director of the Utah Department of Corrections. “We can’t just do that 30 days before they’re being released.”

Redd said, in the past, reentry was addressed toward the end of a

Please see **RECIDIVISM**, Page A4

## SAVING GRACE

Provo’s Meno Trope Hall in need of restoration as it reaches 100 years old

**BY CURTIS BOOKER**  
Daily Herald

There’s a lot of history in downtown Provo. And as more residents settle in to call the city their new home, work is underway to preserve some of its most precious landmarks.

Nestled at the corner of University Avenue and 200 South sits the Provo Commu-

nity Congregational United Church of Christ. Attached to the A-framed structure of the church is Meno Trope Hall, which this year is celebrating 100 years.

Built in 1923 and dedicated in the spring of 1924, the design was based on the Spanish Colonial Revival architecture style. Church member Meno Trope donated \$30,000 to

fund construction.

The church and its building have played a significant role in the community by providing space for health screenings, social activities and more, and at one point it housed the first kindergarten in Utah County.

Please see **MENO TROPE**, Page A4

## PROJECT ALTA

## By 2034, Utah gearing to build ‘advanced air mobility system’

**BY KATIE MCKELLAR**  
Utah News Dispatch

It may sound like something out of the “The Jetsons,” but Utah visionaries insist flying “air taxis” — think Uber but in the sky, via electric autonomous aircraft — are a reality on Utah’s horizon.

Perhaps, even by 2034.

Utah Gov. Spencer Cox joined a news conference Thursday with Utah tech and business leaders to launch a new public, private partnership called “Project Alta,” an acronym for Air Logistics Trans-

portation Alliance.

At the helm of the initiative is 47G, formerly known as the Utah Aerospace and Defense Association, a network of over 120 aerospace, defense and cyber companies and 20 academic institutions working to innovate in the three sectors.

As part of Project Alta, 47G is partnering with the Utah Governor’s Office, the Utah Department of Transportation, the Utah Inland Port Authority and other industry partners with a mission

to establish an “advanced air mobility” system for Utah.

The group has been tasked with creating a new air transportation system in the state that could revolutionize how Utahns travel and how packages are delivered to their doorsteps — all by 2034.

“We know that we can’t continue to add lanes to our freeways” as Utah continues to grow, Cox said at Thursday’s

Please see **AIR TAXIS**, Page A4



COURTESY ELROY CHAPARRAL

Pictured is Elroy Chaparral’s autonomous electric vertical take-off and landing aircraft for middle-mile logistics, humanitarian aid shipping and military resupply. A new public-private partnership in Utah called Project Alta aims to transform transportation with autonomous passenger vehicles and drone deliveries in Utah by 2034.

## DISCOVER DIGITAL

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HUSH MONEY TRIAL

Trump attacks the criminal justice system after guilty verdict

BY MICHELLE L. PRICE AND JILL COLVIN  
Associated Press

NEW YORK — Donald Trump sought to move past his historic criminal conviction on Friday and build momentum for his bid to return to the White House with fierce attacks on the judge who oversaw the case, the prosecution’s star witness and the criminal justice system as a whole.

Speaking from his namesake tower in Manhattan in a symbolic return to the campaign trail, the presumptive Republican presidential nominee delivered a message aimed squarely at his most loyal supporters. Defiant as ever, he insisted without evidence that the verdict was “rigged” and driven by politics.

“We’re going to fight,” Trump said from the atrium of Trump Tower, where he descended a golden escalator to announce his 2016 campaign nine years ago next month. The machinations during the final, dramatic weeks of that campaign ultimately led to the charges that made Trump the first former president and presumptive presidential nominee of a major party to be convicted of a crime, exposing him to potential prison time.

While the guilty verdict has energized Trump’s base, fueling millions of dollars in new campaign contributions, it’s unclear how the conviction and his rambling response will resonate with the kinds of voters who are likely to decide what is expected to be an extremely close November election. They include suburban women, independents, and voters turned off by both candidates.

Speaking before dozens of reporters and cameras that carried his remarks live, Trump cast himself as a martyr, suggesting that if this could happen to him, “They can do this to anyone.”

“I’m willing to do whatever I have to do to save our country and save our Constitution. I don’t mind,” he said, as he traded the aging lower Manhattan courthouse where he spent much of the last two months for a backdrop of American flags, rose marble and brass.

“It’s a very unpleasant thing, to be honest,” he added. “But it’s a great, great honor.”

President Joe Biden, responding to the verdict at the White House, said



Former President Donald Trump speaks during a news conference at Trump Tower on Friday in New York.

Trump “was given every opportunity to defend himself” and blasted his rhetoric.

“It’s reckless, it’s dangerous, it’s irresponsible for anyone to say this is rigged just because they don’t like the verdict,” Biden said.

Trump has made his legal woes the centerpiece of his campaign message as he has argued, without evidence, that Biden orchestrated the four indictments against him to hobble his campaign. The hush money case was filed by local prosecutors in Manhattan who don’t work for the Justice Department or any White House office.

A Manhattan jury on Thursday found Trump guilty of 34 charges in a scheme to illegally influence the 2016 election through a hush money payment to a porn actor who said the two had sex.

Despite the historic ruling, a convicted Trump sounded much the same as a pre-convicted Trump, as he delivered what amounted to a truncated version of his usual rally speech. He argued the verdict was illegitimate and driven by politics and sought to downplay the facts underlying the

case. He said he would appeal.

“It’s not hush money. It’s a nondisclosure agreement,” he said. “Totally legal, totally common.”

When Trump emerged from the courtroom immediately after the verdict Thursday, he had appeared tense and deeply angry, his words pointed and clipped. But by Friday, he seemed more relaxed — especially as he moved on to other topics. He did not take questions from reporters, marching off as supporters assembled in the lobby cheered.

His lawyer, Todd Blanche, who was with him at Trump Tower but didn’t speak, said in an interview later Friday that he had been “shocked” by how well Trump took the verdict.

“He’s not happy about it, but there’s no defendant in the history of our justice system who’s happy about a conviction the day after,” he said. “But I think he knows there’s a lot of fight left and there’s a lot of opportunity to fix this and that’s what we’re going to try to do.”

Trump has portrayed himself as a passionate supporter of law enforcement and has even talked favorably of

officers handling suspects roughly. But he has spent the last two years attacking parts of the criminal justice system as it applies to him and raising questions about the honesty and motives of agents and prosecutors.

In his disjointed remarks, Trump attacked Biden’s immigration and tax policies before pivoting to his case, growling that he was threatened with jail time if he violated a gag order. He cast intricate parts of the case and trial proceedings as unfair, making false statements and misrepresentations as he went.

Trump said he had wanted to testify in his trial, a right that he opted not to exercise. Doing so would have allowed prosecutors to cross-examine him under oath. He raised the specter on Friday of being charged with perjury for a verbal misstep, saying, “The theory is you never testify because as soon as you testify — anybody, if it were George Washington — don’t testify because they’ll get you on something that you said slightly wrong.”

Testing the limits of the gag order that continues to prohibit him from publicly critiquing witnesses includ-

ing Michael Cohen, Trump called his former fixer, the star prosecution witness in the case, “a sleazebag,” without referencing him by name.

He also blasted the judge in the case, saying his side’s chief witness had been “literally crucified by this man who looks like an angel, but he’s really a devil.”

He also circled back to some of the same authoritarian themes he has repeatedly focused on in speeches and rallies, painting the U.S. under Biden as a “corrupt” and “fascist” nation.

His son Eric Trump and daughter-in-law, Lara Trump, joined him, but his wife, Melania Trump, who has been publicly silent since the verdict, was not seen.

Outside, on Manhattan’s Fifth Avenue, supporters gathered across the street flew a giant red “TRUMP OR DEATH” sign that flapped in front of a high-end boutique. A small group of protesters held signs saying “Guilty” and “Justice matters.”

Trump’s campaign announced Friday evening it had raised \$52.8 million in the 24 hours after the verdict. The campaign said one-third of those donors had not previously given to him.

Trump and his campaign had been preparing for a guilty verdict for days, even as they held out hope for a hung jury. On Tuesday, Trump railed that not even Mother Teresa, the nun and saint, could beat the charges, which he repeatedly labeled as “rigged.”

His top aides on Wednesday released a memo in which they insisted a verdict would have no impact on the election, whether Trump was convicted or acquitted.

The news nonetheless landed with a jolt. Trump listened as the jury delivered a guilty verdict on every count. Trump sat stone-faced while the verdict was read.

His campaign fired off a flurry of fundraising appeals, and GOP allies rallied to his side. One text message called him a “political prisoner,” even though he hasn’t yet found out if he will be sentenced to prison. The campaign also began selling black “Make America Great Again” caps, instead of the usual red, to reflect a “dark day in history.”

Aides reported an immediate rush of contributions so intense that WinRed, the platform the campaign uses for fundraising, crashed.

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# OPINION



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## The American spirit of resilience

Change is not only inevitable in the rapidly evolving world of today; it is a constant. Just consider the contrast between the state of our nation two decades ago and what it is now. We are continuously learning fresh ideas and integrating them into our daily lives.



ARMSTRONG WILLIAMS

The United States was established on the principles of adaptability, innovation, resilience and change. Our Constitution was crafted to be able to adjust to technological and ideological shifts. It is unchanging in that it represents a set of fundamental values, but it is constantly evolving as it applies those values to new ideas.

Consider the technological innovations that have profoundly changed our daily routines. The digital era has introduced unparalleled convenience since the dawn of this century, enabling us to purchase goods and services from the comfort of our homes, entertain ourselves constantly and work as productively from outside the office as we do in the office. However, it has also introduced new challenges, including the proliferation of social media, which has eroded the minds of our youth, and the development of new, sophisticated warfare capabilities that present a perpetual and evolving threat to our nation.

The emergence of artificial intelligence platforms such as ChatGPT, which have made AI's capabilities publicly accessible and free to everyone with an internet connection, has propelled AI to the forefront of the world's consciousness in the past year. The question of what a future with intelligent computing systems will look like has been spurred by the ability of these new tools to adapt to new situations the way humans do. Undoubtedly, AI is a concern our Founding Fathers did not anticipate. However, this is also the case for all forms of advanced technology currently in use, such as computers and other sophisticated systems.

For example, thermal imaging devices are capable of reading heat signatures through walls. The Supreme Court was able to effortlessly interpret our Constitution in the presence of a technology our Founding Fathers were unable to comprehend. The court determined that our fundamental constitutional principle of prohibiting searches without warrants was

applicable to the technology. When thinking of these technological advancements, we are at a juncture where the traditional methods of doing things are no longer adequate. We must retain the principles that have made our nation great but also take a bold step into the future, armed with the ingenuity that has always characterized the American spirit.

Our educational system is one such area particularly ripe for transformation. Schools throughout the country are failing to adequately instruct children on even the most fundamental concepts. However, with the advent of new technologies such as AI, virtual classrooms and online learning platforms, children now can learn at their own pace and in the manner most conducive to their learning, in environments that are most familiar to them. By utilizing technology, it is possible to democratize education to the extent that even the most underfunded school systems can compete with those in the wealthiest neighborhoods in terms of their educational capabilities. This has the potential to result in a significantly more educated population with a more diverse array of leaders.

The necessity of strong, principled leadership is at the core of this transformation. It is imperative that our elected officials transcend the partisan bickering that has characterized our nation for the past decade and instead concentrate on the common good and the future of our nation. They must establish policies that promote innovation and safeguard the general public from technology-related activities that violate their rights. It is a precarious balance, but it can be attained by uniting around a common vision of a more promising future.

Change should be welcomed rather than feared. It is the lifeblood of our nation and the engine of progress. We must bear in mind that our capacity to adapt and thrive is the foundation of our strength as we navigate the intricacies of the 21st century. We honor the legacy of those who preceded us and establish a path for future generations by accepting change. The American spirit is characterized by resilience, and it is this spirit that will serve as our guide as we confront the obstacles and successes that await us.

Armstrong Williams is manager/sole owner of Howard Stirk Holdings I & II Broadcast Television Stations and the 2016 Multicultural Media Broadcast Owner of the year.



## American Caesar and constitutional indifference

A recent column in The Economist magazine asking if America is dictator-proof got me to thinking if our constitutional guarantees are secure. Stated differently: Can the custodians of our constitutional norms be trusted to restrain a deliberate attempt to ignore, diminish or evade the Constitution? The short answer is: NO.



ANDREW NAPOLITANO

The history of what I will charitably call constitutional indifference is long and tortuous. It goes back to the earliest days of the republic when, in a period of eight years, Congress enacted and Presidents George Washington and John Adams signed into law legislation that directly defied restraints imposed upon the federal government.

And this constitutional indifference gave birth to the steady radical growth of government — usually in wartime and based on fears of foreign persons — at the expense of personal liberty. In 1791, over a fierce and eloquent objection by then-Congressman James Madison — largely the author of the Constitution — Congress enacted a series of statutes that created the first National Bank of the United States. The bank's purpose was to enable elites to enrich themselves by controlling the flow of cash.

Madison, in his famous Bank Speech, the best articulation of limited constitutional government by any Founding Father, argued that because the Constitution intentionally did not authorize Congress to establish a bank — it reserved banking regulation to the states — Congress was without the lawful authority to establish one. Congress enacted the legislation nevertheless. In 1792, Congress enacted the Insurrection Act, also over Madison's objections. That law enabled the president to declare an emergency and call upon the military to address the emergency. The definition of emergency has been and today remains the subjective choice of the president. This statute enabled the president to use federal troops to enforce federal and state laws, and to seize state militias

from state governors and use them in presidentially declared emergencies for presidentially directed purposes.

And in 1798, again over Madison's objections, and in utter defiance of the First Amendment's command that "Congress shall make no law ... abridging the freedom of speech," Congress enacted the Alien and Sedition Acts, which criminalized public criticism of the government's foreign policy and of the president personally.

These are the initial monstrous examples of constitutional indifference that set the government's path on the vector of regular, consistent and systematic growth, ignoring the restraints that Madison had built into the Constitution. These early constitutional aberrations have established the precedent and the pattern in Congress for giving power to any president that will enable him or her to become an American Caesar.

Today there are around 135 of these largely unknown-to-the-public statutes that permit the president to close federal highways, confiscate bank accounts in federally insured banks and shut down the internet — all to address a self-willed emergency, all without due process, all in defiance of basic constitutional norms.

What is an emergency? The courts have defined it as a state of affairs whereby the courts cannot sit to address due process. By that definition, we have never had an emergency in our history, including during the War Between the States and immediately after 9/11 in New York City.

Yet, with the congressionally indifferent attitude that emergency somehow creates lawful power where none existed before the so-called emergency, presidents have from time to time become Caesar.

When President Abraham Lincoln declared speech critical of his war machine to be an emergency, he claimed he was thereby able to use federal troops to arrest more than 3,000 journalists and editors in the North and confine them without charges. By the time one of those cases reached the Supreme Court, after the war's end and Lincoln's death, the court ruled that the Constitution tolerates no emergency powers and

its plain meaning applies in good times and in bad.

Nevertheless, constitutionally indifferent presidents have defined emergency to suit their political needs and violated constitutional norms.

President Woodrow Wilson declared the prevalence of anti-war speech during World War I to be an emergency, and thereby he claimed the emergency enabled him to arrest Princeton University students who recited the Declaration of Independence aloud outside draft offices in Trenton, New Jersey.

President Franklin D. Roosevelt declared the presence of Americans of Japanese ancestry in the western parts of the United States to be an emergency, and thereby he claimed the emergency enabled him to arrest without charge and incarcerate more than 120,000 Americans without trial until the end of World War II.

President George W. Bush claimed that 9/11 was an emergency that somehow authorized him to authorize the National Security Agency to spy on all Americans without suspicion, probable cause or search warrants.

President Barack Obama claimed that the presence of Moammar Gadhafi as the leader of Libya was an American emergency such that he needed to be removed from office without a congressional declaration of war, and so he had the CIA bomb Libya.

President Donald Trump declared the entry of undocumented immigrants into the United States at the Texas/Mexico border to be an emergency, and thereby he claimed this so-called emergency enabled him to begin construction of a border fence, in defiance of Congress, which had refused to fund it.

President Joe Biden declared the unfulfilled obligation of former students to repay their college loans to be an emergency; thereby permitting him to forgive the loans in defiance of the Supreme Court, which ruled that only Congress can do this.

And last month, U.S. Secretary of State Antony Blinken filed documents with Congress claiming that the Israeli war in Gaza was an American emergency of such magnitude that weapons and supplies needed to be sent to the Israeli government before Congress could authorize them, and so they were sent.

The national bank is still with us, today as the Federal Reserve. The Insurrection Act remains available today for all presidents to employ on a whim. And the Alien and Seditions Acts have been reborn under the guise of the Espionage Act of 1917 and the Antisemitism Awareness Act of 2024.

Why do we repose the Constitution for safe-keeping into the hands of those deliberately indifferent to it? Can anyone seriously argue that America is dictator-proof? Who or what will save us from those who'd crush our freedoms to enhance their own powers?

To learn more about Judge Andrew Napolitano, visit <https://JudgeNap.com>.

### How to comment

We invite readers to share their thoughts. You can:

- Email letters to [dhletters@heraldextra.com](mailto:dhletters@heraldextra.com);
  - fax to (801) 344-2985;
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- So letters can be verified, writers must include their full name, address and daytime phone number. (Street addresses and phone numbers will not be published.)

We prefer shorter letters — 100 to 200 words. Letters may be edited for length.

Because of the volume of responses, we cannot acknowledge unpublished letters.

Letters become the property of the Daily Herald.

### TODAY IN HISTORY | SATURDAY, JUNE 1

Today is Saturday, June 1, the 153rd day of 2024. There are 213 days left in the year.

#### Today's Highlight in History

On June 1, 1967, the Beatles released "Sgt. Pepper's Lonely Hearts Club Band," for years considered by many to be the greatest rock 'n' roll album of all time.

#### On this date

In 1533, Anne Boleyn, the second wife of King Henry VIII, was crowned as Queen Consort of England.

In 1792, Kentucky became the 15th state.

In 1796, Tennessee became the 16th state.

In 1812, President James Madison, in a message to Congress, recounted what he called Britain's "series of acts hostile to the United States as an independent and neutral nation"; Congress

ended up declaring war.

In 1813, the mortally wounded commander of the USS Chesapeake, Capt. James Lawrence, gave the order, "Don't give up the ship" during a losing battle with the British frigate HMS Shannon in the War of 1812.

In 1916, Louis Brandeis took his seat as an associate justice of the U.S. Supreme Court, the first Jewish American to serve on the nation's highest bench.

In 1943, a civilian flight from Portugal to England was shot down by Germany during World War II, killing all 17 people aboard, including actor Leslie Howard.

In 1957, Don Bowden, a student at the University of California at Berkeley, became the first American to break the four-minute mile during a meet in Stockton, California, in a time of 3:58.7.

In 1958, Charles de Gaulle became premier of France, marking the begin-

ning of the end of the Fourth Republic.

In 1980, Cable News Network made its debut.

In 2009, General Motors filed for Chapter 11, becoming the largest U.S. industrial company to enter bankruptcy protection.

In 2017, President Donald Trump declared he was pulling the U.S. from the landmark Paris climate agreement. (President Joe Biden signed an order returning the U.S. to that accord on his first day in office.)

In 2020, police violently broke up a peaceful and legal protest by thousands of people in Lafayette Park across from the White House, using chemical agents, clubs and punches to send protesters fleeing; the protesters had gathered following the police killing of George Floyd in Minneapolis a week earlier. President Donald Trump, after declaring himself "the president

of law and order" and threatening to deploy the U.S. military in a Rose Garden speech, then walked across the empty park to be photographed holding a Bible in front of St. John's Church, which had been damaged a night earlier.

In 2021, the Biden administration suspended oil and gas leases in Alaska's Arctic National Wildlife Refuge, reversing a drilling program approved by the Trump administration.

In 2022, a Virginia jury ruled in favor of Johnny Depp in his libel lawsuit against ex-wife Amber Heard, vindicating his stance that Heard fabricated claims that she was abused by Heard and awarding him \$15 million. But jurors also found in favor of Heard, who said she was defamed by Depp's lawyer when he called her abuse allegations a hoax, giving her \$2 million.





# Events & Deals This Week!

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# Big 12 announces changes to leadership team

## DAILY HERALD

Irving, Texas - The Big 12 Conference and Commissioner Brett Yormark has announced a series of staff changes across the league's leadership team.

### Competition

Vice President of Football Scott Draper has been promoted to Chief Football & Competition Officer, where he will provide executive oversight of the entire Competition department while continuing to manage and grow Big 12 Football. Draper will be joined by a to-be-named Director of Football this Summer.

As women's basketball continues to flourish, the Conference has tapped Dayna Scherf to serve in a newly created role as Vice President of Women's Basketball. In this role, Scherf will focus exclusively on overseeing Big 12

Women's Basketball and its growth trajectory. Previously, Scherf served as Vice President of Women's Basketball and Competition at the Big 12.

The Big 12 has tapped Lisa Peterson to be the league's Vice President of Olympic Sports. Peterson comes from the Pac-12, where she served as Senior Associate Commissioner of Sports Management and Championships, with an emphasis on the league's 21 Olympic sports.

### Communications

Clark Williams has been promoted to Vice President of Communications & Strategy, where he will oversee all sports, business, and strategic communications for the Big 12. Additionally, the Media Services department will be rebranded as the Communications department, which Williams will oversee and manage. Joni Lehmann, Senior Di-

rector of Media Services, will retire after 26 years at the Big 12 Conference. Lehmann will remain with the Conference through 2024 Football Media Day.

Bob Burda has transitioned into the newly created role of Chief Administrative Officer & Special Projects. This position will see Burda assist the Commissioner on a variety of initiatives and serving as the administrative liaison to the Big 12 Board and Athletic Directors.

### Legal

Chief Legal Officer Jessica Presnall has been named Chief Legal & Business Affairs Officer. In this role, Presnall will continue her General Counsel duties and oversight of the legal, compliance and governance teams, and will provide oversight of Impact, Academics & Student-Athlete Success departments.



CHARLIE RIEDEL, ASSOCIATED PRESS

Big 12 commissioner Brett Yormark addresses the media during the NCAA college Big 12 women's basketball media day on Oct. 17 in Kansas City, Mo.

## BYU ROUNDUP

# Runner a finalist for the Honda Inspiration Award

## BYU SPORTS INFORMATION

NEW YORK CITY - BYU middle distance runner Meghan Hunter has been named one of three finalists for the Honda Inspiration Award, the Collegiate Women's Sports Awards announced Wednesday afternoon.

An Inspiration Award winner has been selected annually for the past 36 years and is given to a deserving female student-athlete in Division I, II or III who has experienced extraordinary physical and/or emotional adversity, injury and/or illness, or experienced extraordinary personal sacrifice during her college enrollment as a student-athlete and yet returns to athletic success.

On the early morning of July 4, 2019 Meghan and her brother Morgan were traveling up Provo Canyon to volunteer at a road race in Park City. Suddenly a deer ran across the road and Morgan wrestled with the car to swerve around the deer and stay on the road. The car rolled four to five times, leaving Meghan with a sore neck that increasingly became more and more painful. She was taken to the hospital in Park City where she found out that her neck was broken. Meghan was later airlifted to Provo and underwent a six and a half hour surgery to fuse her C3 to C5 into one block of bone. She wore a neck brace 24/7 for several months. The big question was always "Will she run again?" A group of surgeons agreed that she possibly would be able to run in a year or two. Defying the odds, Meghan was cleared to do track workouts nine months later.

Meghan experienced more than just physical setbacks on her return to the sport. The mental battles she faced may have been much more challenging. She dealt with PTSD from the accident and suffered several panic attacks. Coach Diljeet Taylor's goal for Meghan shifted for her to just "get to the start line" because once the gun went off, Meghan had all the physical tools she needed to be successful.

In May of 2023, Meghan qualified for the NCAA West Preliminary Round ranked 39th in the 800m with a time of 2:06.08. Once again defying the odds, she fought to advance past all three qualifying rounds and earned herself a lane in the final. Meghan finished in eighth in the NCAA, earned First Team All-American honors and walked away with a major lifetime best of 2:01.53.

In March of 2024, she earned her second First Team All-American honor as she placed third at the 2024 indoor national championships in 2:02.15.

Meghan's unwavering commitment and relentless work ethic continue to push her to new

## 2024 PLAYOFFS



GARETH PATTERSON, ASSOCIATED PRESS

The exterior of American Airlines Center is seen prior to Game 4 of the NBA basketball Western Conference finals between the Dallas Mavericks and the Minnesota Timberwolves on Tuesday in Dallas.

# DALLAS DOUBLE

## NBA'S Mavericks and NHL's Stars chasing titles with their deepest playoff run together

BY SCHUYLER DIXON  
Associated Press

DALLAS — Dereck Lively II of the Dallas Mavericks tossed the question back at the reporter when the rookie center was asked if he knew why so many fans shouted "Stars" during the national anthem at his home games.

"You tell me why," Lively said, prompting the explanation that supporters of Dallas' NBA team were offering a shoutout to fans of the NHL's Stars, who for years have yelled their team's nickname both times it comes up during "The Star-Spangled Banner."

"I definitely had a sneaking

suspicion, but I didn't want to guess," the 20-year-old from Duke said. "So that's what I thought it was."

The Mavericks and Stars reached the Western Conference finals in their respective leagues together this spring for the first time in the 31 years since the NHL franchise moved south from Minnesota.

Lively and co-stars Luka Doncic and Kyrie Irving have the Mavs in the NBA Finals for

the first time in 13 years, with Game 1 in Boston next week. The Stars will play at least six games against Edmonton for a spot in the Stanley Cup Final, which was last played in Dallas in 2000 when the clubs shared since-demolished Reunion Arena.

It's making for a busy spring for American Airlines Center workers who can convert the floor from ice to hardwood — or vice

Please see **DALLAS**, Page B3

## SUPER BOWL LVIII

# Biden breaks an unofficial rule about wearing helmet while hosting Chiefs



EVAN VUCCI, ASSOCIATED PRESS

President Joe Biden wears a Chiefs helmet as he speaks during an event with the Super Bowl-champion Kansas City Chiefs on the South Lawn of the White House on Friday to celebrate their championship season and victory in Super Bowl LVIII.

BY DARLENE SUPERVILLE  
Associated Press

WASHINGTON — President Joe Biden welcomed the Kansas City Chiefs to the White House on Friday, lauding the back-to-back Super Bowl champion team for its sportsmanship on and off the field, and breaking an unofficial political rule about headwear. He tried on a Chiefs helmet the team gave him as a gift.

"It was cool to see him put the helmet on," quarterback Patrick Mahomes told reporters after the celebration on the South Lawn. "We didn't expect that."

Coach Andy Reid speculated that Biden might have been the first president to wear an NFL helmet.

"You all witnessed it. It's history being made," said Reid, who appeared with Mahomes.

At the sun-splashed celebration, the Democratic president recalled that he had said during the Chiefs' visit last year that the team is building a "dynasty." He noted the struggles they encountered last season on the road to another Super Bowl trophy and said, "I don't think anybody's doubting you now."

Of the doubters, Biden joked, "I know what that feels like."

He referred to Mahomes as the "comeback king, not kid" and said he'll never forget watching the game as the Marine One presidential helicopter brought him back to the White House that Sunday night.

The Chiefs came from behind in overtime to defeat the San Francisco 49ers 25-22 to win the Super

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Please see **HUNTER**, Page B3



PARIS OLYMPICS

France files preliminary terrorism charges against accused teenager

ASSOCIATED PRESS

PARIS — French authorities on Friday raised preliminary terrorism charges against an 18-year-old accused of a plot targeting spectators attending soccer games at the upcoming Paris Olympics. The interior minister said it was the first such thwarted plot targeting the Games, which start in eight weeks as France is on its highest threat alert level.

The man is accused of planning a “violent action” on behalf of the Islamic State group’s jihadist ideology, the national counterterrorism prosecutor’s office said in a statement Friday. The man, who was not identified, is behind held in custody pending further investigation.

Interior Minister Gerald Darmanin said in a statement that members of the General Directorate of Internal Security arrested an 18-year-old man from Chechnya on May 22 on suspicion of being behind a plan to attack soccer events that will be held in the southern city of Saint-Etienne.

According to the initial investigation, the man was preparing an attack targeting the Geoffroy-Guichard stadium in Saint-Etienne that will host several soccer matches during the Summer Games. The planned attack was to target spectators and police forces, the statement said. The suspect wanted to attack the Olympic events “to die and become a martyr,” the statement also said.



MICHEL EULER, ASSOCIATED PRESS

Police officers patrol the Trocadero plaza near the Eiffel Tower in Paris, on Oct. 17, 2023.

France is on in its highest security alert ahead of the Paris Olympics and Paralympics, which are expected to draw millions of visitors, and run July 26-Aug. 11. Soccer matches will take place in cities across France before the final in Paris’ Stade de France.

Darmanin, the interior minister, did not cite a specific security threat against the soccer event, but has said there are multiple potential threats, including those from Islamic extremist groups, violent environmental activists, far-right groups and cyberattacks from Russia or other adversaries.

The Paris Olympics organizing committee said it was made aware of the arrest and praised intelligence and security services. “Security is the highest priority of Paris 2024. We are working daily in close coordination with the Interior Ministry and all stakeholders — and will continue to be fully mobi-

lized,” it said in a statement.

Canada’s women’s soccer team is the defending Olympic champion and is set to open group play on July 25 in Saint-Etienne against New Zealand. Canada will also face France at Stade Geoffroy-Guichard on July 26.

Asked about the purported plot, Canada coach Bev Priestman said: “That’s a concern to hear, but I think a little bit like in Tokyo, the Olympic Committee, I would imagine that they’re going to step in and I think our faith and trust will be in making it a secure and safe environment for our players.”

Security concerns are notably high for the the exceptional opening ceremony, which brings more than 100 world leaders to the French capital. It involves boats carrying athletes along the Seine River on a 6-kilometer (3.7-mile) open-air parade and huge crowds watching from the embankments.

In April, French President Emmanuel Macron said the July 26 opening ceremony could be moved instead to the country’s national stadium if the security threat is deemed too high.

Organizers had originally planned to host as many as 600,000 people, most watching free of charge from riverbanks. But security and logistical concerns have led the government to progressively scale back its ambitions. Earlier this year, the overall number of spectators was reduced to around 300,000.

The French government also decided that tourists won’t be given free access to watch the opening ceremony because of security concerns. Free access will be invitation-only instead.

Extra security is also on hand for the Olympic torch relay, which passed on Friday through the monastery outcropping of Mont-Saint-Michel, which sees thousands of tourists daily.

OILERS AND STARS BATTLE FOR SUPREMACY



JULIO CORTEZ, ASSOCIATED PRESS

Edmonton Oilers left wing Evander Kane (91) looks to clear the puck under pressure from Dallas Stars defenseman Chris Tanev (3), Thomas Harley (55) and Joe Pavelski (16) during the second period of Game 5 of the Western Conference finals in the NHL hockey Stanley Cup playoffs on Friday in Dallas. The game did not finish by the Daily Herald’s deadline, as the Oilers led the Stars 3-1 in the third period.

TENNIS

Tsitsipas eases into the French Open fourth round

BY JEROME PUGMIRE AND TOM NOUVIAN  
Associated Press

PARIS — Stefanos Tsitsipas was in a reflective mood after beating Zhang Zhizhen 6-3, 6-3, 6-1 to reach the fourth round of the French Open on Friday.

The 2021 runner-up says tennis plays a fundamental part in shaping his thinking.

“I get the feeling that without tennis my life would have been so much different, with regards to challenging myself and setting personal goals for myself,” Tsitsipas said. “Tennis helps me fill out those dreams and fulfil my deepest desires as a human being.”

The ninth-seeded Tsitsipas, who won the Monte Carlo Masters in April, feels his game is in good shape.

Next up for the big-serving Greek is unseeded Italian player Matteo Arnaldi.

“I have been keeping an eye on him the last six months,” Tsitsipas said. “He’s a very good fighter.”

Arnaldi advanced by eliminating sixth-seeded Andrey Rublev 7-6 (6), 6-2, 6-4.

Rublev came as a contender after winning the Madrid Open this month but he showed frustration against Arnaldi for his lack of precision, committing 37 unforced errors and four double faults. After netting a forehand in the third set, Rublev smashed his

racket on his knee four times. “I am completely disappointed with myself, with the way I behaved, the way I performed, and I can’t remember ever behaving worse in a Grand Slam tournament,” he said. “It was the first time I ever behaved that badly.”

Arnaldi disagreed. “He does those things almost every match. Personally, I don’t pay too much attention,” Arnaldi said. “But it definitely does give me a little confidence, because it means I am giving him trouble, and what I was doing was working.”

No. 2 Jannik Sinner of Italy progressed by downing Pavel Kotov 6-4, 6-4, 6-4. The Australian Open champion next faces Frenchman Corentin Moutet.

Two-time major winner Carlos Alcaraz also advanced after beating 27th-seeded American Sebastian Korda 6-4, 7-6 (5), 6-3. Alcaraz was a semifinalist last year at Roland Garros, losing to Novak Djokovic.

On the women’s side, top-ranked Iga Swiatek reached the fourth round by beating Marie Bouzkova 6-4, 6-2. The three-time French Open champion from Poland won on her fourth match point, celebrating another Roland Garros victory on the day she turned 23.

Former French player Fab-

rice Santoro did the post-match interview and got the crowd on Court Philippe Chatrier to join in with him as he sang “Happy Birthday.” Swiatek put her head in her hands, shyly, then lifted it up and smiled broadly.

The match was not the thrill-a-minute contest she had with Naomi Osaka in the second round, when Swiatek saved a match point and grabbed the last five games.

Still, Bouzkova held on. She saved one match point with a forehand winner, and Swiatek hit a forehand wide on another. A crisp forehand down the line sealed Swiatek’s win at the fourth attempt.

Next for Swiatek was unseeded Anastasia Potapova.

No. 3-seeded Coco Gauff beat Australian Open semifinalist Dayana Yastremska 6-2, 6-4 but fellow American Sofia Kenin was stopped.

Kenin lost 6-2, 7-5 to unseeded Danish player Clara Touson, who has lined up two-time Wimbledon runner-up Ons Jabeur. The eighth-seeded Tunisian won against No. 31-seeded Canadian Leylah Fernandez 6-4, 7-6 (5).

Wimbledon champion Marketa Vondrousova defeated Frenchwoman Chloé Paquet 6-1, 6-3. The fifth-seeded Czech, a runner-up at Roland Garros in 2019, next faces qualifier Olga Danilovic, ranked 125th.

LOCAL SPORTS SCHEDULE

BYU SPORTS

**WEDNESDAY**  
**MEN’S AND WOMEN’S TRACK & FIELD**  
at NCAA Outdoor National Championships

UVU SPORTS

**WEDNESDAY**  
**TRACK & FIELD**  
at NCAA Outdoor National Championships

REAL SALT LAKE

**SATURDAY**  
vs. Austin 7:30 p.m.  
**TV:** MLS Season Pass (online)  
**Radio:** KSL Sports Zone 95.7  
**SATURDAY, JUNE 15**  
at Montreal 5:30 p.m.  
**TV:** MLS Season Pass (online)  
**Radio:** KSL Sports Zone 95.7

UTAH ROYALS

**SATURDAY, JUNE 8**  
vs. Washington 5:30 p.m.  
**TV:** KMYU

**SUNDAY, JUNE 16**  
at Bay FC 8 p.m.  
**TV:** CBSSN

**FRIDAY, JUNE 21**  
at Orlando 6 p.m.  
**TV:** Prime Video (online)

UTAH WARRIORS

**SATURDAY**  
vs. San Diego 8 p.m.  
**TV:** KMYU  
**Radio:** ESPN 700

**SUNDAY, JUNE 9**  
at Seattle 8 p.m.  
**TV:** KMYU  
**Radio:** ESPN 700

**SUNDAY, JUNE 16**  
at New England 1 p.m.  
**TV:** FS1  
**Radio:** ESPN 700

ON THE AIR

SATURDAY

AUTO RACING  
FIM MotoGP

The Italian Grand Prix (Sprint) 6:30 a.m. TRUTV

**NASCAR Cup Series**  
Qualifying, Madison, Ill. 7:30 a.m. FS1

**NASCAR Xfinity Series**  
Qualifying, Portland, Ore. 9:30 a.m. FS1

The Pacific Office Automation 1472:30 p.m. FS1

**NASCAR CRAFTSMAN Truck Series**  
The Toyota 200, Madison, Ill. 11:30 a.m. FOX

**IMSA WeatherTech SportsCar Championship**  
The Detroit Grand Prix, Detroit 1 p.m. USA

**NHRA**  
Qualifying, Epping, N.H. (Taped) 5 p.m. FS1  
The New England Nationals - Challenge 6 p.m. FS1

**BASKETBALL AFRICA LEAGUE**  
Clube Atlético Petroleos de Luanda vs. Al Ahly Ly Sporting Club, Final 8 a.m. NBA

**COLLEGE BASEBALL**  
**NCAA Tournament**  
TBD, Regional 9 a.m. ESPN2  
TBD, Regional 10 a.m. ESPN  
TBD, Regional 11 a.m. ACC  
TBD, Regional 11 a.m. SEC  
TBD, Regional Noon ESPN2  
TBD, Regional 1 p.m. ESPN  
TBD, Regional 2 p.m. ACC  
TBD, Regional 2 p.m. SEC  
TBD, Regional 3 p.m. ESPN2  
TBD, Regional 4 p.m. ESPN  
TBD, Regional 5 p.m. ACC  
TBD, Regional 5 p.m. SEC  
TBD, Regional 7 p.m. ESPN  
TBD, Regional 7 p.m. ESPN  
TBD, Regional 8 p.m. ESPN2

**COLLEGE SOFTBALL**

Women’s College World Series

TBD 1 p.m. ABC  
TBD 5 p.m. ESPN

GOLF  
DP World Tour

The European Open 5 a.m. GOLF

**U.S. Women’s Open**  
Third Round 10 a.m. NBC

**PGA Tour**  
The RBC Canadian Open 12:30 p.m. GOLF  
The RBC Canadian Open 3:30 p.m. CBS

**PGA Tour Champions**  
The Principal Charity Classic (Taped) 5 p.m. GOLF

GYMNASTICS  
USGA Championships

Men’s - Day 1 (Taped) 10 a.m. CNBC  
Women’s - Day 1 (Taped) 12:30 p.m. CNBC

Men’s - Day 2 6 p.m. CNBC

HORSE RACING

NYRA: America’s Day at the Races 10:30 a.m. FS2

NYRA: America’s Day at the Races 11 a.m. FS1

NYRA: America’s Day at the Races Noon FS2

LACROSSE (MEN’S)

PLL: Utah vs. Philadelphia, Albany, N.Y. 11 a.m. ABC

MIXED MARTIAL ARTS  
UFC 302 Prelims

Undercard Bouts, Newark, N.J. 6 p.m. ESPN2

MLB BASEBALL

Regional Coverage 2 p.m. MLB

St. Louis at Philadelphia 5 p.m. FOX

Regional Coverage 8 p.m. MLB

NHL HOCKEY  
Eastern Conference Final

N.Y. Rangers at Florida, Game 6 6 p.m. ABC

RUGBY (MEN’S)

Premiership: Sale at Bath 8:30 a.m. FS2

SAILING

SailGP

Day 1, Halifax, Nova Scotia (Taped) 1 p.m. CBSSN

SOCCER (MEN’S)

**UEFA Champions League: Final**  
Borussia Dortmund vs. Real Madrid 1 p.m. CBS

CPL

Cavalry FC at Pacific FC 5 p.m. FS2

**CONCACAF Champions Cup: Final**  
Columbus at Pachuca 7 p.m. FS1

SOCCER (WOMEN’S)  
International Friendly

U.S. Deaf Team vs. Australia Deaf Team Noon TRUTV

U.S. vs. South Korea 3 p.m. TNT

U.S. vs. South Korea 3 p.m. TRUTV

TENNIS

**ATP/WTA: The French Open**  
Early Rounds, Paris 7 a.m. NBC

UFL FOOTBALL

Michigan at Birmingham Noon ESPN

San Antonio at St. Louis 2 p.m. FOX

**WNBA BASKETBALL**  
Chicago at Indiana 10 a.m. ESPN

SUNDAY

AUTO RACING

FIM MotoGP

The Italian Grand Prix 5:30 a.m. TRUTV

NTT IndyCar Series

The Chevrolet Detroit Grand Prix 10 a.m. USA

**NHRA: The New England Nationals**  
Round 1, Epping, N.H. 11 a.m. FS1  
Finals, Epping, N.H. (Taped) 5 p.m. FS1

**NASCAR Cup Series**  
The Enjoy Illinois 300, Madison, Ill. 1:30 p.m. FS1

FIM Motocross

The MX2, Germany (Taped) 2:30 p.m. CBSSN

The MXGP, Germany (Taped) 3:30 p.m. CBSSN

CANADIAN HOCKEY LEAGUE

Memorial Cup: Championship

TBD vs. London 6 p.m. NHL

COLLEGE BASEBALL

NCAA Tournament

TBD, Regional 10 a.m. ESPN

TBD, Regional 10 a.m. ESPN2

TBD, Regional 10 a.m. ESPN

TBD, Regional 11 a.m. ACC

TBD, Regional 11 a.m. SEC

TBD, Regional 1 p.m. ESPN

TBD, Regional 1 p.m. ESPN2

TBD, Regional 1 p.m. ESPN

TBD, Regional 2 p.m. ACC

TBD, Regional 2 p.m. SEC

TBD, Regional 5 p.m. ACC

TBD, Regional 5 p.m. SEC

TBD, Regional 7 p.m. ESPN2

TBD, Regional 7 p.m. ESPN

COLLEGE SOFTBALL

Women’s College World Series

TBD 1 p.m. ABC

TBD 5 p.m. ESPN2

CYCLING

**UCI: The Criterium du Dauphine**  
Stage 1 (Taped) 11 a.m. CNBC

FIELD HOCKEY (WOMEN’S)  
FIH Pro League

Germany vs. U.S., London 10 a.m. CBSSN

GOLF

DP World Tour

The European Open 4:30 a.m. GOLF

U.S. Women’s Open

Final Round 11 a.m. NBC

Final Round 1 p.m. USA

PGA Tour

The RBC Canadian Open 11:30 a.m. GOLF

The RBC Canadian Open 12:30 p.m. CBS

PGA Tour Champions

The Principal Charity Classic 12:30 p.m. GOLF

GYMNASTICS

USGA Championships

Men’s - Day 2 10 a.m. NBC

Women’s - Final Day 2 p.m. NBC

HORSE RACING

NYRA: America’s Day at the Races 10:30 a.m. FS2

MLB BASEBALL

Regional Coverage 11:30 a.m. MLB

Regional Coverage 2:30 p.m. MLB

St. Louis at Philadelphia 5 p.m. ESPN

NHL HOCKEY

Western Conference Final

Dallas at Edmonton, Game 6 6 p.m. TNT

Dallas at Edmonton (DataCast) 6 p.m. TRUTV

SAILING

SailGP

Day 2, Halifax, Nova Scotia (Taped) 1 p.m. CBSSN

SOCCER (MEN’S)

MLS: Charlotte at Atlanta 2:30 p.m. FOX

TENNIS

**ATP/WTA: The French Open**

Round of 16, Paris 3 a.m. TENNIS

Round of 16, Paris 4 a.m. TENNIS

Round of 16, Paris 7 a.m. NBC

Round of 16, Paris 3 a.m. (Monday) TENNIS

Round of 16, Paris 4 a.m. (Monday) TENNIS

TRACK AND FIELD

World Athletics Diamond League

The BAUHAUS-Galan (Taped) Noon CNBC

UFL FOOTBALL

Arlington at D.C. 10 a.m. ABC

Houston at Memphis 5 p.m. FOX

WNBA BASKETBALL

Dallas at Minnesota 5 p.m. CBSSN

Indiana at New York 5 p.m. NBA



## Dallas

From B1

versa — in a matter of hours at the 23-year-old arena. They do that constantly for six months during the regular season, occasionally for a day-night doubleheader with less than five hours to spare between games.

By the time these NBA and NHL playoffs are over, the AAC, as the locals call it, will have hosted about 25 postseason games, after each team played 41 games there in regular seasons that started almost eight months ago.

It’s just the sixth time that NBA and NHL teams sharing an arena have reached the conference finals together, and the first since the Nets and Devils in New Jersey in 2003.

“There’s gonna be a lot of things sold in this stadium,” Mavs coach Jason Kidd said, chuckling at himself while seeming to have the word “alcohol” running around in his brain. “A lot of water’s going to be sold, so it’s going to be an incredible time here in Dallas. It’s going to be busy downtown.”

The Texas Rangers won their first World Series last fall, an interesting twist considering they were a strike away from winning the title twice in 2011 when the Mavs were reigning NBA champs.

That 2011 championship is the only one for the Mavericks so far. The Stars won their lone Stanley Cup in 1999. Now the clubs are closer than ever to a Dallas double.

“It’s awesome,” Stars captain Jamie Benn said. “I think both franchises probably got some motivation from the Rangers as well. We’re happy to watch the Mavs go on and do so well. And we’re supporting them as much as they’re supporting us.”

Even a couple of out-of-town football stars are getting into it.

Kansas City Chiefs tight end Travis Kelce showed up in a suite with former Stars goalie Marty Turco and plenty of others for a 3-1 victory over Edmonton in Game 2.

That footage prompted fellow three-time Super Bowl winner and quarterback Patrick Mahomes, a Texas native, to post on X imploring his favorite receiver to “get out of my arena!!” Mahomes and his wife, Brittany, attend a fair share of Mavs games.

A night later, Mahomes and Kelce were sitting next to each



ABBIE PARR, ASSOCIATED PRESS

Dallas Mavericks center Dereck Lively II (2) slaps hands with Mavericks guard Luka Doncic, second from left, after Doncic’s score against the Minnesota Timberwolves during the first half of Game 5 of the Western Conference finals in the NBA basketball playoffs on Thursday in Minneapolis.



GARETH PATTERSON, ASSOCIATED PRESS

Fans wearing the jersey number of Dallas Mavericks guard Luka Doncic arrive for Game 4 of the Western Conference finals in the NBA basketball playoffs between the Mavericks and the Minnesota Timberwolves on Tuesday in Dallas.

other courtside when the Mavs beat Minnesosta 116-107 for a 3-0 series lead.

“It’s just dope to see both of us

in the same position right now,” Mavs center Daniel Gafford said. “Something that you never think you would think on as a kid, but

now that you’re in a position of thinking about it, it’s just like, ‘Wow.’”

Nathaniel Lowe won his first Gold Glove at first base while helping the Rangers win the championship. The gregarious Lowe seems to relish showing up on the video boards when he attends Stars games.

“The DFW area has given me a lot — like, a lot,” Lowe said, referring to the acronym that includes Fort Worth. “And I feel really fortunate to be part of a championship organization there. So if that can bleed into hockey and basketball and then, ideally, across the road to football too, then we’ve got a good thing going.”

By “football,” Lowe means the Dallas Cowboys, who play just a few hundred yards from the home of the Rangers in Arlington, halfway between Dallas and Fort Worth. One of the biggest brands

in pro sports, the Cowboys haven’t reached an NFC championship game since winning the last of the franchise’s five Super Bowls to finish the 1995 season.

Dak Prescott is the latest quarterback to bear the burden of trying to get that playoff breakthrough, and he sees what’s going on about 30 miles south of the headquarters of America’s Team in a Dallas suburb.

“It’s not jealousy, but yeah, it fires you up,” said Prescott, who endured his biggest postseason disappointment in January with a shocking wild-card loss at home when the Cowboys were favored to beat the Green Bay Packers.

“I want it for them,” Prescott said. “I want it because it only raises the stakes and makes it tougher on me. And I’m for that. Go win it. Rangers did it. Other two go do it. Put more (expletive) pressure on us.”

## Hunter

From B1

heights, defying the odds and serving as an inspiration to many.

The Honda Inspiration Award winner for the Class of 2024 will be selected by the CWSA Board of Directors. On June 17, 8 p.m. ET, CBS Sports Network will air “Defying the Odds: The 2024 Honda Inspiration Award” — a special telecast highlighting the three finalists. The following day, June 18, the winner will be announced.

### Men’s volleyball returns from European trip

The BYU men’s volleyball team returned from a successful foreign tour after visiting countries Turkey, Spain and Portugal, playing six friendly matches against international opponents while abroad from May 7-18. The team was accompanied by coaches, staff



COURTESY BYU ATHLETICS

BYU middle distance runner Meghan Hunter has been named one of three finalists for the Honda Inspiration Award.

members and administrators.

“Our foreign trip was a very meaningful experience for this program,” said BYU head coach Shawn Olmstead. “We were able to participate in multiple friendly matches against great teams across three different countries. Every player on the team received the opportunity to gain valuable experience on the court in an international setting. To be representing

BYU while connecting with and experiencing different cultures was the most valuable thing we took back home with us.”

Going 3-3 against their foreign competition, the Cougars defeated Fenerbahçe S.K. 3-1, Galatasaray U19 3-1, and Spanish JNT 3-1, falling to Istanbul Buyuksehir Belediyesi 3-2, the Spanish JNT 3-1 and Lisbon-Belem 3-1.

## Super Bowl

From B1

Bowl in Las Vegas in February. The Chiefs defeated the Philadelphia Eagles to win the Super Bowl in 2023.

They have won the Lombardi Trophy three times in the past five years.

Biden also lauded the players for their actions in February when gunfire rang out during Kansas City’s parade and rally honoring the team. A mother of two was killed, and others injured.

“We saw pride give way to tragedy,” Biden said, adding that, “amid the chaos this team stepped up.”

“This team is exceptional,” the president said, adding that the country as a whole must “do more to stop the tragic shootings before they happen.”

Kicker Harrison Butker, who made headlines by asailing some of Biden’s pol-

icies during a commencement speech earlier in May, accompanied his teammates to the White House. Butker recently defended his comments, saying he had no regrets about expressing his beliefs.

In the May 16 speech at Benedictine College, a private Catholic liberal arts school in Atchison, Kansas, Butker congratulated the women who were receiving degrees and said most of them were probably more excited about getting married and having children.

He criticized some of Biden’s policy positions, including the president’s condemnation of the Supreme Court’s reversal of its 1973 Roe v. Wade decision that legalized abortion nationwide. Abortion is an issue that Biden and his fellow Democrats hope to use to their advantage in the November elections.

Butker also tackled Biden’s

response to the COVID-19 pandemic, which has killed nearly 1.2 million people in the U.S., according to the Centers for Disease Control and Prevention.

Many of those who attended the celebration had hoped to catch a glimpse of singer Taylor Swift, tight end Travis Kelce’s girlfriend. She has been traveling abroad on her Eras tour and was not at the White House.

But the president and Kelce shared a moment when Biden said he’d invite Kelce, who often is brash and outspoken, to the microphone, “but God only knows what he’d say.”

Biden called him up anyway.

“My fellow Americans,” Kelce said to laughter. “It’s nice to see you all yet again.” Then he told Biden he was going back to his place on the riser because “they told me if I came up here I’d get tased.”



## ASPEN SENIOR DAY CENTER

*Memory care activities and more!*

### Your loved one can spend their days with us, and their nights at home



All adults need mental stimulation, physical activity, good nutrition, and social interaction. At Aspen Senior Day Center we help seniors live life fully. The added benefit is the respite we provide to family caregivers who desperately need it.

### Here are the benefits we see in our clients:

- Enhanced positive mood & outlook on life
- Slowed progression of dementia & memory challenges
- Improved social & verbal abilities
- Enhanced memory through reminiscing & socializing
- Stimulated mental activity through games, puzzles, and crafts
- Increased physical activity, strength & blood flow
- Improved art skills & abilities
- New friends made & enjoyed
- Increased appetite & nutrition (we all eat better when we eat with others)
- Boosted self-esteem through celebration of their life & accomplishments



### What others are saying about our program:

*“You are doing great work and I appreciate your positive influence on my husband”*

*“It is keeping her out of assisted living”*

*“He is much happier. He looks forward to going.”*

*“I am a better caregiver to him after I’ve had this time to myself. It lessens the stress of 24/7 caregiving”*

**3410 N Canyon Rd, Provo, Utah**  
**801-607-2300 • aspenseniorcenter.org**



WNBA

# Commissioner: Charter flight program ironing out the kinks

BY DOUG FEINBERG  
Associated Press

NEW YORK — The WNBA's new charter flight program still has a few expected kinks but commissioner Cathy Engelbert expects everything to be running smoothly after the Olympic break.

"It's a big Rubik's Cube," Engelbert told The Associated Press in a phone interview Friday. "Where could we get planes and pilots for long haul flights? It's not like the plane takes you and waits there for two days. It's been deployed elsewhere. There's a logistical complexity."

It usually takes months of work to put together a charter schedule for a professional league because of plane availability and pilot staffing. The WNBA was able to get it done in a few weeks, in large part because of a longstanding relationship with Delta and the blueprint the NBA has in place.

"The footprint of our season is so dense. We wanted to take advantage of the fact that we knew these first couple of weeks, especially on the front end of this, were going to be challenging for our teams," Engelbert said. "That's why we pulled the trigger when we did. We looked at the schedule and challenges it created and decided it was time."

Engelbert said that the original plan was to roll out the charters gradually as they became available, but the league was able to secure charters for every team within a week of the season starting.

The league, which will pay about \$25 million annually for the next two years for the flights, will use three types of planes for its charters — VIP, Delta mainline and regional jets.

So far, most of the flights have been done on regional jets because of aircraft availability. May, June and July are the busiest months for flying and other planes weren't available on such short notice.

The regional jets are smaller with 30 seats and have to stop to refuel on long flights. The NBA also used regional jets when it started its charter



PATRICK SEMANSKY, ASSOCIATED PRESS

WNBA Commissioner Cathy Engelbert speaks at a news conference before Game 1 of basketball's WNBA Finals between the Connecticut Sun and the Washington Mystics on Sept. 29, 2019, in Washington.

flight program in 1997 — and had to stick with them for nearly a decade.

Many of the planes also haven't had power outlets or WiFi — a problem that also occurs on commercial flights sometimes. Small inconveniences that definitely don't outweigh the positives of charter flights, which have been monumental.

"It happened overnight almost," WNBA players' union president Nneka Ogwumike said. "It was a little bit shaky on the rollout, but nevertheless for me I think it's a huge win. The only word I can think about is transformational."

No longer do players have to get up at 5 a.m. to get to the airport to fly to the next city for a game. Travel time has been nearly cut in half. They also don't have to deal with long security lines and cramped seats.

Last season, the AP traveled with New York on a trip from Connecticut to Las Vegas that took 13 hours to get between cities because of connecting flights.

"The fact is we can just pull up to the plane and get on the plane and get ready to go," Liberty forward Breanna Stewart said. "We haven't done it yet, but to be able to finish a game and then fly out to the next

city and not waste a whole day is huge."

Players can do much needed recovery after games now on flights as they head to the next city.

Of the 120 flights that franchises will have to make in May and June, the league was able to get 116 of them at the team's preferred times to fly. That's allowed teams to practice at home and then fly on the road.

The league will track how many times a team flies on each of the charter options and those will balance out over time.

The Indiana Fever, for instance, took the first charter flight and it was on a VIP aircraft. That was only possible because the Indiana Pacers were in the playoffs and their charter was available to take the Fever to Connecticut.

The WNBA started paying for charter flights for teams that were playing back-to-back games last season. Coming into this season, they kept that program going before securing charter flights for every road game. Some teams, however, may have bigger planes or VIP ones because they are playing back-to-back games or are in the finals of the Commissioner's Cup on June 25.

LGPA

# Saso, Lee set a target below par at tough Women's Open

BY DOUG FERGUSON  
Associated Press

LANCASTER, Pa. — Minjee Lee and Yuka Saso, recent champions of the strongest test of golf, set the target Friday morning with a few mistakes, a few birdies and a steady diet of pars to share the lead midway through the second round of the U.S. Women's Open.

Lee, whose two majors include a Women's Open at Pine Needles two years ago, made consecutive bogeys at the turn and then played mistake-free the rest of the way for a 1-under 69 at Lancaster Country Club.

Saso, the Women's Open champion at Olympic Club in 2021, steadied herself from a rocky start by playing bogey-free over her last 12 holes to salvage a 71.

They were 1-under 139 with half of the 156-player field taking on a Lancaster course that wasn't getting any easier in the afternoon.

Still to be determined was whether that score would hold up at the end of the second round. But it already was clear the weekend would not include Lexi Thompson in what likely is her last U.S. Women's Open. She had four straight bogeys around the turn and shot 75 to finish at 13-over 153.

Also packing up early was Rose Zhang, who was making a run toward giving herself a chance until missing too many par putts. She shot 72 and was 11 over par.

Most telling was Saso being asked to describe her best shot and Lee asked about the one shot she would like to have back. Both had to turn toward a scoring terminal showing their scorecards, needing to jog their memories about the rounds they had just completed.

That's the kind of golf a Women's Open, particularly on a traditional course like Lancaster, can generate. It's about grinding, getting to the next hole and not doing anything to ruin a round.

Saso opened with a 68 for the 18-hole lead and got into trouble early, coming up short of the green at No. 11 that sent the ball



MATT SLOCUM, ASSOCIATED PRESS

Yuka Saso, of Japan, walks off the second tee during the second round of the U.S. Women's Open golf tournament at Lancaster Country Club on Friday in Lancaster, Pa.

rolling back down the fairway, and then hitting into the back bunker on the par-3 12th hole that caused so many problems in the opening round.

"It's a bit difficult to stay calm compared to normal events," Saso said.

She managed just fine, making a trio of key par saves until she removed stress from her game over the final hour.

Lee was playing in the group ahead and got going on the par-3 12th hole. The pin was back and to the left for the second round — it was in the front on Thursday, when Nelly Korda made 10 and 52 balls went into the water.

She hit to 3 feet for birdie, then rolled in a 20-footer on the next hole. She got back under par with a 12-foot birdie putt struck with confidence on No. 5. Otherwise, it was all pars on her second nine, and she was fine with that.

"I love playing U.S. Opens. I love the challenge. I love the difficulty," Lee said. "I just love that I really need to think about what I'm doing and be strategic."

Asterisk Talley, the 15-year-old who was on the winning U.S. Women's Amateur Four-ball Championship team earlier this month, had 15 pars in her round of 71 and was part of the group at 1-over 141 from the early starters.

US GYMNASTICS

# Gymnast Malone is back after 'catastrophic' leg injury

BY WILL GRAVES  
Associated Press

FORT WORTH, Texas — Brody Malone stuck his high bar dismount, his legs practically magnetized to the mat. He saluted the judges, turned toward the crowd and then did something very unBrody Malone-like.

He roared. He couldn't help it.

The sound that echoed through Dickies Arena after the first night of the U.S. Championships on Thursday was a mixture of joy and catharsis culled from more than a year of pain, uncertainty and occasional doubt.

It was also a message — a very loud, very clear one — to the rest of the men trying to make the U.S. Olympic team in Paris this summer, that the normally soft-spoken two-time national champion is back. Surgically repaired right knee and all.

"I kind of lost it there at the end," Malone said after posting an all-around total of 85.950 that put him atop the leaderboard heading into Saturday's finals.

Considering Malone's winding path back to this moment, it's hard to blame him.

His high bar routine at a World Cup event in Germany in March 2023 started off with Malone cruising through a set that earned him a gold medal at the 2022 world championships.

Then Malone slipped during his dismount. When he crashed to the mat, his right leg went one way, and the rest of his body went another. Laying on the ground in agony in front of a silent arena, his leg fractured and multiple ligaments in the knee shredded, Malone somehow found clarity.

"I knew I was going to be out for a long time, but it was like more of what was going through my head was like,



LM OTERO, ASSOCIATED PRESS

Brody Malone reacts after performing on the high bar during the U.S. Gymnastics Championships on Thursday in Fort Worth, Texas.

"This just happened. I just have to take things as it comes right now," he said.

Like, say, making his way onto a stretcher. Calling his family back in Georgia. Getting to the hospital. Bracing for the first of what would be three surgeries necessary to help him walk normally again.

Gymnastics can be brutal on the body, particularly for those who spend the better part of two decades testing the limits. The injury rate is essentially 100%.

Still, this was different. Syque Caesar, an Olympic gymnast turned coach, watched medical staff tend to Malone and shook his head. Asked on what end of the gymnastics scale Malone's

injury fell, Caesar simply replied "catastrophic."

"Many people who aren't Brody Malone probably would have retired from the sport," said Caesar, who now coaches Malone at EVO Gymnastics in Sarasota, Florida. "For anyone else, it could have been career-ending for sure."

Not for Malone, a former rodeo rider who knows a thing or two about resiliency. He lost his mother and his stepmother while growing up in northwest Georgia. Those experiences, as difficult as they were, allowed him to gain the perspective necessary to navigate his way back.

Yes, his leg hurt like hell. Yes, there have been times when he wondered if he really had it in himself to do

this. Yes, the Fear of Missing Out while watching the U.S. men win a team bronze medal at the 2023 world championships without him was real.

Still, it's "just" gymnastics, right?

"I mean, I've gone through worse," Malone said.

Still, Caesar tried to manage expectations when Malone joined EVO in the summer of 2023. Caesar told U.S. men's high-performance director Brett McClure they only "needed" Malone to be ready on four of the six men's events by the 2024 Olympics: pommel horse, rings, high bar and parallel bars, the ones where the legs are stressed the least.

That's what Caesar told McClure, anyway. That's not

what he told Malone.

"I shoot for the stars," Caesar said. "I'm like, you're coming back for (the all-around). We'll figure out your gymnastics and we'll go from there."

As Malone started to heal, a plan began to form to get him ready on floor exercise and vault, too (where leg stability is a prerequisite) by the Olympic Trials in late June. By January, Malone was flipping and landing on a TumbleTrak (think a trampoline on steroids). By March, testing things out on floor.

And there he was on Thursday night, a sizable brace and a healthy amount of tape covering the four-inch-ish scar that runs along the outside of his right leg, looking in some

ways better than ever.

The limitations put on his legs during the early stages of his rehab gave Malone more time to refine his skills on events that are more upper-body intensive. In that way, Malone may be ahead of where he was in 2021 when he finished 10th in the all-around finals at the Tokyo Olympics.

Sam Mikulak, a six-time national champion and three-time Olympian himself, pulled Malone aside recently and offered a pep talk that Mikulak admits probably wasn't required.

"It's like, 'Dude, everything you've done, you've just strengthened your strength so much more,'" said Mikulak, now a coach at EVO. "So you're a better gymnast than you've ever been now, you just got trust and go let it rip."

It's gotten to the point where Malone no longer worries about whether his leg is going to hold up. During warm-ups on Thursday, he botched the end of a tumbling run and bent awkwardly. While others around him reflexively sprang up in concern, he laughed it off and admitted he was embarrassed but hardly hurt.

If anything, those times when he has crashed and burned have helped restore his confidence as much as any stuck dismount. He has tested his leg. He has tested himself. Both have passed every time.

He's back, maybe a little ahead of schedule. He's ready to stop talking about his leg and start focusing on what's next, including perhaps a trip to Paris and a reminder to everyone else that when he's at his best, he's among the best.

"I hate to lose," he said. "I'm not going to come (here) just to participate. I want to win."

In maybe the most important of ways, he already has.





SUE OGROCKI, ASSOCIATED PRESS

Birmingham-Southern head coach Jan Weisberg, front center, clowns around as photographer Amanda Phillips, right, directs players for a team photo on Thursday in Eastlake, Ohio.

# Birmingham-Southern begins play in Division III World Series

BY TOM WITHERS  
Associated Press

EASTLAKE, Ohio — In most cases, the last day of school is a cause for celebration, a needed break, a chance to re-fresh over summer.

Not at Birmingham-Southern. It's a painful ending.

The small liberal arts college which opened a year before Abraham Lincoln became president is officially closing on Friday, the final chapter to a prolonged financial struggle the school couldn't overcome.

The baseball team fights on.

Bonded by adversity and overcoming numerous obstacles along the way, the Panthers have uplifted the Birmingham-Southern's close community by advancing to the Division III World Series — a final swing at the school's first national championship.

"That would mean everything," said second baseman Andrew Dutton. "All the guys are just so hungry for it. We're all here for one thing, and it would make for a great story. Hopefully we can get it done."

One of eight teams left in the field, No. 7 seed Birmingham-Southern opens the double-elimination tournament against No. 2 seed Salve Regina at Classic Park, home of the Lake County Captains, a High-A minor league affiliate of the Cleveland Guardians.

The Panthers' story of loss, determination and togetherness has not only united the school's proud alums, employees and faculty during a tough time, but they've become something of a national sensation with fans across the country.

On Thursday, Topps announced it's producing a limited-run trading card featuring Birmingham-Southern's

improbable run. The card will feature the Panthers celebrating their Super Regional and World Series berth-clinching win — a game they played while being overrun by a team-wide stomach virus.

At one point during that 7-6 victory at Denison, coach Jan Weisberg, who has built one of the nation's top D-III programs over 17 years at the school, was filled with more pride when he saw players getting IVs just to get through the game.

In March, when the school announced it would be shutting its doors for good on May 31, Weisberg stood in front of his team and delivered the news to his players. Many of them broke down crying.

As his team took batting practice Thursday, Weisberg recalled the message that took clearly took hold.

"There's always going to be pain in your life," he told them. "There's always going to be uncertainty. There's always going to be hard work to do. It all went back to COVID and these guys were all in high school or college and they thought that was going to be the most traumatic thing that ever happened to them."

"But I said, hey man, look at three years later and you're OK. All of you are going to be OK. You don't see it right now. I think that's why we're here."

While guiding his team through an unexpected, almost unimaginable season, Weisberg, who leases a home on a Birmingham-Southern campus becoming barren by the day, has had to adapt on the fly.

The night before the Panthers' opening-round NCAA tournament game, he was informed that the host school

didn't allow spiked shoes on their turfed field. With no time to spare, he went to a sporting good store and bought \$3,000 worth of plastic cleats.

"We wore them for three days and we played great," Weisberg said. "My assistant said, 'What are we going to do. That not in the budget?' And I said, what are they going to do, fire me?"

Birmingham-Southern has gone 19-4 since the school announced the permanent closure, and Weisberg said his team has become the closest he's coached.

Before taking a charter flight to Cleveland on Tuesday, the Panthers gathered for their final practice on the school's campus, where dumpsters are being filled with memories.

As he drove the familiar route from home to school, fifth-year outfielder Ian Hancock was struck by the finality of it all.

"The fact that it was the practice, and honestly last thing to go on at that field was bittersweet," said the slugger from Roswell, Georgia. "We have all this excitement with the World Series, but the fact that it was the end of a chapter there for the program was sad."

Hancock was given the honors of being the last to take batting practice.

On his last swing, he connected for a home run, setting off an impromptu celebration as the Panthers hollered and danced on a field they'll never play on again.

In the moment, Weisberg smiled. Later, it hit him hard.

"I got a little emotional," he said. "This run has been so fun, that all the positives of it have taken away the feelings of, oh, this is it. I thank these guys for that."

# FIFA adopts new protocols to support maternity leave

BY ANNE M. PETERSON  
Associated Press

Soccer's international governing body is implementing new measures designed to further support the well-being of players and coaches during pregnancy and after the birth of their children.

The FIFA protocols give both players and coaches a minimum of 14 weeks of paid maternity leave, and a minimum of eight weeks paid leave for those who adopt a child younger than 2. There is also a minimum eight weeks paid for women who are non-biological parents of newborns.

While the players' maternity leave was previously adopted in 2020, the new rules extend it to coaches, non-biological and adoptive mothers.

The protocol goes into effect on Saturday. It was approved last month by the FIFA Council.

"I think it's a big statement," former U.S. coach Jill Ellis said in a statement Friday. "These are big steps and big strides to really normalize the life that we go through as women ... that's what we want to provide now at every level, the club level, the national team level — the opportunity for pro players to have the chance to be mums."

Ellis led FIFA's technical study group for the Women's World Cup last year in Australia and New Zealand.

Additionally, the regulations allow clubs more freedom to add players outside of the transfer window when players take maternity and parental leave or return from it.



ABBIE PARR, ASSOCIATED PRESS

The tournament trophy is displayed on the pitch before the Women's World Cup soccer final between Spain and England at Stadium Australia in Sydney, Australia, on Aug. 20, 2023.

It also provides for players to take paid time off from matches or training because of menstrual health.

FIFA is also encouraging member associations to provide family-friendly environments for players with children.

"In a FIFA Women's World Cup, (a player) can potentially be away from her family for five or six weeks ... and that can have a big toll on the player, mentally, but also on the child," said Sarai Bareman, FIFA's chief women's soccer officer. "So, encouraging the member associations to make provision or to allow for those mothers and parents to have the children with them during the camp, during the tournament, is a really important step which will support not only female players but all players in our sport."

5-DAY FORECAST

SATURDAY

88 58

SUNDAY

84 59

MONDAY

89 60

TUESDAY

79 54

WEDNESDAY

86 60

Forecast for Saturday, June 1, 2024

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Bands separate high temperature zones for the day.

NATIONAL SUMMARY: Late-afternoon storms can bring large hail, damaging winds and even a tornado from southwestern Nebraska to West Texas today. Thunderstorms can bring flash flooding and localized damaging wind gusts to eastern Texas, northern and western Louisiana and southern Arkansas. Showers will arrive in northwestern Washington.

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BYU

## New tech aims to avert at-home data breeches

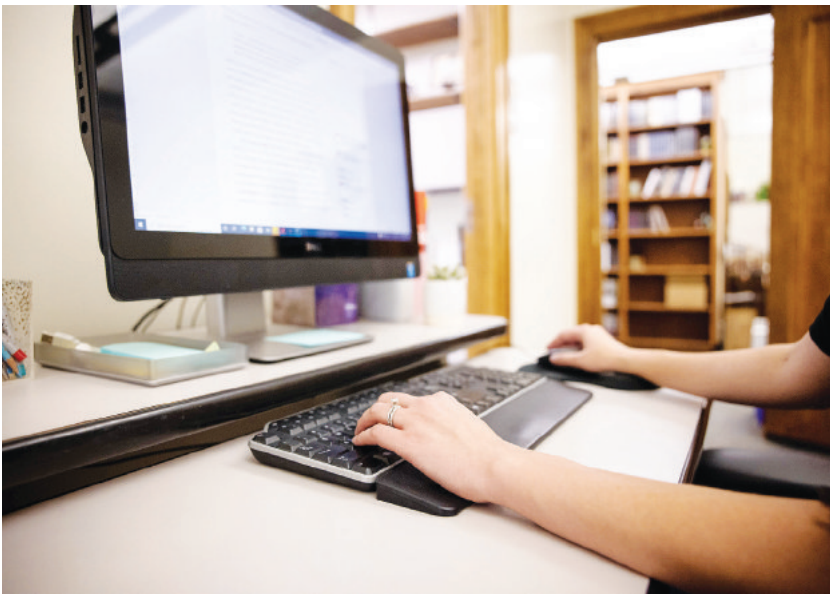
**TODD HOLINGSHEAD**

It seems like just about every new household device connects to the internet these days. Thermostat? Check. Doorbell? Yup. Washer and dryer? In 2024, of course. Even pet feeders connect to Wi-Fi now to be controlled by an app. While this is all convenient for the dishwashers and pet owners of the world, this trend also leaves consumers vul-

nerable to cyberattacks. That's because Internet of Things (IoT) devices tend to be full of security vulnerabilities, and there are ample examples of IoT devices serving as backdoors into private networks and then being used as botnets (infected malware) in malicious denial of service attacks. Brigham Young University computer engineering professor Phil Lundrigan says these exploits are possible because of the design of Wi-Fi's security. That's be-

cause when you connect a device to your Wi-Fi by providing your network name and password, you give the device full access to your network — and just one insecure device can compromise an entire network. "When you hook up a device to the network, it can start scanning for vulnerabilities, or maybe it's a Trojan horse, monitoring the traffic on your network," Lundrigan

Please see **WI-FI**, Page C4



COURTESY BYU PHOTO

A Brigham Young University professor and a team of students have developed a technology that reduces the risk of devices connected to the internet serving as backdoors into private networks.

### TALES FROM UTAH VALLEY



FRANK BOTT, DAILY HERALD FILE PHOTO

The Pleasant Grove City Strawberry Days Float waits its turn in line before the start of the traditional Strawberry Days parade in Pleasant Grove in 2005.

## TIME TO PARTY

City celebrations herald the start of summertime

**LAURA GILES**

School is out for many of us and summer weather has arrived. While it's not actually summer yet, we know it's getting closer because summer city celebrations are beginning. This is a time that many look forward to all year, and people often travel back to their hometowns to celebrate during these special days. Volunteers who donate so much of their time — many

working and planning throughout the year — are gearing up for city and county celebrations that will be happening all summer. In fact, before summer officially starts on June 20, many of our community celebrations and festivals will have already begun. My own community of Pleasant Grove will kick off Strawberry Days on June 15. This year's theme is "Strawberry Days: The Heart of Pleasant Grove." While this particular city celebration is in its 103rd year, a newer tradition that

coincides with it is the giant lighted strawberry on G mountain. This year, two lighted strawberries are planned to be on the mountain, thanks to the Illuminate Hope Foundation. "Our mission is to enlighten communities with vibrant light designs, promoting unity, compassion, and supporting women and children in need. This year, our goal is to provide support to single moms in need in the PG area. Go to our website (illuminatehopefoundation.org) to nominate someone in need. We also hope to get more lights to

create the Strawberry Days logo with two berries together," it reads on a recent Facebook post. Of course, Pleasant Grove isn't the only city that holds a summer celebration. Provo's Freedom Festival has already kicked off and will continue for the next few weeks. Vineyard Days and Eagle Mountain's Pony Express Days began this past week. The rest of the summer months are full of city celebrations and we can look forward to the Utah County Fair, always a fun few days, in August. Parades, rodeos, family par-

ties in parks, live entertainment, food, city histories and fireworks are just some of the ways that we can come together, connect with neighbors, meet new people, learn about the places we live and just have fun. Be sure to check out your community's Facebook page or website to find out where and when the excitement will happen. Going to a neighboring community's festivities is also a great way to spend some time. There is something enjoyable to be found at all of them and many of the activities are free. Happy summer!

### MONEY MATTERS

## Winning employee commitment by employing capacity planning

**J'NEL WRIGHT**

Don't you wish there was a way your company could predict future resource needs, show pre-emptive signs of unexpected challenges and help prepare for fluctuations in staff and resource demands? One study found that 58% of companies base at least half of their regular business decisions on gut feel or experience rather than on data and information. However, guesswork can't provide the desired results for more impactful business decisions, particularly issues impacting the tech industry. Although Utahns are more

likely to work in the tech industry compared to the residents of 41 other states, a recent CompTIA State of the Tech Workforce report also suggests that the tech sector, which emerged from the pandemic strong compared to other industries, has grappled with over-expansion, higher tax rates, inflation and other factors that have led to slower growth in recent years. What does that mean for tech workers? In a nutshell, it means fewer job options and a higher risk of losing the job a tech worker currently has. If only there was a Magic 8 Ball that, with one shake, could offer foresight and guidance for operational de-

cision making that extends beyond knee-jerk layoffs or misguided, short-sighted, revenue-draining investments. There is. It's capacity planning. Much like how a Magic 8 Ball provides answers to tough questions, a capacity planning tool equips businesses with predictive insights into future resource needs and demand fluctuations. With one platform, this strategic tool can accurately forecast future demands and allocate resources effectively to prevent both overutilization and underutilized assets. In other words, this proactive approach to cost savings

helps companies use their heads and, interestingly enough, their hearts, too. Companies that use a formalized process and tool for capacity planning have a more committed workforce by accurately assessing and anticipating future workload demands, preventing employee burnout and reducing stress levels associated with unexpected workload surges. In turn, this process helps employees maintain a healthy work-life balance and enhances overall job satisfaction, which wins commitment among workers. The predictability and structure provided by

Please see **COMMITMENT**, Page C4

### EVERYDAY LEARNERS

## Using love languages to show kids affection

**SAMANTHA FRANSISCO**

When we talk about love languages, we usually talk about it in the sense of significant others. However, these love languages are also great ways to express your love to your own children. Here are the five love languages and ways we can apply them as parents: **Receiving gifts:** This does not have to be something store bought! It can be: ■ Writing a note or drawing them something for their lunch box if they are unable to read yet. ■ Leaving a note/flower at their bedside for when

they wake up. ■ Making their sandwich in the shape of their favorite animal or thing (a car, boat, etc). A gift that shows you listen to your child's interests can mean so much — the more creative, the better! **Words of affirmation:** This is so simple but can be so powerful. It is so important to take the time to express words of love and care to those around us, ourselves and especially our children. It is something as simple as "I love you," "I am proud of the person you are," "You have a good heart," etc. Words of affirmation are

Please see **LANGUAGES**, Page C4



GARDEN HELP DESK

Proper care for protecting your plants from summer’s heat

We’re used to taking steps to protect our gardens and flowerbeds from late spring or early fall frosts, but this year we may need to give our plants a different kind of protection — protection

from summer heat. We normally have a few weeks of hot summer days, but this year’s summer forecast is for temperatures that may be above our norms. There may be heat stress for some plants, and insect pests may be seen a bit earlier. High temperatures can temporarily stop photosyn-

thesis and growth, affecting the size and quality of our harvests. Some of our favorite vegetables may have poor fruit set because high temperatures have damaged pollen, preventing pollination. Other vegetables, like tomatoes and peppers, may have fruit damage due to exposure to direct sun during the hottest part of the day. Tree fruits with direct exposure to direct sun and high temperatures may develop sunscald. Fruits, vegetables and flowers aren’t the only plants that can be challenged by high temperatures. Lawns, trees and shrubs also need careful attention when summer temperatures are frequently above average.

There are several things we can do to reduce the heat stress our landscapes may experience this year.

If you are a container gardener, position your container gardens and potted plants where they will get a few hours of afternoon shade. Use cache pots — plants in pots tucked into slightly larger pots to protect the inner pot, soil and roots from the heat of direct afternoon sun on the containers.

Vegetable and flower gardeners have several strategies they can use this summer. For any vegetables or flowers that haven’t been planted yet, gardeners can look for varieties that are more heat tolerant. Use mulch around your vegetable and flower plants once garden soils have warmed a bit. Not only will this slow evaporation from the soil, but it will also give your plants cooler root zones.

An inch or so of plant-based compost is a good option, but lawn clippings and shredded paper will also work well. Unlike plastic mulch, none of them need to be removed at the end of the season.

Watering deeply, but not frequently, will encourage deeper rooting and more robust, efficient root sys-



COURTESY MEREDITH SEAYER, USU EXTENSION

Twenty-percent to 30% shade cloth may not look like it’s providing much shade, but when afternoon sun reaches garden vegetables during summer heat, it can provide a few degrees of protection.

tems. Adequate fertilizer during spring and early summer will promote good leaf coverage to help protect tomatoes, peppers and other fruits from afternoon sun.

Shade cloth is another tool for areas where good looks aren’t a priority. A 20% to 30% shade cloth can provide a few degrees of afternoon benefit while still providing enough sun for good growth. Suspend the shade cloth a few feet above your crop to allow room for heat to escape instead of building up under the cloth.

You’ll get the best quality for your efforts if you harvest your fruits, vegetables and cut flowers in the morning. Bring them indoors as soon as you can to keep them cool and preserve their quality.

Trees and shrubs need deep, infrequent watering in the morning. Give them a deep soak, but only once a week during the summer

and less often in the fall when things begin to cool off. Use a 3-inch layer of organic mulch, such as bark nuggets, in shrub beds and around trees, too.

Even if you’ve reduced the size of your lawn, that green patch can help keep the landscape cooler. Give the lawn a deep, infrequent morning soak (about once every three to five days, depending on your soil type), mow your lawn 3 to 3.5 inches tall and use a mulching mower to help shade and mulch the soil and reduce evaporation.

One last item: Plants use transpiration (evaporation from leaves, flower and stems) to cool themselves. Do your watering for all your plants in the early morning so they’re well hydrated before having to deal with the heat of the day. This is more beneficial for your landscape than trying to do “catch-up” watering later when plants seem heat stressed.

UTAH VALLEY CALENDAR

AMERICAN FORK

**“Aladdin” mini-musical camp** — Children age 8 to 14 can participate in an “Aladdin” mini-musical camp from either June 10-14 or July 22-26 from 1 to 3 p.m. at the Valentine Theater. In the week-long workshop, participants will be given a part in the musical and rehearse to deliver lines, sing, dance and work as a team. The camp will perform a condensed and simplified 20-minute musical at the end of the week. For more information and to sign up, visit <http://TAftix.com>.

**Art summer camps** — Registration is open now for art camps for children ages 6 and up set for all summer long at the Creative Art Center, 53 W. Main St. Camps include “Anime, Caricature, Cartooning, and Comics with Rufus Zaejodaeus”; “Treasure Island”; “Creatures on Canvas”; and “Barbie Glam Camp.” For more information and to register, visit [https://americanforkarts.com/tva\\_summer\\_camps](https://americanforkarts.com/tva_summer_camps).

**Events at the American Fork Library** — Here are some upcoming events at the American Fork Library: June 3: Storytime with the American Fork Police Department for families at 1 p.m. Listen to a story and engage in a question-and-answer session with an officer. June 3: Writer’s Club for teens at 3 p.m. Teen writers of all genres welcome. Monthly challenges given. June 6: Adventures in the Academic Lab for children in second to sixth grades at 2 p.m. Enjoy themed math and reading activities. June 8: Read with Me for children ages 6-11. at 11 a.m. Children are invited to read with Vinson, a certified therapy dog. Sign up at the Children’s Desk. June 10: Writer’s Club for teens at 3 p.m. Teen writers of all genres welcome. Monthly challenges given. June 12: Art After School - Summer Edition for teens at 4:30 p.m. This month’s activity will feature making Picasso portraits. Enthusiasts of all skill levels welcome. June 13: Adventures in the Academic Lab for children in second to sixth grades at 2 p.m. Enjoy themed math and reading activities. June 13: J. Scott Savage Author Visit at 7 p.m. The author of the “Greysen Foxx,” “Mysteries of Cove” and other series will be at the library for stories, games and activities. Books will be available for purchase.

CEDAR HILLS

**Cedar Hills Family Festival** — The city’s annual Family Festival will be held from June 1 to 8. More information, including a tentative schedule and how to purchase tickets or register for activities, is available on the city’s website at <https://www.cedarhills.org/o/cch/page/family-festival>.

**Snapology Robotics** — Registration is open for Snapology Robotics summer camps, set for July and August. The five-day camps are for children ages 6 to 12 and have different themes using Lego bricks, including animals, attackbots, Pokemon and more. For more information or to register, visit <https://embed.snapology.com/licensee/110/events/location>.

**Summer Sports Camp** — Registration is open for summer sports camp at Harvey Park where each day focuses on a different sport, including soccer, basketball, flag football and field games. Sessions include June 10-13, June 17-20, June 24-27, July 8-11, July 15-18 and July 22-25. For more information or to register, visit <https://cedarhillsrec.activityreg.com/selectactivity.t2.wcs>.

**T-Ball and Coach Pitch Baseball** — Cedar Hills Recreation will offer T-Ball for 4 to 5 year olds and coach pitch baseball for 6 to 7 year olds. T-ball will be played on Tuesdays and Thursdays at Harvey Park. Coach pitch will be on Wednesdays and Thursdays at Burgess Park in Alpine. Both programs rely on volunteer parent coaches and families are asked to indicate if they can coach during registration. For more information or to register, visit <https://cedarhillsrec.activityreg.com/selectactivity.t2.wcs>.

**Summer Bowling** — Cedar Hills Recreation and Jack & Jill Lanes will offer bowling lessons for children in kindergarten through 12th grade from 2 to 3 p.m. on Mondays from June 24 to July 29. For more information or to register, visit <https://cedarhillsrec.activityreg.com/selectactivity.t2.wcs>.

**Cedar Hills Cheer Squad** — Boys and girls ages 6-12 are invited to join Cedar Hills’ cheer squad, where they can learn chants, cheers, rally dances, routines, stunts and even beginning tumbling in a non-competitive setting Practice will take place from 4 to 5 p.m. on Wednesdays from April 10 to May 22 at Harvey Park. The squad will take what they’ve learned and cheer on Cedar Hills Rec football in August and at the Family Festival Parade this summer. For more information or to register, visit <https://cedarhillsrec.activityreg.com/selectactivity.t2.wcs>.

**Vinyasa Yoga (mixed level)** — Join Kristen Rutter at 8:15 a.m. every Wednesday at the Cedar Hills Recreation Center for a dynamic practice that unites body, mind and breath. Bring your own mat, strap and block (a limited number is available to borrow).

**HIGH Fitness classes** — This weekly class takes aerobics to the next level by combining modern fitness techniques, such as HIIT, plyometrics, and intervals of strength and cardio with music. Classes are currently at 7 a.m. on Wednesdays and Saturdays at the Cedar Hills Recreation Center. The drop-in rate is \$3.50 and punch cards can be purchased at a discount. For more information, visit <http://www.cedarhills.org/highfit>.

HEBER VALLEY

**Intermountain Championships Pow Wow** — The Cultural Fire Events team is presenting the annual Intermountain Championships Pow Wow

from June 1 to 2 at River’s Edge Resort, 7000 Old Highway 40, Heber City. Join master of ceremony Hal Eagletail for a weekend of cultural enrichment, spectacular performances and community spirit as pow wow offer an opportunity for Native Americans from various tribal backgrounds to come together and share experiences. Tickets are \$10 for adults, \$5 for children 12 and under, and may be purchased at the gate. Attendees are encouraged to bring camp chairs and canopies as the weather is expected to be warm. For more information, visit <https://calendar.powwows.com/events/intermountain-championships-pow-wow>.

LINDON

**Senior bus** — The Lindon Senior Center has a bus and is able to offer rides to and from the center on Mondays, Wednesdays and Fridays. This is available for Lindon resident seniors. Pick-ups are between 10 and 11 a.m. Drop-offs are between 1 and 2 p.m. Reservations must be made at least one day in advance. Contact the Senior Center front desk at (801) 769-8625.

MIDVALE

**A Bolder Way Forward summit** — The 2nd Annual A Bolder Way Forward Summit focuses on making Utah a place where more girls and women can thrive in any setting. The free event, set for 9 a.m. to 2 p.m. on Thursday, June 6, at the Zions Bank Technology Campus, 7860 South Bingham Junction Blvd., will provide an update on momentum A Bolder Way Forward has created since June 2023. The initiative has identified 18 areas of focus or spokes, including childcare, child sexual abuse, domestic violence, entrepreneurship, finances, health, STEM and more. For each spoke, A Bolder Way Forward determined vision, goals and metrics. The summit will feature ample time for the leaders of each spoke to meet with their teams. For more information and to register, visit <https://bit.ly/44Ewrdk>.

PAYSON

**Volunteer at the library** — Friends of the Payson Library notes that residents can volunteer for an hour or less each month to help the library meet the needs of children and patrons. Volunteers are asked to offer ideas and support the group’s yearly book sale. People interested in volunteering may contact library director Dona Gay, Britany Johnson at (801) 609-4078, Ann Humpherys at (801) 465-0941, or Steve Southwick at (801) 822-1705.

SARATOGA SPRINGS

**Community Orchestra** — The Saratoga Springs Community Orchestra holds practices on the first and third Thursdays of each month from 7 to 9 p.m. at the city offices, 1307 N. Commerce Drive. The orchestra will be preparing for Saratoga Splash Days and the December holiday concerts.

UTAH COUNTY

**Mental health support groups and classes** — NAMI Utah County offers free in-person and online support groups and classes for adults and teens living with mental health conditions and for family members of loved ones living with mental health conditions. For more information, contact Angela Peterson at (801) 400-3516.

**Volunteers to help Kids On The Move** — Each Friday and Saturday, Kids On The Move offers Respite Care, providing a free break to parents with special needs children. Families drop their children off at locations in Orem, Lehi and Springville where they are paired one-on-one with a volunteer to play for the evening. A nurse or behavior technician is also present to help oversee. The group is seeking 10 volunteers 16 years and older from 5:45 to 9:30 p.m. every Friday and Saturday to help make this happen. For more information or to sign up, visit <https://kotm.org/volunteer-portal>. Coronavirus measures are being taken, including requiring masks, taking temperatures and frequent hand sanitizing.

**Foster grandparents sought** — Utah County is seeking senior volunteers to serve as foster grandparents. Volunteers must be limited-income individuals at least 55 years old and able to serve 15 or more hours per week. Volunteers serve as mentors, tutors and caregivers for children and youth at schools, hospitals, youth centers and similar organizations. Volunteers receive a non-taxable stipend, paid personal leave, transportation reimbursement, ongoing training and more. For more information or if you or someone you know would like to participate, call (801) 851-7784.

**Utah County Home Visit Programs in need of donations** — Utah County Health Department home visit programs are running low on donated resources such as baby blankets and diapers. The health department is asking Utah County community members to consider donating items or organizing service projects to assist in providing donations. The items most needed are new receiving blankets or small quilts and diapers. Other welcomed items include: infant “onesies,” knit hats and infant-appropriate board books. Items should be in new condition. Donations may be dropped off Monday to Friday (8 a.m. to 4:30 p.m.) at the following health department locations: Provo — 151 S. University Ave., Suite 1610, American Fork — 599 S. 500 East. Questions about the home visit programs should be directed to Bonnie Hardy at (801) 851-7026.

To submit notices or events from your city, email [rolson@heraldextra.com](mailto:rolson@heraldextra.com).

WORSHIP SERVICES

DAILY HERALD

Catholic Church

St. Peter’s Catholic Church

Saturday Mass is at 5:30 p.m.  
Sunday Mass is at 8 a.m. and 10:30 a.m. in English; 12:30 p.m. in Spanish

The church is located at 634 N. 600 East, American Fork. 801-756-7771, [stpeters6@yahoo.com](mailto:stpeters6@yahoo.com).

Episcopal Church

St. Mary’s Episcopal Church

Worship services are currently being held in person each Sunday at 11 a.m. Please see our website for more information. All are welcome!

Support groups are again meeting at St. Mary’s Church. See our website for days and times.

Please also see our website for mid-week activities and gatherings. Again, all are welcome!

Please email us at [parishoffice@stmarysprovo.org](mailto:parishoffice@stmarysprovo.org) for links or more information. You can also check our website for the most up-to-date information: <http://stmarysprovo.org>.

801-373-3090  
50 W. 200 North  
Provo, Utah 84601  
For pastoral needs, please email St. Mary’s at [parishoffice@stmarysprovo.org](mailto:parishoffice@stmarysprovo.org).

Independent Christian

Centerpoint Church

Services are held at 9 a.m., 10:30 a.m. and noon. Sundays in person. You can also watch us live Sunday mornings on Facebook Live, or watch our recorded services via [centerpointutah.org](http://centerpointutah.org) or on YouTube.

The mission of our church is “To make Jesus the centerpoint of our lives, and make Jesus known from the centerpoint of Utah Valley.”

Located at 1550 Sandhill Road, Orem  
Contact: [staff@centerpointutah.org](mailto:staff@centerpointutah.org)

Calvary Mountain View Church

Sunday services are held at 9 a.m., 11 a.m. and 1 p.m.  
Wednesday meetings begin at 7 p.m.  
Our address is: 340 E. State St., American Fork  
801-756-1446  
Website: <https://calvarymv.com/>

[com/We also Live Stream every service on Facebook at https://facebook.com/CalvaryMV/](https://www.facebook.com/CalvaryMV/) and YouTube at <https://youtube.com/user/CalvaryMV/featured>.

Jehovah’s Witnesses

Jehovah’s Witnesses

Meetings are held in English, Spanish and American Sign Language.

To find the time and location nearest you, please visit our website: <https://www.jw.org/en/jehovahs-witnesses/meetings/>  
Zoom option available for attending meetings remotely.

Lutheran Church

Good News Lutheran

Please join us for worship Sundays at 9 a.m., followed by Bible Study and Sunday School at 10:10. Tuesday Bible study is held at 7 p.m.

Visit <http://goodnewslehi.com> for more information, as well as links to our Facebook page and an online worship option on YouTube.

Our address is 3281 N. 1120 East, Lehi. We are just south of Renaissance Academy, off Timpanogos Highway.

St. Mark’s Lutheran Church

Service is at 9 a.m., Sunday school at 10:30 a.m. every Sunday. Pastor Paul Carlson conducts services.  
1591 S. State St., Suite A, Orem  
St Mark’s is a Missouri Synod Congregation.

Spanish Fork Mission — Lutheran

Children and adult Bible study 3:15 p.m. every Sunday.  
Worship Service at 4:30 p.m. every Sunday.

Anthony Masinelli, pastor  
All are welcome to join and learn more about Jesus.  
Angelus Theater, 165 N. Main St., Spanish Fork

Presbyterian Church

American Fork Presbyterian Church

Church service starts at 10 a.m.  
Phone number is 385-219-7096.  
New email addresses:  
Secretary: [church@amfork-pres.org](mailto:church@amfork-pres.org).  
Pastor Phil: [pastor@amfork-pres.org](mailto:pastor@amfork-pres.org)

[pres.org](http://americanforkpres.org)  
Website: [americanforkpres.org](http://americanforkpres.org)  
75 N. 100 East, American Fork

Springville Community Presbyterian Church

In-person worship 10:30-11:30 a.m. and Facebook Live.  
Leader: Pastor Bobbie Ramer CLP, Commissioned Lay Pastor  
Cookie Fellowship between services.

Overflow seating in Fellowship Hall with TV/Facebook livestream.

Office hours: Tuesday and Thursday, 9 a.m. to 1 p.m.

Pastor hours: Sunday after worship to 2 p.m.; Wednesday 9 a.m. to 1 p.m.

Address: Springville Community Presbyterian Church, (street) 245 S. 200 East, (mailing) P.O. Box 367 Springville, Utah 84663

Contact: 801-489-4390, [scpcoffice@gmail.com](mailto:scpcoffice@gmail.com), [springvillechurch.org](http://springvillechurch.org), Facebook and GoogleMyBusiness.

“Together, using our gifts, we reflect the Love of Christ in our words and deeds.” — church mission statement

Seventh-day Adventist

Provo Seventh-day Adventist Church

255 South 700 East, Provo, 84606  
Saturdays, 9:30 a.m. — Sabbath School — all ages  
Worship Services: 11 a.m. 801-377-3788  
<http://seventhdayadventist-provo.org>  
Pastor Harold Rosales

United Church of Christ

Provo Community Congregational United Church of Christ

175 N. University Ave., Provo  
Christmas Eve services: Family service at 11 a.m.; candlelight communion service at 10 p.m.  
Come worship with us now in person or on our live broadcast on the church’s Facebooks page and YouTube.

\*Please email us by Wednesday for a link to join Bible Study via Zoom, Sundays 9:30 a.m., the study information, or for the bulletin.

Provo Interfaith Choir rehearsals from 5-6:30 p.m. Sunday.



MOVIE REVIEW

Muppets creator Jim Henson gets a documentary as exciting as he was



G. PAUL BURRNETT, ASSOCIATED PRESS

Muppets creator Jim Henson poses in his 69th Street office in New York on Dec. 30, 1985. Henson is the subject of the documentary “Jim Henson Idea Man.”

BY MARK KENNEDY  
Associated Press

There are moments when the spark of creation suddenly ignites and history stops. Like when the Wright brothers got a plane to fly. Or when Oreo added double filling. Maybe just as resonant was when Jim Henson cut up his mother’s green coat into odd shapes and added ping-pong balls for eyes.

At that moment, he birthed Kermit the Frog, who would go on to enchant generations. Kermit’s humble beginnings are part of the engrossing and enlightening documentary “Jim Henson Idea Man” and it’s apt to start with the sweetly outgoing Kermit, who is in many ways Henson’s alter ego.

The Ron Howard-directed Disney+ movie is a kinetic mix of show clips, interviews, bloopers, behind-the-scenes workplace videos, home movies and artist sketches — as animated as Henson’s Muppets, who educated millions on “Sesame Street” and entertained even more on “The Muppet Show.”

Viewers are walked chronologically through Henson’s early life in rural Mississippi, his teaming up with his wife, Jane, on early late-night TV appearances, his often oddball sensibility, his self-doubt, embrace of educational TV, his marriage crumbling, the red-hot height of fame and then the fall with “Labyrinth.” It’s a definitive as you can get. We even learn why he chose to grow a beard: acne scars.

It’s also a portrait of a driven, brilliant creative man who wanted to be taken seriously as an artist and had lifelong ambivalent feelings about becoming America’s favorite preschool entertainer. Writer Mark Monroe makes it seem as if he often felt straightjacketed, like an arm stuck in a puppet’s felt body.

Watchers will walk away with a deeper understanding of a man who had such an outsized presence in their childhoods. Once you realize that Henson was, in his heart of hearts, really a experimental filmmaker, you better understand the whacky, psychedelic videos on “Sesame Street” or why The Great Gonzo eats a rubber car tire to “Flight of the Bumblebee.”

The voices Howard has wrangled are fantastic, from Frank Oz (the Burt to Henson’s Ernie), puppeteer Fran Brill, puppet builder/costume designer Bonnie Erickson and actors Jennifer Connolly and Rita Moreno. Henson’s own short diary entries — “attend seminar in Cambridge re: Children’s TV workshop” — are also put to good use, as is footage from his funeral, a joyous affair.

One weird quibble is the decision by Howard — who apparently met Henson once, briefly — to put his interview subjects in a sterile, grey room with brick walls. Why keep going back there to celebrate a figure who opposed formality?

Frank Oz, the voice of Miss Piggy and Ernie who was Henson’s puppeteering partner in crime for decades, is wonderfully honest about his yin-and-yang relationship with Henson — “it was both a joy and a grind” — as are Henson’s children about their father, who died in 1990.

“There’s an honesty and an integrity to what he was creating. He was creating it because he needed to create it,” one says. Another concludes: “He showed that creativity, artistry, metaphor can be used as a great power of good.”

There are fascinating moments — like when we learn that Kermit wasn’t originally a frog at all — to ones more sublime, like how Miss Piggy made her dramatic entrance as a star in her own right. (A clip of her flirting with Morley Safer is priceless.) Viewers may shake their head when learning that all the networks initially passed on “The Muppet Show” and it had to be made in England.

It’s a documentary, ultimately, about creativity and a singular mind, one who dreamed up a gaggle of friends for life: Big Bird, Cookie Monster, the Count and, of course, Kermit, stitched from an old coat.

“Jim Henson Idea Man,” a Disney+ release that starts streaming Friday, is rated TV-PG. Running time: 108 minutes. Three and a half stars out of four.

Thelma Theora Marchant Richins

Thelma Theora Marchant Richins passed away Wednesday afternoon on the 29th of May 2024 in her home at the age of 92. She was born to Marvin Wayne Marchant (Harris) and Theora Caroline Ross in Ioka, Utah. Growing up in Charleston, Park City and Coalville, Utah she graduated from North Summit High School. She married Arthur Calderwood Richins on March 30, 1951 in the Salt Lake Temple. They were blessed with 5 children: Maureen (Dennis) Muaina, Brenda (Nolan) Buttars, Lisa (Paul) Riddle, Randy (Yvonne) Richins, and Darin Richins.

Thelma was a great example of service her whole life. As a cancer survivor, she volunteered to help cancer survivors through the Cancer Society and received accolades from the Governor of Utah. She loved serving her family, and faithfully served in many callings in the wards in which she resided for the Church of Jesus Christ of Latter-day Saints. She served a mission with her husband, Arthur, in Scotland. Thelma was also a wonderful example of motherhood.

Thelma’s love of music was evident by all the songs that were sung around the extended family campfires at Bear Lake. She was able to weave the songs into teaching moments with her grandchildren, as they sat on her lap with her loving arms around them. For over 30 years she sang in a trio with her close friends entertaining many. Thelma loved, loved BYU sports and was an avid fan, kind of NEXT level!!! She also played competition



softball throughout the state as a young woman.

Thelma was always mindful of those in need and she really was preparing herself, all of her life, to meet Him who will bring peace and love as we all, on bended knee, confess that He is THE CHRIST!

Thelma is survived by her children: Maureen, Brenda, Lisa and Randy as well as two sisters, Aloma and Dixie. She was blessed with 24 grandchildren and 84 great-grandchildren. She was preceded in death by her beloved husband, Arthur, and her youngest child, Darin and 2 great grandchildren.

Funeral services will be Tuesday, June 4, 2024, 11:00 am in the Canyon View 4th Ward, 762 East 1200 North, Orem. Viewings will be Monday 6:00-8:00 pm and Tuesday morning from 9:30-10:30 at the same chapel listed above. Interment will be at the Orem City Cemetery, Orem, Utah. Condolences may be sent to the family online at [www.walker-sanderson.com](http://www.walker-sanderson.com).

The family would like to especially thank Summerfield Retirement and Bristol Hospice for their loving care.

Boyce Levi Simons, 84, of Springville, passed away May 29, 2024. Please visit [www.springcreekmortuary.com](http://www.springcreekmortuary.com) for full obituary and services information.



How to send in an obituary for your loved one



801-344-2533

[dhobitphoto@heraldextra.com](mailto:dhobitphoto@heraldextra.com)

[Heraldextra.com/obituaries](http://Heraldextra.com/obituaries)

Women barred from combat helped D-Day succeed

BY DANICA KIRKA  
Associated Press

LONDON — What did you do in the war, Granny?

For British women who came of age during World War II, the answer to that question is often: quite a lot.

The history of D-Day is often told through the stories of the men who fought and died when the Allies stormed the beaches of northern France on June 6, 1944.

But behind the scenes were hundreds of thousands of military women who worked in crucial non-combat roles such as codebreakers, ship plotters, radar operators and cartographers. Often overlooked, their contributions have come into sharper focus as the number of living D-Day veterans dwindles and the world prepares for the 80th anniversary of the landings.

One of those women was Marie Scott, who was a 17-year-old radio operator when she heard the chaos of battle through her headset as she relayed messages between Allied commanders in England and men on the Normandy beaches.

“You realize the reality of war, what it really entails. It’s not a word. It’s an action that affects thousands, millions,” Scott said recently, discussing her time in the Women’s Royal Naval Service, commonly known as the Wrens. “I think I grew up that day from being a stupid 17-year-old. I think I honestly grew up on D-Day.”



KIRSTY WIGGLESWORTH, ASSOCIATED PRESS

Marie Scott, who was a serving Wren and switchboard operator at the time of D-Day, at her home in London on April 25.

Almost 160,000 Allied troops landed at Normandy on D-Day in a massive amphibious operation designed to break through heavily fortified German defenses and begin the liberation of Western Europe.

Throughout the war, more than 1.1 million women served in the armed forces of the Western Allies, including 640,000 in Britain, where there was a real threat of invasion after Nazi troops drove to the shores of the English Channel.

Even Princess Elizabeth, the future queen, did her bit, training to be a driver and mechanic in the Auxiliary Territorial Service, the women’s branch of the British Army.

The pitch on recruiting posters was simple: By joining the military and taking over support roles, women

The Allied nations’ decision to mobilize women was an important strategic choice that contrasted with Nazi Germany, where the authorities relied on forced labor, according to Ian Johnson, a historian at the University of Notre Dame in South Bend, Indiana.

“Part of the intent was to take it — use the economic and material advantages of the Allies and really ... put that to greatest use compared to the way the Germans structured their military,” he said. “So those support roles were crucial in providing the logistical advantages that help the Allies win.”

Altogether, some 7 million British women served their country in some capacity during World War II.

Their sacrifices are honored with a sculpture in central London, near the Cenotaph, the national war memorial.

The bronze monolith is decorated with 17 different uniforms hung on pegs to represent the jobs women took on during the war, then gave up when the men returned.

They include the uniforms of the Auxiliary Territorial Service, the Women’s Auxiliary Air Force and the Women’s Royal Naval Service. But there are also police overalls, a nursing cape and a welder’s mask.

“I get a certain satisfaction from my wartime experience,” Scott said. “And I do allow myself, occasionally, just a tinge of pride in my younger self.”



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SUNDAY DRIVE

2024 Infiniti QX60 Autograph – Elevating the luxury SUV experience

When it come to luxury SUVs, the 2024 Infiniti QX60 Autograph presented itself as a refined and enhanced contender for those looking for an SUV in this market. We found it positioned to



CRAIG & DEANNE CONOVER

captivate drivers with its own blend of luxury, performance and technology. Infiniti, a brand that is known for its commitment to luxury and innovation, has built

many vehicles that not only have met but exceeded our expectations every time we’ve gotten behind the wheel.

As we drove the QX60 throughout our weeklong test drive, it became evident that this mid-sized offering was not just a mode of transportation but more of a sanctuary on wheels, offering us a unique driving experience every day.

Exterior design

At first glance, the 2024 QX60 commanded our attention with its striking presence and distinctive design cues. Infiniti’s signature double-arch grille, flanked by LED headlights with adaptive lighting, manifested confidence and a look of sophistication.

The sleek lines and sculpted contours of the body created a sense of passion, while the available 20-inch alloy wheels added a touch of elegance to the overall look of the Infiniti. From every angle, the QX60 had a different look, making a bold statement both in our driveway and, more importantly, on the road.

Interior comfort and luxury

Getting inside the cabin of the 2024 QX60 Autograph, we were greeted by a world of luxury, convenience and comfort. The interior had been crafted with premium materials such as quilted semi-aniline leather upholstery, genuine wood trim and brushed aluminum accents, creating an atmosphere of opulence and refinement.



CRAIG CONOVER, DAILY HERALD

Deanne with the 2024 Infiniti QX60 on a spring evening at the Springville Museum of Art.

The spacious cabin offered us ample room for up to seven passengers with the rear seats up, ensuring that everyone traveled in comfort, even with our grandkids in the vehicle. We loved the available second-row captain’s chairs that added an extra level of exclusivity.

The attention to detail was evident in every aspect of the interior design, from the heated and ventilated front seats with massage function to the trizone automatic climate control system, which allowed virtually everyone inside to customize their comfort levels.

The panoramic moonroof flooded the cabin with natural light and created an airy and inviting atmosphere, while the acoustic laminated glass ensured a serene driving experience free from many of the outside noises and distractions.

Technology and connectivity

The 2024 QX60 Autograph was equipped with an array of advanced technology features designed to enhance convenience, connectivity and safety. The dual-display infotainment system incorporated a 12.3-inch touch screen display and a 12.3-inch digital instrument cluster that provided seamless access to navigation, entertainment and vehicle settings.

Apple CarPlay and Android Auto wireless integration allowed us to easily connect to our smartphones and access all of our favorite content like podcasts and music on the go.

The QX60 also offered a suite of driver-assistance technologies, including adaptive cruise control, lane-keeping assist and blind-spot monitoring, which work together to help prevent accidents and keep

everyone safe on the road.

Additionally, the included head-up display projected important information directly onto the windshield, allowing us to stay informed without taking our eyes off the road, an awesome addition to any vehicle.

Performance and handling

Under the hood, the 2024 QX60 Autograph was powered by a refined 3.5-liter V-6 engine paired with a smooth-shifting nine-speed transmission. This powertrain delivered a potent 295 horsepower and 270 pound-feet of torque that provided ample acceleration and passing power whenever we needed it.

The SUV effortlessly glided over city streets and highways, with very responsive steering and composed handling that instilled confidence for both of us, even when we were in tight traffic or

parking situations.

Infiniti’s Intelligent All-Wheel Drive system dynamically adjusted power delivery to each wheel, optimizing traction and stability in all driving conditions, even in a couple of late spring storms.

Whether we were navigating through rain-slicked streets or traversing an unpaved trail, the QX60 delivered a sure-footed and engaging driving experience that kept us completely confident behind the wheel.

Safety features

The safety features we noted were paramount in the 2024 QX60, with a comprehensive suite of advanced safety features designed to protect anyone inside the SUV and prevent accidents. Standard safety technologies included forward collision warning, automatic emergency braking, pedestrian detection and rear cross-traffic alert, which provided an extra layer of security on every journey.

Additionally, the QX60 Autograph offered ProPILOT Assist system, which combined adaptive cruise control and lane-keeping assist to provide semi-autonomous driving capabilities on the highway. This innovative technology would help reduce driver fatigue and stress during long trips, while also enhancing overall safety on the road.

Conclusion

The 2024 Infiniti QX60 Autograph stood as a testament to Infiniti’s commitment to luxury, innovation and performance. From its elegant exterior design to its sumptuous interior appointments, this luxury SUV exudes refinement and sophistication at every turn.

With advanced technology features, powerful performance capabilities and a comprehensive suite of safety technologies, the QX60 Autograph offered a driving experience that was both exhilarating and reassuring. For those seeking a touch of luxury in a family-friendly SUV, the 2024 Infiniti QX60 Autograph delivered on all fronts, elevating our driving experience to new heights.

**Base price:** \$66,100  
**Destination charge:** \$1,195  
**Price as driven:** \$69,445

Wi-fi

From C1

said. “You buy this cheap device, but how do you know if you can trust it? We are saying don’t connect it to the network, use our technology instead.”

According to Lundrigan, Wi-Fi has only two modes of trust: complete trust or complete un-trust. He likes to use the analogy of having someone come to your house and the only two options are to never answer the door or to give them the keys to the house. “There’s got to be an in-between option,” he said.

An in-between option that grants partial trust would allow consumers to connect simple IoT devices like air quality monitors to their home network without the risk of it compromising the network. That’s exactly what Lundrigan and a team of students — Jacob Johnson, Ashton Palacios and undergraduate student Cody Arvonen — have created.

Their solution allows for communication between a Wi-Fi device that sends little amounts of data, like a sensor, and a trusted Wi-Fi network without connecting the device to the network. Lundrigan and his colleagues

achieve communication through the following technical steps:

■ First, they strategically and “surgically” jam the Wi-Fi communications with the device.

■ This jamming causes the time it takes for data to travel across the network (called latency) to increase momentarily.

■ The pattern in which the device jams the network conveys information.

■ A different device on the network detects the changes in latency and receives the data.

The result is a new wireless subprotocol they call “Latency Shift Keying.” Going back to the stranger-on-your-doorstep analogy, Lundrigan says LSK is like having someone knock on your door, but they knock in a particular pattern to convey data. Prior to this new method, there were only two ways of using the (Wi-Fi) door: open it or keep it closed. Now there’s a third way to interact with the person on the other side of the door.

“Communication through knocking requires someone to be home and listening, which is the same as our protocol — you need a device inside the network looking for LSK messages,” Lundrigan said. “Knocking and LSK work because the outsider can

affect something about the physical environment that the insider can ‘hear’ and measure. In the case of knocking, it’s the sound it makes; in the case of LSK, it’s the latency.”

The method creates an air gap for safety between the untrusted IoT devices and a secured network and allows communication to go in only one direction and only when the trusted Wi-Fi network needs to receive data. The full technical details can be found in a paper recently accepted for presentation at the 2024 International Conference on Mobile Computing and Networking.

Lundrigan said while other solutions to this problem exist, such as network partitioning using separate Wi-Fi networks, they usually require additional hardware or advanced network configuration, which usually requires some advanced knowledge. Lundrigan’s software-based solution requires no additional hardware and utilizes the main Wi-Fi network.

Read more about Lundrigan’s work here: <https://netlab.byu.edu/projects/>.

Todd Hollingshead is the media relations manager for University Communications at BYU.

Language

From C1

said to decrease stress and exercise your brain. While a lot of affirmations tend to start with “I,” we could change the “I” to “you” or “we.”

**Acts of service:** As parents, this may come easier. Parents are always doing acts of service for their children. The power of this love language is the separation of things we have to do as parents and intentionally doing something that you know your child would love, such as:

- Baking their favorite treat.
- Making their favorite meal.
- Creating their favorite hairstyle for them in the mornings.

**Physical touch:** Hugs, high fives, kisses and cuddles. Physical touch can lower heart rate and blood pressure, lessen depression and anxiety, boost your immune system and relieve pain. Simple ways to express physical affection include giving them a kiss before they go to bed, giving them a hug and telling them you love them, or giving them a high five after they do something they were originally scared to do. These can make a big difference!

**Quality time:** Spending quality time with your child is so important. This can be playing a favorite game to-

gether, planning a fun day as a surprise, reading a book with your child, or listening to your child describe their favorite movie to you. Quality time with your child can make your child feel valued and loved because you are taking time out of your busy schedule to spend time with them.

By understanding a child’s preferred love language, we can better connect and show our love for them in a way that is most meaningful to them. This understanding may look different at different stages of your child’s life. If a child prefers quality time and we show love by giving gifts, we can see how that may bring a feeling of disconnectedness.

Of course, there is nothing wrong with applying all of these love languages to the family, though it is important to know which ones mean the most to your child. Making your child feel loved in the home builds a foundation for them for how they will show and receive love now and as they grow older.

United Way of Utah County is on a mission to help promote literacy and healthy child development. EveryDay Learners has several programs such as HelpMeGrow Utah, Welcome Baby, and South Franklin Community Center to support these efforts. Visit us at [unitedwayuc.org](http://unitedwayuc.org) to learn more about these programs or find any of them on our Instagram pages.

Commitment

From C1

capacity planning instill a sense of security and stability among team members, which leads to increased morale and a stronger sense of organizational commitment. Organizations that can eliminate the ambiguity and anxiety around the question “Will I have a job next year?” will win in the war for talent.

“Employers often underestimate the true cost of laying off employees, because they are only thinking about the cost associated with the lay-off in comparison to the savings associated with reduced labor,” said Brittany Davies, head of people and culture at Fullcast. “What many miss

are the significant indirect costs, such as decreased engagement and productivity among remaining staff, loss of institutional knowledge and the negative impact on company reputation, hindering its ability to recruit top talent in the near future.”

Davies added that the process of recruiting, hiring and training new employees when essential business needs rebound also adds a compounding effect to roles that impact revenue generation. “Ultimately, these hidden costs can far outweigh the anticipated financial relief, making layoffs a more costly and disruptive measure than employers might initially realize,” Davies said.

The emotional benefits present themselves in reduced stress, increased morale, better collaboration

among teams and improved job satisfaction, which means less turnover. Here’s how:

Reduced stress for managers and employees

Proper capacity planning ensures that workloads are manageable, reducing stress levels for both managers and employees. Predictable work schedules and workloads contribute to a healthier work-life balance, enhancing overall job satisfaction.

Increased confidence and morale

Recent studies show that more than 89% of tech sector employees feel insecure about job security. When employees know that resources are allocated ef-

ficiently and projects are well planned, it builds confidence in the management. A well-organized work environment fosters a sense of security and trust among employees, boosting morale.

Enhanced team collaboration

Capacity planning often involves collaboration and communication across departments, fostering a team-oriented culture — and it’s catching on. Research shows that 75% of workers adopted a new tool to help them better meet their business communication challenges in 2023.

Carrying a clear understanding of individual roles and responsibilities minimizes conflicts and promotes a cooperative work atmosphere.

Improved job satisfaction

Employees feel valued and appreciated when their workloads are reasonable and their contributions are recognized, leading to higher job satisfaction. Effective capacity planning can align employees’ skills and interests with the tasks they are assigned, enhancing their engagement and fulfillment at work.

Better work-life balance

Do you want to retain valued employees? Respect work-life balance. Research shows that 78% of remote workers would be willing to change jobs simply to ensure a better opportunity for better work-life balance.

By avoiding overcommitment and ensuring realistic deadlines, capacity planning helps employees maintain a healthy work-life balance. This balance is crucial for long-term employee well-being and productivity.

Don’t look now, but we see a promising future for your business solutions. Integrating capacity planning into your operations is a strategic move that fosters a healthier and more productive work environment that pays off with both financial and emotional benefits.

J’Nel Wright is a content writer at Fullcast, a Silicon Slopes-based, end-to-end RevOps platform that allows companies to design, manage and track the performance of their revenue-generating teams.



# Soma wins the National Spelling Bee

BY BEN NUCKOLS  
Associated Press

OXON HILL, Md. — Bruhat Soma insisted he was nervous during the idle hours as he waited to take the Scripps National Spelling Bee stage, and he felt even more pressure to perform given that he hadn’t lost a spelling bee in eight months.

He never showed any nerves in front of the microphone, though, and when the bee abruptly went to a lightning-round tiebreaker known as a “spell-off,” he could not have been more comfortable.

The 12-year-old seventh-grader from Tampa, Florida, blitzed through 30 words in 90 seconds Thursday night, sounding more like an auctioneer than the best speller in the English language, and judges determined that he spelled 29 of them correctly — nine more than his competitor, Faizan Zaki. As the champion, Bruhat receives a trophy and more than \$50,000 in cash and prizes.

He rehearsed the spell-off every day for six months.

“I was pretty confident that I had a chance at winning because I’ve been working so hard,” Bruhat said, explaining his rationale for spending so much time on a tiebreaker he might not even need. “And I really wanted to win. That’s why I practiced the spell-off so much.”

Had he known the way Scripps would conduct the final rounds, he might have spent even more time on his speed training. There was no doubt Bruhat was a worthy champion, but the conclusion left many observers disappointed and confused.

“I don’t think it was a good bee,” said Dev Shah, last year’s champion. “It’s not about spelling as many words as you can in 90 seconds. That’s not what the spelling bee is.”

The finals began with eight spellers, the fewest since 2010, and it was clear that Scripps was trying to fill the 2-hour broadcast window on Ion, a network owned by the Cincinnati-based media company. Frequent, lengthy commercial breaks allowed spellers to mill about at the side of the stage, chatting with their coaches, relatives and supporters.

And then bee officials announced it was time for the tiebreaker before Bruhat and Faizan were even given a chance to compete in a conventional round.

“I do wish that we would have gotten to see more of a duel between them,” said Charlotte Walsh, who finished runner-up to Dev in 2023.

The competition rules state that a spell-off is used in the interest of time, but Scripps still squeezed in another commercial break between the tiebreaker and the announcement of Bruhat’s victory.

“It felt so forced and manufactured,” Dev said.

Scripps said Bruhat’s winning word was “abseil,” defined as “descent in mountaineering by means of a rope looped over a projection above.” In the tiebreaker — which was used once before, when Harini Logan won in 2022 — the winning word is the one that gives a speller one more correct word than their competitor.

Shortly after Bruhat was showered with confetti and handed the trophy, Faizan was in tears at the side of the stage, accepting hugs from other spellers. A few minutes earlier, he had embraced his good friend, Shrey Parikh, after Shrey was eliminated.



MARIAM ZUHAIB PHOTOS, ASSOCIATED PRESS

Bruhat Soma, 12, of Tampa, Fla., reacts after watching his video during the finals of the Scripps National Spelling Bee, in Oxon Hill, Md., on Thursday.



Faizan Zaki, 12, of Allen, Texas, gestures to his family after spelling his word correctly in the finals of the Scripps National Spelling Bee, in Oxon Hill, Md. on Thursday.

Faizan spelled his final word in the regular competition in walk-off fashion, dashing through “nicuri” without asking a single question and striding back to his seat, a moment that recalled Shourav Dasari’s mic-drop spelling of “Mogollon” in 2017.

But the 12-year-old sixth-grader from Allen, Texas, wasn’t given a chance to do it again.

“I definitely think they should have been given an opportunity to have some conventional spelling rounds before they defaulted to the spell-off,” said Scott Remer, one of four coaches who worked with Faizan.

Coming into the competition, Bruhat won the Words of Wisdom bee hosted by Remer, a former speller and study guide author. He won the SpellPundit bee organized by that study guide company. And he won the first-ever online bee emceed by Dev, last year’s Scripps champion.

“I always want to win. And this was, like, my main goal,” Bruhat said. “It didn’t matter if I won all those other bees. This is what I was aiming for. So I’m just really happy that I won this.”

His last loss was in September at the WishWin senior spelling bee. He misspelled “Gloucester,” a cheese named for the city in England. He said he knew the city but didn’t know it was also a cheese, and he guessed “glaucester.”

“After that, I guess I just went on a winning streak,” he said.

Bruhat said there was one word Thursday night he didn’t know: “tennesi,” a monetary unit of Turkmenistan. Ananya Prassanna got that one right during the most diabolical round of the bee, when every word had an unknown, obscure or nonexistent language of origin. The 13-year-old from Apex, North Carolina, finished in a tie for third.

Bruhat is the second straight champion from the Tampa Bay

that year who inspired a generation, especially after her triumph was featured in the documentary “Spellbound.”

Now a neuro-oncologist, Lala returned to the bee this year for the first time in a decade.

Bruhat’s victory was also a proud moment for a previously unknown former speller-turned-coach: 16-year-old Sam Evans, who worked with three of the top four finishers. He also tutored Faizan and Shrey, a 12-year-old from Rancho Cucamonga, California. Both are sixth-graders and have two years of eligibility left.

Evans was frequently astonished by Bruhat, saying his pupil could remember any word he saw and that once he missed a word, he’d never get it wrong again.

“He always says he’s nervous, but he doesn’t look nervous, like most of them look nervous,” Evans said. “I can’t explain that. I don’t know how he does it.”

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## ANNOUNCEMENTS

### Miscellaneous

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### Legal Notices

**SUMMONS FOR PUBLICATION**  
IN THE FOURTH JUDICIAL DISTRICT COURT IN AND FOR MILLARD COUNTY, STATE OF UTAH  
**IN THE MATTER OF THE TERMINATION OF PARENTAL RIGHTS AND ADOPTION OF:** A.K.C., born 07/29/13; A Minor Child.  
Case No. 242700001 AD  
Honorable Anthony Howell  
**NOTICE OF FILING**  
Notice is hereby given to Tyler Clement, that Petitioners', Ashley Renee Lambeth and Kaden Keith Lambeth, have filed a Summons and Verified Petition for Termination of Parental Rights and Step-Parent Adoption in the Fourth Judicial District Court, in and for Millard County, State of Utah, specifically, Case No. 242700001. Tyler Clement, an Order terminating your parental rights is proposed, and you have the right to protest or contest these proceedings, and to be represented by counsel of your own choosing. You can request a copy of said Petition with the above-entitled Court.  
THE STATE OF UTAH TO THE

**RESPONDENT:**  
Tyler Clement, you are hereby summoned and required to file an answer, in writing, to the Verified Petition for Termination of Parental Rights and Step-Parent Adoption which has been filed with the above-referenced Court. Said answer must be served upon this Court and sent to Attorney for Petitioners' James M. Park, THE PARK FIRM, P.C., which can be emailed to Parkfirm@gmail.com and/or mailed to at 141 North Main, Suite 200, Cedar City, Utah 84720. Said answer must be served within TWENTY-ONE (21) DAYS of the last date of publication on June 1st, 2024. If you fail to do so, Judgment by Default will be taken against you for the relief demanded in the Verified Petition for Termination of Parental Rights and Step-Parent Adoption which has been filed with the Clerk of said Court.

Legal Notice 12855 Published in the Daily Herald on May 11, 18, 25, June 1, 2024

**Notice of Public Hearing**  
Budgeting Hearings  
Provo City School District  
Provo City Board of Education  
June 11, 2024 07:00 PM  
June 11, 2024 08:30 PM

Provo City School District Board of Education and Municipal Building Authority will have a public hearing on the final 2023-24 and tentative 2024-25 operating budgets during the regularly scheduled Board of Education meeting held June 11, 2024 beginning at 7:00 PM. The meeting will be held at the Provo City School District office located at 280 W 940 North, Provo UT.

The proposed operating budgets will be available for public review on May 28, 2024 on the District website (www.provo.edu) and at the Provo City School District business office upon request.

Legal Notice 12899 Published in the Daily Herald on May 28, 29, 30, 31, June 1, 3, 4, 5, 6, 7, 2024

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And let's not forget about plumbing. Ignoring a small leak today might seem harmless, but it could lead to a burst pipe tomorrow, transforming your cozy home into an unexpected indoor swimming pool. The damage and mess can be overwhelming, not to mention incredibly costly. No, thank you!

**Embrace a stress-free summer with the Western Savings Club**

As summer 2024 approaches, it's the perfect time to ensure your home is ready for the season. For just \$19 a month, the Western Savings Club keeps your HVAC and plumbing systems running smoothly, saving you money and stress over time. Picture yourself lounging with a refreshing



Regular HVAC and plumbing check-ups can catch minor issues before they escalate into major, costly problems.

drink, confident that your home is operating flawlessly. Sounds like a dream, right? But here's the excellent news: it can be your reality. Let's dive into why this offer is too good to pass up.

**The power of regular maintenance**

But what if you could avoid these homeowner nightmares altogether? Regular HVAC and plumbing check-ups can catch minor issues before they escalate into major, costly

problems. These routine inspections ensure your systems run efficiently and effectively, preventing minor problems from becoming big headaches. Think of it as an annual health check-up for your home, offering peace of mind and long-term savings.

By scheduling regular maintenance, you can extend the lifespan of your HVAC and plumbing systems, improve energy efficiency, and ensure optimal performance year-round. Technicians can identify potential issues early, such as worn-out parts or

minor leaks, and address them before they cause significant damage or lead to expensive repairs. This proactive approach not only saves you money but also ensures that your home remains comfortable and safe for you and your family.

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- **No Overtime Fees:** Emergencies happen, and you won't pay extra for after-hours service.
- **Professional Care:** Extend the life of your HVAC systems with regular, expert maintenance.

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- **Annual Plumbing Inspection:** A thorough examination of your plumbing system to address potential issues early.
- **Water Heater Flush:** Keep

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# Existing home sales drop 1.9% in April

**BY PAUL WISEMAN**  
Associated Press

WASHINGTON — High mortgage rates and rising prices continued to put a damper on the spring homebuying season last month.

Existing home sales fell 1.9% to a seasonally adjusted annual rate of 4.14 million in April from a revised 4.22 million in March, the National Association of Realtors reported Wednesday. Sales dropped across the country — down 4% in the Northeast, 2.6% in the West, 1.6% in the South and 1% in the Midwest.

The median price of previously occupied homes rose 5.7% to \$407,600 — the tenth straight increase and a record for April.

Lawrence Yun, the association's chief economist, called the sales drop “a little frustrating.” Economists had expected sales to come in at 4.2 million.

The rate on the benchmark 30-year, fixed-rate loan has risen five of the last six weeks and stands at 7.02%, up from 6.39% a year ago. Would-be homebuyers are also deterred by the high prices, caused partly by a tight inventory of available homes.

The supply of homes rose 9% from March to 1.2 million — the fourth straight increase — but remains low: It was running at 1.7 million before the pandemic. Homeowners have hesitated to put their houses on the market partly because they don't want to give up existing mortgages at low interest rates and buy new homes at higher rates.

The housing market could get some relief if the Federal Reserve cuts interest rates later this year.

“Normally at this time of year we'd see a surge in home sales, but mortgage rates continue to depress listings and buying,” said Robert Frick, economist at the Navy Federal Credit Union. “And unfortunately, prices continue to rise, further pushing the opportunity away from lower-income, and even middle-income Americans. The only real relief to the situation will come from the Fed cutting rates later this year, which will eventually filter through to mortgage rates.”

Sales were brisker at the high end of the market. Homes priced at \$1 million or more shot up 40% from a year ago, partly because inventories of those homes surged 34%.

A third of sales went to first-time buyers, the highest share since January 2021, but still below the 40% they've accounted for historically.

# Mortgage rates climb



Carpenters work on a home on Sept. 19 in Marshall, N.C.

## Rates snap three-week pullback; average rate on a 30-year home loan back above 7%

**BY ALEX VEIGA**  
Associated Press

LOS ANGELES — The average rate on a 30-year mortgage moved back above 7% this week, a setback for home shoppers at a time when the U.S. housing market is already slowing under the strain of elevated home loan borrowing costs and rising prices.

The rate rose to 7.03% from 6.94% last week, mortgage buyer Freddie Mac said Thursday. A year ago, the rate averaged 6.79%.

This is the first increase after a three-week pullback. Higher mortgage rates can add hundreds of dollars a month in costs for borrowers, limiting homebuyers' purchasing options.

Borrowing costs on 15-year fixed-rate mortgages, popular with homeowners refinancing their home loans, also rose this week, pushing up the average rate to 6.36% from 6.24% last week. A year ago, it averaged 6.18%, Freddie Mac said.

Mortgage rates are influenced by several factors, including how the bond market reacts to the Federal Reserve's interest rate policy and the moves in the 10-year Treasury

yield, which lenders use as a guide to pricing home loans.

Yields climbed earlier this week on worries about tepid demand for Treasury bonds following several U.S. government auctions and a surprising report showing confidence among U.S. consumers is strengthening. Economists had been expecting it to show a drop in confidence.

The Fed has been holding the federal funds rate at the highest level in more than two decades in hopes of grinding down on the economy enough to get high inflation fully under control. The central bank has maintained it doesn't plan to cut interest rates until it has greater confidence that price increases are slowing sustainably to its 2% target.

“This reality, as well as economic signals that have moved sideways over the last few weeks, have resulted in mortgage rates drifting higher as markets continue to dial back expectations of interest rate cuts,” said Sam Khater, Freddie Mac's chief economist.

After climbing to a 23-year high of 7.79% in October, the average rate on a 30-year mortgage stayed below 7% this year until April. Even with the declines earlier this month, the rate remains well above where it was just two years ago at 5.09%.

The overall uptick in rates have been an unwelcome development for home shoppers in the midst of the spring homebuying season, traditionally the busiest time of the year for home sales. On average, more than one-third of all homes sold in a given year are purchased between March and June.

Sales of previously occupied U.S. homes fell in March and April as home shoppers contended with rising mortgage rates and prices. Sales of new homes also slowed in April, falling 7.7% from a year earlier, as borrowing costs slowed.

New data on contract signings for U.S. homes, a bellwether for future home sales, point to potentially further slowing of home sales.

The National Association of Realtor's pending home sales index fell 7.7% in April from the previous month, the trade group said Thursday. April's drop in pending home sales is the first since January.

“The impact of escalating interest rates throughout April dampened homebuying, even with more inventory in the market,” said Lawrence Yun, the NAR's chief economist. “But the Federal Reserve's anticipated rate cut later this year should lead to better conditions, with improved affordability and more supply.”

A lag of a month or two usually exists between when a contract is signed and when the home sale is finalized. That suggests a possible pullback in sales of previously occupied U.S. homes for May.

As rates have ticked higher, so have the monthly payments home shoppers need to take on when applying for a mortgage.

The national median monthly payment listed on home loan applications was \$2,256 in April, a 2.5% increase from the previous month and 6.8% higher than what it was a year earlier, according to the Mortgage Bankers Association.















# BUSINESS

## LAYIN’ IT ON THE LINE

# Why good mental health is so important in retirement

Mental health plays a crucial role in retirement, significantly influencing overall well-being, quality of life and adjustment to this important life transition. While retirement can offer newfound freedom and opportunities, it also brings unique challenges that can impact mental health. Prioritizing mental well-being during retirement is essential for maintaining happiness, fulfillment and a positive outlook on this new phase of life.



LYLE BOSS

One key reason why mental health is so important in retirement is the impact of major life changes and transitions. Retirement often involves significant adjustments in daily routines, social interactions and identity. For many retirees, the shift from a structured work environment to a more leisure-oriented lifestyle can be both exciting and challenging. Good mental health

enables retirees to adapt to these changes, manage stress, and maintain a sense of purpose and fulfillment. Furthermore, mental health influences physical health and overall quality of life during retirement. Research shows that mental well-being is closely linked to physical health outcomes, including cardiovascular health, immune function and longevity. Retirees with good mental health are more likely to engage in healthy behaviors such as regular exercise, balanced nutrition and adequate sleep, leading to improved overall health and well-being. Moreover, mental health impacts social connections and relationships in retirement. Maintaining positive mental health fosters meaningful interactions with family, friends and community members, reducing feelings of loneliness and isolation. Strong social connections contribute to a sense of belonging, support and purpose in retirement, enhancing overall happiness and life satisfaction.

Another important aspect of mental health in retirement is its influence on financial decision making and security. Good mental health enables retirees to make informed financial decisions, manage budgets effectively and plan for future expenses. Conversely, poor mental health, such as anxiety or depression, can impair decision-making abilities and lead to financial stress or insecurity. Additionally, mental health affects cognitive function and brain health in retirement. Maintaining good mental well-being through activities like reading, learning and problem solving can help preserve cognitive abilities and reduce the risk of cognitive decline or dementia. Engaging in mentally stimulating activities promotes brain health and enhances cognitive resilience during aging. Moreover, mental health impacts emotional resilience and coping skills in retirement. Retirees may encounter various life challenges, such as health issues, loss of loved

ones or changes in relationships. Good mental health enables retirees to navigate these challenges effectively, develop coping strategies, and bounce back from adversity with resilience and optimism. It's important for retirees to prioritize mental health by adopting healthy lifestyle habits and seeking support when needed. Engaging in regular physical activity, practicing relaxation techniques like meditation or yoga, maintaining a balanced diet and getting adequate sleep can all promote mental well-being during retirement. Additionally, staying socially active and connected with others is essential for mental health in retirement. Participating in social activities, volunteering, joining clubs or groups, and reaching out to friends and family members can combat feelings of loneliness and enhance emotional well-being. Seeking professional help from mental health professionals, counselors or therapists is also important if retirees experience persistent

feelings of anxiety, depression or emotional distress. Mental health professionals can provide guidance, support and resources to help retirees address mental health challenges and improve overall well-being. Mental health is vitally important in retirement for maintaining happiness, fulfillment and overall quality of life. Good mental well-being enables retirees to adapt to life changes, maintain physical health, nurture social connections, make informed financial decisions, preserve cognitive abilities and enhance emotional resilience. By prioritizing mental health and adopting healthy lifestyle habits, retirees can navigate retirement with optimism, purpose and a positive outlook on life.

Lyle Boss, a native Utahn, is a member of Syndicated Columnists, a national organization committed to a fully transparent approach to money management. Boss Financial, 955 Chambers St., Suite 250, Ogden, UT 84403. Telephone: 801-475-9400.

# Consumer spending rises



CARLOS OSORIO, ASSOCIATED PRESS

A 2024 Ford F-150 truck is assembled at the Dearborn Truck Plant on April 11 in Dearborn, Mich.

## Economic growth last quarter is revised down from 1.6% rate to 1.3%

BY PAUL WISEMAN  
Associated Press

WASHINGTON — The U.S. economy grew at a sluggish 1.3% annual pace from January through March, the weakest quarterly rate since the spring of 2022, the government said Thursday in a downgrade from its previous estimate. Consumer spending rose but at a slower pace than previously thought, a sign that high interest rates and lingering inflation are pressuring household budgets. The Commerce Department had previously estimated that the nation's gross domestic product — the total output of goods and services — expanded at a 1.6% rate last quarter. The first quarter's GDP growth marked a sharp slowdown from the vigorous 3.4% rate in the final three months of 2023. But last quarter's pullback was due mainly to two factors — a surge in imports and a reduction in business inventories — that tend to fluctuate from quarter to quarter. Thursday's report showed that imports subtracted more than 1 percentage point from last quarter's growth. A reduction in business inventories took off nearly half a percentage point. By contrast, consumer spending, which fuels about 70% of economic growth, rose at a 2% annual rate, down from 2.5% in the first estimate and from 3%-plus rates in the

previous two quarters. Spending on goods such as appliances and furniture fell at a 1.9% annual pace, the biggest such quarterly drop since 2021. Still, services spending rose at a healthy 3.9% clip, the most since mid-2021. And an uptick in business investment, led by housing, software and research and development, added more than 1 percentage point to first-quarter annual growth. A measure of inflation in the January-March GDP report was revised slightly down from the government's original estimate. But price pressures still picked up in the first quarter. Consumer prices rose at a 3.3% annual pace, up from 1.8% in the fourth quarter of 2023 and the most in a year. Excluding volatile food and energy costs, so-called core inflation rose at a 3.6% clip, up from 2% in each of the previous two quarters. The U.S. economy — the world's largest — has shown surprising durability since the Federal Reserve started jacking up interest rates more than two years ago in its drive to tame the worst outbreak of inflation in four decades. The much higher borrowing costs that resulted were expected to trigger a recession. But the economy has kept growing, and employers have kept hiring. Still, the higher rates appear to be weighing on the economy. "The impact of the Fed's tight interest rate policy is clearly visible in the first quarter GDP report," said Bill Adams, chief economist at Comerica, pointing in particular to a sharp drop in purchases of long-lasting manufactured goods. A number of signs have suggested that the economy may be weakening. More Americans, for example, are falling behind on their credit

card bills. Hiring is slowing, with businesses posting fewer open jobs. More companies, including Target, McDonalds and Burger King, are highlighting price cuts or cheaper deals to try to attract financially squeezed consumers. And with polls showing that costlier rents, groceries and gasoline are angering voters as the presidential campaign intensifies, Donald Trump has strived to pin the blame on President Joe Biden in a threat to the president's re-election bid. The economy's growth was expected to get a boost from lower interest rates this year. After having lifted its benchmark rate to a two-decade high last year, the Fed had signaled that it planned to cut rates three times in 2024. But the central bank has repeatedly pushed back the start of the rate cuts. Most Wall Street traders don't expect the first rate reduction until November, according to the CME FedWatch tool. The rate cuts have been pushed back because inflation, after falling steadily in late 2022 and most of 2023, remains stuck above the Fed's 2% target level. "The outlook going forward is uncertain," said Rubeela Farooqi, chief U.S. economist at High Frequency Economics. "A delay in Fed rate cuts to counter sticky inflation could be headwinds for consumption and the growth trajectory over coming quarters." Thursday's report was the second of three government estimates of first-quarter GDP growth. The Commerce Department will issue its first estimate of the current quarter's economic performance on July 25. A forecasting tool issued by the Federal Reserve Bank of Atlanta suggests that economic growth is on track to accelerate to a 3.5% annual rate from April through June.

## POSITIVE STRUGGLES

# The power of perspective

Rushing to work at a hospital, a nurse was driving too fast and failed to stop for a stoplight. A policeman caught up with her in the next block and said, "Doesn't that red light remind you of something?" The nurse replied, "Oh, yes, someone needs a bed pan." After some explaining, the bemused officer reminded her to pay attention to her driving and kindly let her off with a warning. Understanding different points of view is essential in both our personal and professional lives. It's about recognizing that everyone has their own unique perspective shaped by their experiences, beliefs and knowledge.



HARVEY MACKAY

For example, three people with different occupations looked at the Grand Canyon. The archaeologist said, "What a wonder of science!" The clergy said, "One of the glories of God!" The cowboy said, "A heck of a place to lose a cow!" In business, it is crucial to understand the perspectives of your customers, employees and competitors. This understanding can guide your strategies, product development and customer service. Treating different points of view with respect and consideration is paramount for both personal growth and professional success. It starts with active listening and empathy. Truly listen to what others have to say without interrupting or planning your response while they are speaking. This shows respect and allows you to fully understand their perspective. Try to put yourself in the other person's shoes. This doesn't mean you have to agree with them, but understanding their feelings and viewpoint can be enlightening and can lead to better mutual understanding. If you are unsure about someone's point of view, ask clarifying questions. This can help prevent misunderstandings and shows that you are genuinely interested in what they have to say. By asking what their ideal product would be or how their ideal supplier could improve, you gain invaluable insights that can drive innovation and customer satisfaction. Asking open-ended questions can lead to deeper insights and may even challenge your own preconceptions. At MackayMitchell Envelope Company, we listen to what our customers are looking for, whether it is an advertising opportunity, a unique color or an efficient billing envelope. We present options and listen to their specific needs to satisfy their interests. Acknowledge the validity of other perspectives, even

if they differ from your own. Recognition doesn't equate to agreement, but it does foster a respectful dialogue. Embrace the diversity of opinions as a strength. Different perspectives can lead to more robust solutions and innovations. Look for areas of agreement or shared values that can serve as a foundation for collaboration and progress, especially in situations of conflict or negotiation. Sometimes you may need to find a middle ground that respects different viewpoints while still achieving a common goal. Consider how your own biases and experiences shape your perspective. Be open to learning and changing your viewpoint when presented with new information or compelling arguments. Use differing perspectives as an opportunity for personal and professional growth. They can challenge you to think in new ways and expand your horizons. In essence, treating different points of view with the care they deserve is about fostering understanding, respect and collaboration. It is about building bridges rather than walls and recognizing that our shared humanity is enriched by our differences. Embracing different points of view is a strategic advantage in life and business. It allows us to connect with others, solve problems creatively and see opportunities where others might not. To understand the full picture, you must be willing to look through someone else's lens. That seems like a tall order in today's polarized climate, when we can't seem to agree on anything. But we must remember, agreement is not necessarily the desirable goal. Instead, we should focus on respectfully accepting that our differences are what make life interesting. An old story tells of two men who were walking along the streets of London when the music of some beautiful chimes from a nearby cathedral floated through the air. One of the men remarked to the other, "Isn't that wonderful music?" "I didn't hear what you said," replied the other. "Aren't those chimes beautiful?" repeated the first man. But the other man once again failed to catch the words, and the first man asked yet again, "Isn't that gorgeous music?" "It's no use," replied his friend. "Those pesky bells are making so much noise that I can't hear a word you're saying." Mackay's Moral: The wise person doesn't just tolerate different points of view; they treasure them. Harvey Mackay can be reached through his website, www.harvey-mackay.com, by emailing harvey@mackay.com or by writing him at MackayMitchell Envelope Co., 2100 Elm St. SE, Minneapolis, MN 55414.



<div><div></div><div>DOW</div><div>38,686.32 -383.27</div></div>	<div><div></div><div>NASDAQ</div><div>16,735.02 -185.78</div></div>	<div><div></div><div>S&amp;P 500</div><div>5,277.51 -27.21</div></div>	<div><div></div><div>10-YR T-NOTE</div><div>4.50% +0.3</div></div>	<div><div></div><div>30-YR T-BOND</div><div>4.65% +0.8</div></div>	<div><div></div><div>CRUDE OIL</div><div>\$76.99 -73</div></div>	<div><div></div><div>GOLD</div><div>\$2,322.90 -9.60</div></div>	<div><div></div><div>EURO</div><div>\$1.0842 -.0008</div></div>
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Splitsville: When stocks see gains after a split

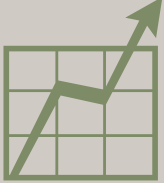
By Stan Choe; Jenni Sohn

In some rare cases, a lower stock price can actually be a boon for investors.

Consider Nvidia, the chip company whose stock price has soared well above \$1,000 as Wall Street's frenzy around artificial-intelligence technology keeps revving higher. The company recently said it would undergo a stock split, where each of its investors in early June will get nine additional shares for every one that they already own.

Such a split should send Nvidia's stock price down by about 90%, all else equal. Each investor would still, though, hold as many total investment dollars in Nvidia as before the split.

Nvidia said it's making the move to



Off The Charts

make its stock price more affordable for its employees and for other investors. An investor may be more willing to buy a stock with a \$100 price tag than one that costs \$1,000, even if some brokerages allow investors to buy fractions of a company's share.

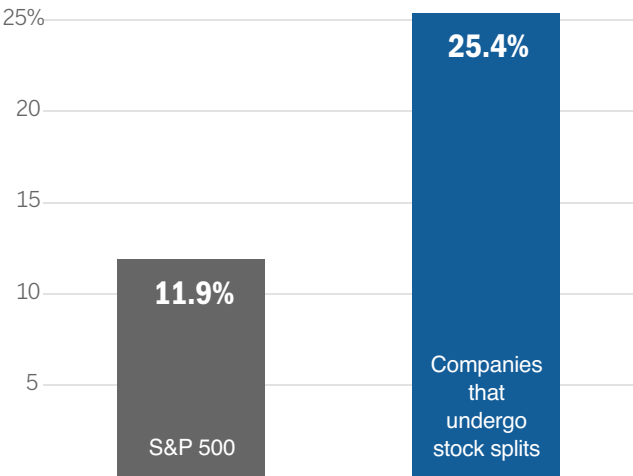
What's more, if history is a guide, Nvidia could see its stock prices continue to rise more than the rest of the market. "Historically, stocks have notched 25% total returns in the 12 months after a split is announced, compared to 12% for the broad index," according to the BofA Global Research's research investment committee.

Of course, some of that

outperformance may be because companies that tend to undergo splits usually do so only after a run of success where their stock prices have climbed strongly. And a stock split doesn't guarantee an ensuing rise in price. Look at Tesla, which fell nearly 12% in the year after it announced a three-for-one stock split on Aug. 5, 2022. The S&P 500 rose 8% over that same time.

But the strategists at Bank of America found that the edge in performance for companies that announce stock splits also carried through all kinds of different markets. That includes not only 1990 to 1999, when the U.S. economy kept powering higher, but also from 2000 to 2009 when the dot-com bubble and then the housing bubble burst.

12-month total returns after a stock split is announced



Sources: BofA Research Investment Committee

AP

Stocks of Local Interest

COMPANY	TICKER	LOW	52-WK RANGE	HIGH	FRIDAY CLOSE	\$CHG 1WK	%CHG 1WK	MO	QTR	%CHG YTD	%RTN 1YR	PE	DIV	YLD
ASML Holding NV	ASML	564.00	1056.34	960.35	4.13	0.4	▲ ▼	26.9	31.1	49	3.18e	0.3		
AbbVie Inc	ABBV	130.96	182.89	161.24	4.18	2.7	▼ ▼	4.0	16.9	48	5.92	3.7		
Alphabet Inc C	GOOG	115.83	179.95	173.96	-2.37	-1.3	▲ ▲	23.4	41.5	33	0.20p	...		
Alphabet Inc A	GOOGL	115.35	178.77	172.50	-2.49	-1.4	▲ ▲	23.5	41.2	33	0.20p	...		
Amazon.com Inc	AMZN	118.35	191.70	176.44	-4.31	-2.4	▼ ▼	16.1	51.6	61	...	...		
Amer Elec Power	AEP	69.38	93.44	90.25	1.28	1.4	▲ ▲	11.1	10.6	23	3.52f	3.9		
Apple Inc	AAPL	164.08	199.62	192.25	2.27	1.2	▲ ▲	-0.1	9.1	30	1.00f	0.5		
Bank of America	BAC	24.96	39.84	39.99	0.29	0.7	▲ ▲	18.8	40.1	14	0.96	2.4		
Berkshire Hath B	BRK/B	319.00	430.00	414.40	6.99	1.7	▲ ▲	16.2	26.0	56	...	...		
Broadcom Inc	AVGO	776.38	1445.40	1328.55	-79.29	-5.6	▲ ▼	19.0	73.5	cc	21.00f	1.6		
Cardinal Health	CAH	80.90	116.04	99.27	2.88	3.0	▲ ▲	-1.5	18.5	39	2.02f	2.0		
Chevron Corp	CVX	139.62	171.70	162.30	4.55	2.9	▲ ▲	8.8	5.9	15	6.52	4.0		
Cleveland-Cliffs Inc	CLF	13.61	22.97	17.28	0.37	2.2	▼ ▼	-15.4	16.8	23	...	...		
Costco Wholesale	COST	501.59	819.50	809.89	0.16	0.0	▲ ▲	22.7	62.9	76	4.64f	0.6		
Dominion Energy	D	39.18	54.74	53.92	1.80	3.5	▲ ▲	14.7	10.5	23	2.67	5.0		
DuPont de Nemours	DD	61.14	82.63	82.16	1.42	1.8	▲ ▲	6.8	22.4	88	1.52f	1.9		
EQT Corp	EQT	32.07	45.23	41.09	0.94	2.3	▲ ▲	6.3	14.5	30	0.63f	1.5		
Eli Lilly	LLY	422.06	820.61	820.34	12.91	1.6	▲ ▲	40.7	91.7	cc	5.20	0.6		
Exxon Mobil Corp	XOM	95.77	123.75	117.26	3.84	3.4	▲ ▲	17.3	11.8	14	3.80	3.2		
FirstEnergy Corp	FE	32.18	40.65	40.26	1.29	3.3	▲ ▲	9.8	9.4	22	1.70f	4.2		
GE Aerospace	GE	79.52	170.80	165.14	-2.19	-1.3	▲ ▲	62.2	100.3	54	1.12f	0.7		
Halliburton	HAL	28.44	43.85	36.70	0.59	1.6	▼ ▲	1.5	20.7	13	0.68	1.9		
Hess Corp	HES	124.27	167.75	154.10	2.71	1.8	▼ ▲	6.9	15.7	34	1.75	1.1		
Home Depot	HD	274.26	396.87	334.87	12.02	3.7	▼ ▼	-3.4	14.2	20	9.00	2.7		
JPMorgan Chase	JPM	134.40	205.88	202.63	1.92	1.0	▲ ▲	19.1	47.8	12	4.60f	2.3		
Johnson & Johnson	JNJ	143.13	175.97	146.67	-0.30	-0.2	▼ ▼	-6.4	-3.3	9	4.96f	3.4		
Kroger Co	KR	42.10	58.34	52.37	-0.62	-1.2	▼ ▲	14.6	12.1	35	1.16	2.2		
Lowes Cos	LOW	181.85	262.49	221.29	6.08	2.8	▼ ▼	-0.6	5.9	22	4.40f	2.0		
MasterCard Inc	MA	357.85	490.00	447.07	-4.11	-0.9	▲ ▼	4.8	18.9	38	2.64f	0.6		
Merck & Co	MRK	99.14	133.10	125.54	-3.95	-3.1	▼ ▼	15.2	16.1	cc	3.08	2.5		
Meta Platforms Inc	META	258.45	531.49	466.83	-11.39	-2.4	▲ ▼	31.9	81.4	27	0.50p	...		
Microsoft Corp	MSFT	309.45	433.60	415.13	-15.03	-3.5	▲ ▼	10.4	29.9	40	3.00	0.7		
Netflix Inc	NFLX	344.73	664.25	641.62	-5.13	-0.8	▲ ▲	31.8	72.8	45	...	...		
Nvidia Corporation	NVDA	373.56	1158.19	1096.33	31.64	3.0	▲ ▲	121.4	194.7	cc	0.04	...		
Oracle Corp	ORCL	99.26	132.77	117.19	-5.72	-4.7	▲ ▲	11.2	20.4	49	1.60	1.4		
Procter & Gamble	PG	141.45	168.54	164.54	-0.79	-0.5	—	12.3	13.8	27	4.03f	2.4		
Range Resources	RRC	25.89	39.33	36.91	1.13	3.2	▲ ▲	21.3	25.7	19	0.08	0.2		
Tesla Inc	TSLA	138.80	299.29	178.08	-1.16	-0.6	▼ ▼	-28.3	-8.8	45	...	...		
Truist Financial Cp	TFC	26.57	40.51	37.75	-0.65	-1.7	▼ ▲	2.2	28.8	...	2.08	5.5		
Utd Bncp OH	UBCP	9.70	15.50	12.04	-0.27	-2.2	▼ ▼	-6.2	13.7	8	0.70f	5.8		
Utd Bankshares WV	UBSI	25.35	38.74	32.44	-0.27	-0.8	▼ ▼	-13.6	8.6	12	1.48	4.6		
UnitedHealth Group	UNH	436.38	554.70	495.37	-12.80	-2.5	▲ ▲	-5.9	2.2	30	7.52f	1.5		
Visa Inc	V	216.14	290.96	272.46	-2.03	-0.7	▲ ▼	4.7	20.4	30	2.08f	0.8		
Walmart Strs	WMT	48.34	65.69	65.76	0.38	0.6	▲ ▲	0.0	34.6	33	0.83	1.3		
Wesbanco	WSBC	23.00	32.20	27.60	-0.12	-0.4	▼ ▼	-12.0	15.1	12	1.44	5.2		

Company Spotlight

Filling the Gap

Gap Inc. made its biggest gain in more than six months Friday after the fashion retailer easily beat Wall Street's profit expectations and raised its full-year sales guidance.

Gap, the parent company of Old Navy and Banana Republic, earned 41 cents per share in the first quarter, nearly tripling analyst projections of 14 cents per share. It also beat sales targets, bringing in revenue of \$3.4 billion.



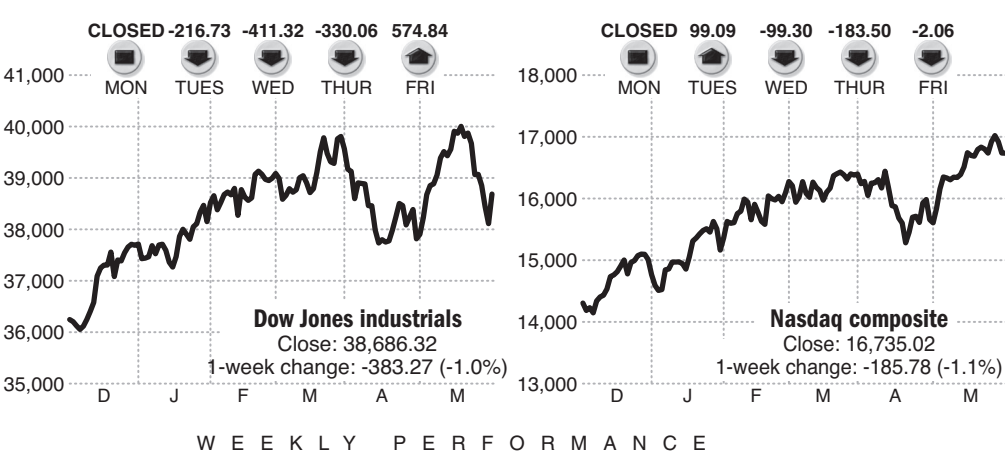
The San Francisco retailer reported growth across its major brands, reversing earlier declines at most of them. The retailer also raised its forecasts for sales and profitability this year.

In February, Gap tapped American fashion designer Zac Posen as the chain's creative director, among the first big personnel moves under the chain's new CEO Richard Dickson, who the company appointed in August to turn around languishing sales.

Gap Inc. (GPS)	Friday's close: \$28.96, +6.44	Total return	1-yr	3-yr	5-yr
52-WEEK RANGE	Price-earnings ratio: 16 (Based on past 12-month results)	GPS	277.7%	-0.4	13.2
\$8	\$29	Div. yield: 2.1%		Dividend: \$0.60	

AP  
Dividend Footnotes: a - Extra dividends were paid, but are not included. b - Annual rate plus stock. c - Liquidating dividend. e - Amount declared or paid in last 12 months. f - Current annual rate, which was increased by most recent dividend announcement. i - Sum of dividends paid after stock split, no regular rate. j - Sum of dividends paid this year. Most recent dividend was omitted or deferred. k - Declared or paid this year, a cumulative issue with dividends in arrears. m - Current annual rate, which was decreased by most recent dividend announcement. p - Initial dividend, annual rate not known, yield not shown. r - Declared or paid in preceding 12 months plus stock dividend. t - Paid in stock, approximate cash value on ex-distribution date.  
PE Footnotes: q - Stock is a closed-end fund - no P/E ratio shown. cc - P/E exceeds 99. dd - Loss in last 12 months.

StocksRecap



52-WEEK HIGH	52-WEEK LOW	INDEX	CLOSE	FRI CHG	WK CHG	WK %CHG	YTD %CHG	1YR %CHG
40,077.40	32,327.20	Dow Industrials	38,686.32	574.84	-383.27	-.98	2.64	14.58
16,717.04	13,471.47	Dow Transportation	15,238.30	262.41	155.36	1.03	-4.15	7.69
958.67	765.47	Dow Utilities	946.42	23.60	20.31	2.19	7.34	5.15
18,421.92	14,638.37	NYSE Composite	18,083.69	231.34	-26.90	-1.15	7.30	17.85
17,032.65	12,543.86	Nasdaq Composite	16,735.02	-2.06	-185.78	-1.10	11.48	26.39
5,341.88	4,103.78	S&P 500	5,277.51	42.03	-27.21	-.51	10.64	23.24
1,353.65	1,065.49	S&P SmallCap	1,329.65	14.12	9.06	.69	.86	12.52
53,567.62	41,178.32	Wilshire 5000	52,875.52	383.26	-312.59	-.59	9.48	22.45
2,135.46	1,633.67	Russell 2000	2,070.13	13.53	.46	.02	2.12	13.07

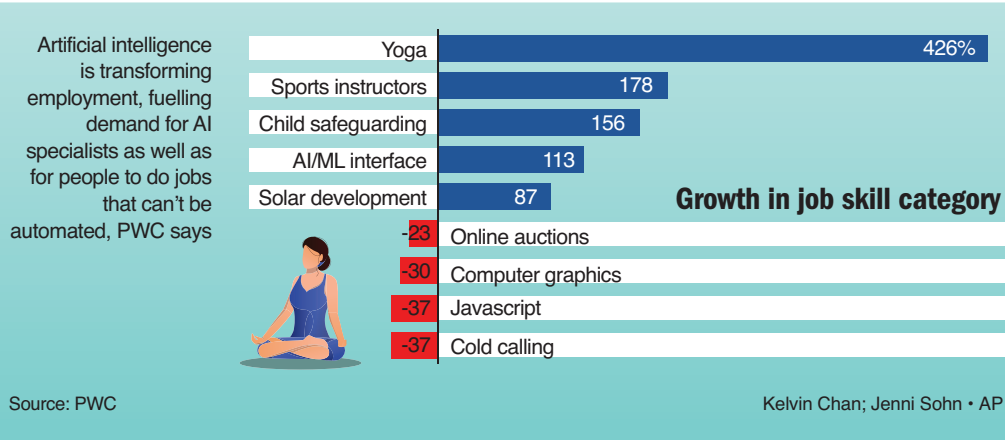
Help wanted



The artificial intelligence revolution is shaking up the world of work. Job openings that require specialist AI skills have grown 3.5 times faster than for all jobs since 2012, according to a new report by consultancy firm PWC. Furthermore, jobs that demand AI specialist skills like deep learning or natural language processing can command a 25% wage premium, the report said.

But that's not the whole story. AI can also supercharge productivity of workers who don't have specialist AI skills. That's because those specialists

can design generative AI tools for a company's broader workforce. What makes generative AI such a powerful technology is that it "can be operated using simple everyday language," the report said. While the AI boom has evoked widespread fears that the technology will devastate demand for some types of job skills, it's also creating demand for others that can't be easily automated. "From dam construction to sports instruction, some skills with booming demand are relatively hard for AI to perform," the report said.



Markets close out bloom-filled May

BY STAN CHOE  
Associated Press

NEW YORK — An already verdant May for Wall Street finished with another push higher as stocks rallied Friday after a report showed inflation is at least not worsening.

The S&P 500 rose 0.8% to close its sixth winning month in the last seven. The main measure of the U.S. stock market's health set an all-time high late in the month after clawing back all its losses from a rough April.

The Dow Jones Industrial Average jumped nearly 575 points, or 1.5%, while sagging prices for some big technology stocks held back the Nasdaq composite. It slipped by less than 0.1%.

Gap soared to one of the market's biggest gains, 28.6%,

after delivering stronger profit and revenue for the latest quarter than analysts expected. The parent company of Old Navy and Banana Republic reported growth across its brands, reversing earlier declines at most of them. The retailer also raised its forecasts for sales and profitability this year despite saying the outlook for the economy remains uncertain.

Stocks broadly got a boost from easing Treasury yields in the bond market after the latest reading on inflation came in roughly as expected. That left open the question of when Wall Street will get the lower interest rates that it craves.

The report showed a key measure of inflation remained at 2.7% last month, exactly as forecast. Some underlying trends also improved by

a touch more than expected. That could bolster confidence at the Federal Reserve that inflation is sustainably heading toward its target of 2%, something it says it needs before it will cut its main interest rate. The Fed has been keeping the federal funds rate at the highest level in more than 20 years in hopes of slowing the economy enough to stifle high inflation. But if it holds rates too high for too long, it could choke off the economy's growth and cause a recession that throws workers out of their jobs and craters profits for companies. Friday's report from the U.S. government showed that growth in spending by consumers weakened by more than economists expected. Growth in incomes for Americans also slowed last month.

Daily Herald

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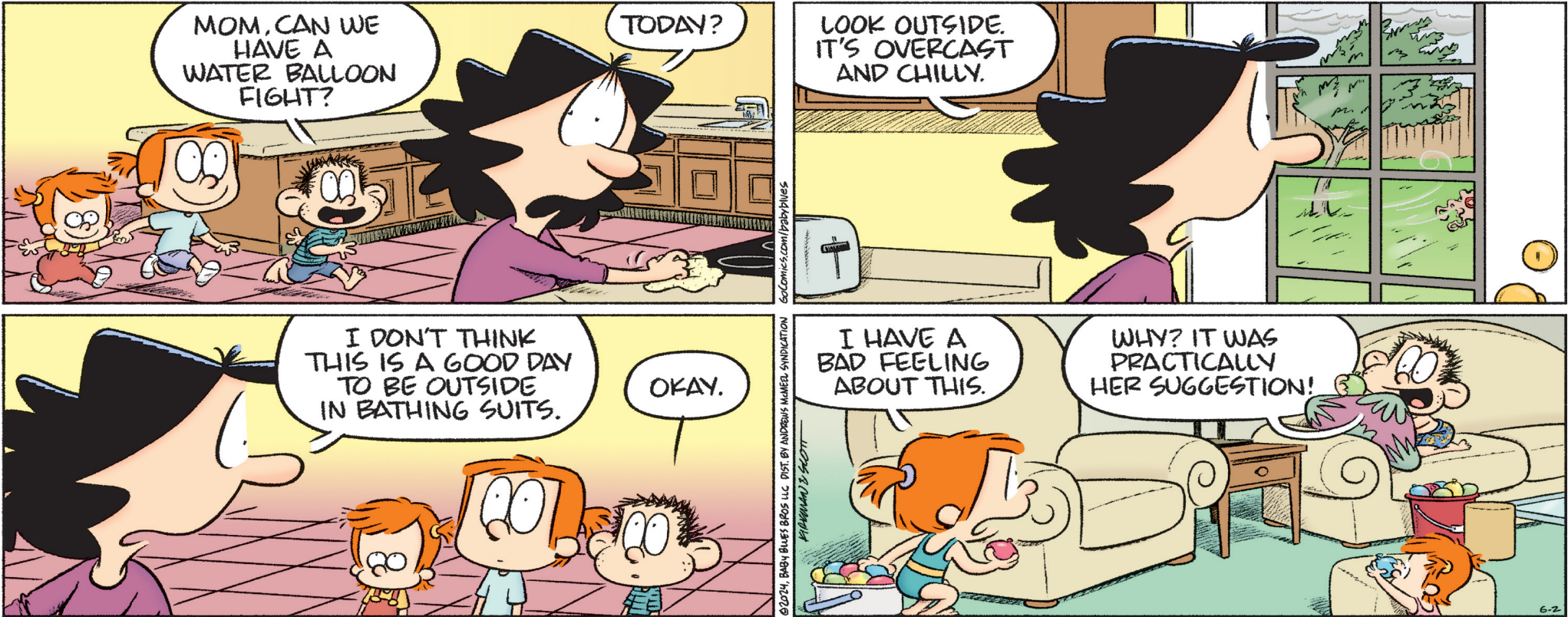
heraldextra.com/apps Search app store for "CougarBlue"



SUNDAY COMICS

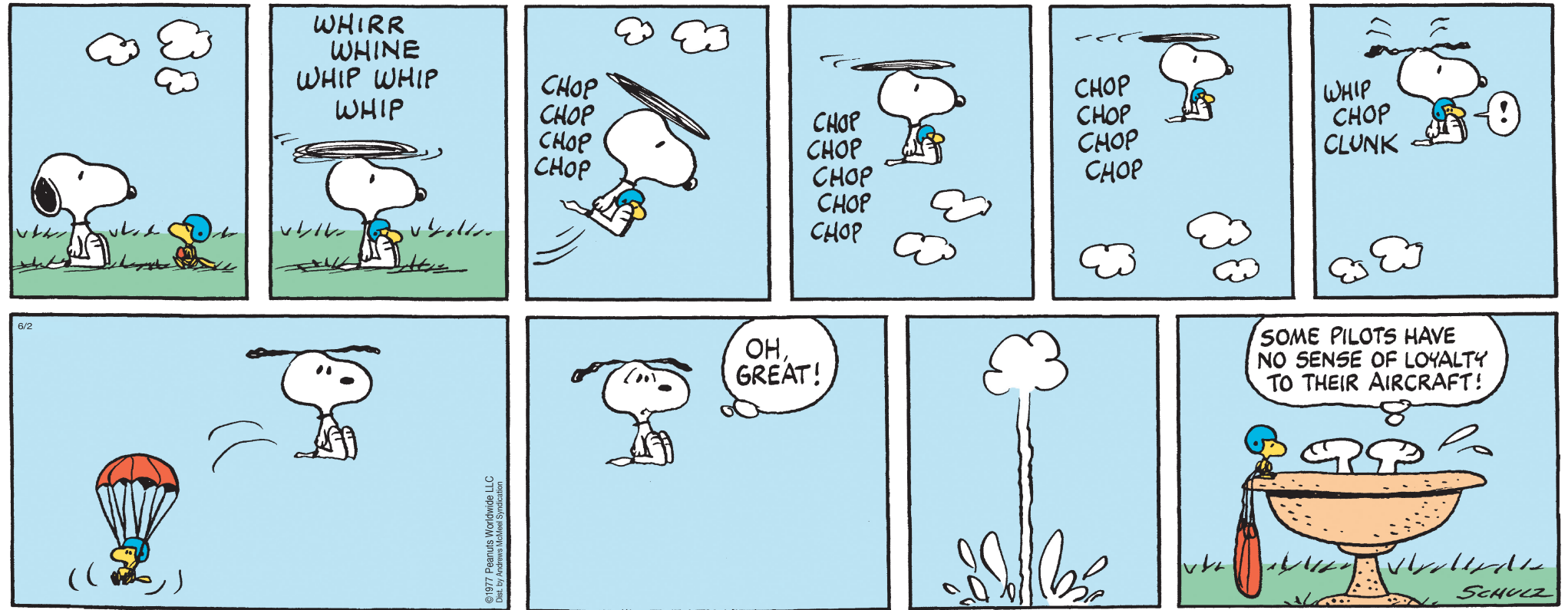
Baby Blues

Rick Kirkman & Jerry Scott



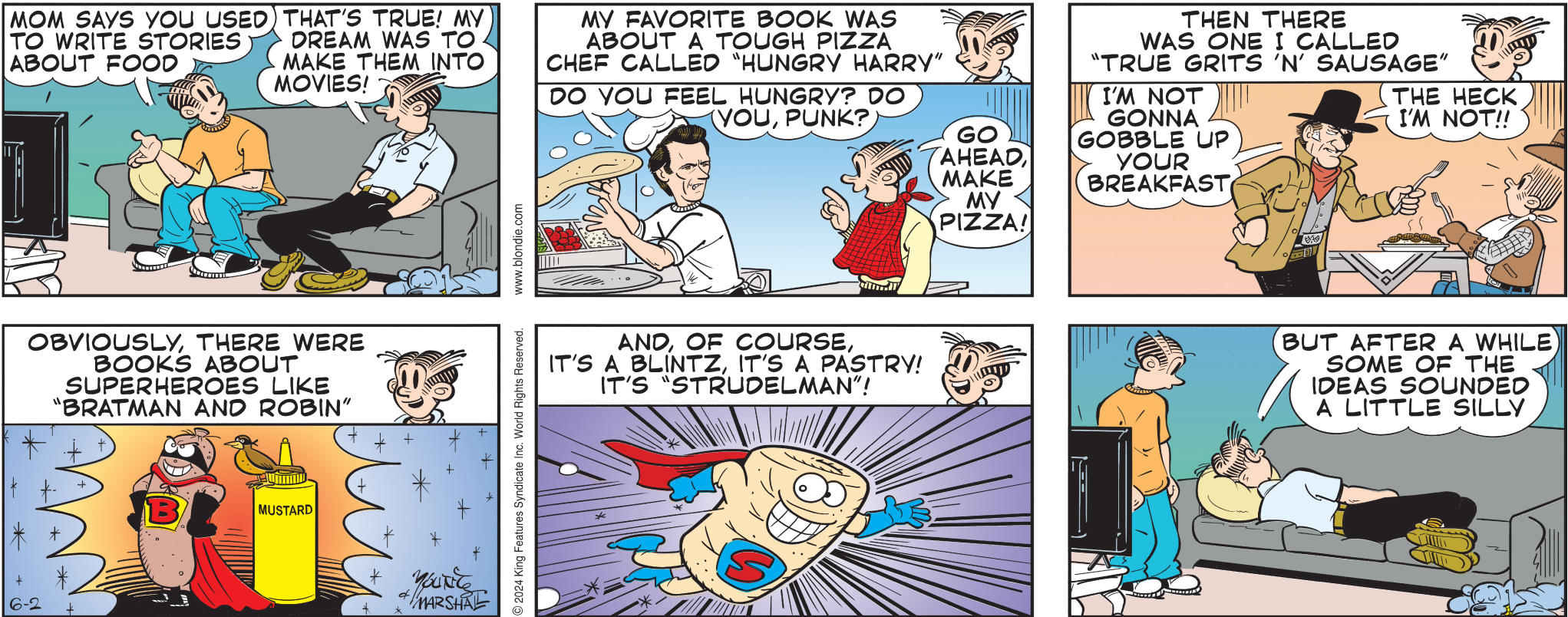
CLASSIC PEANUTS

BY CHARLES SCHULZ



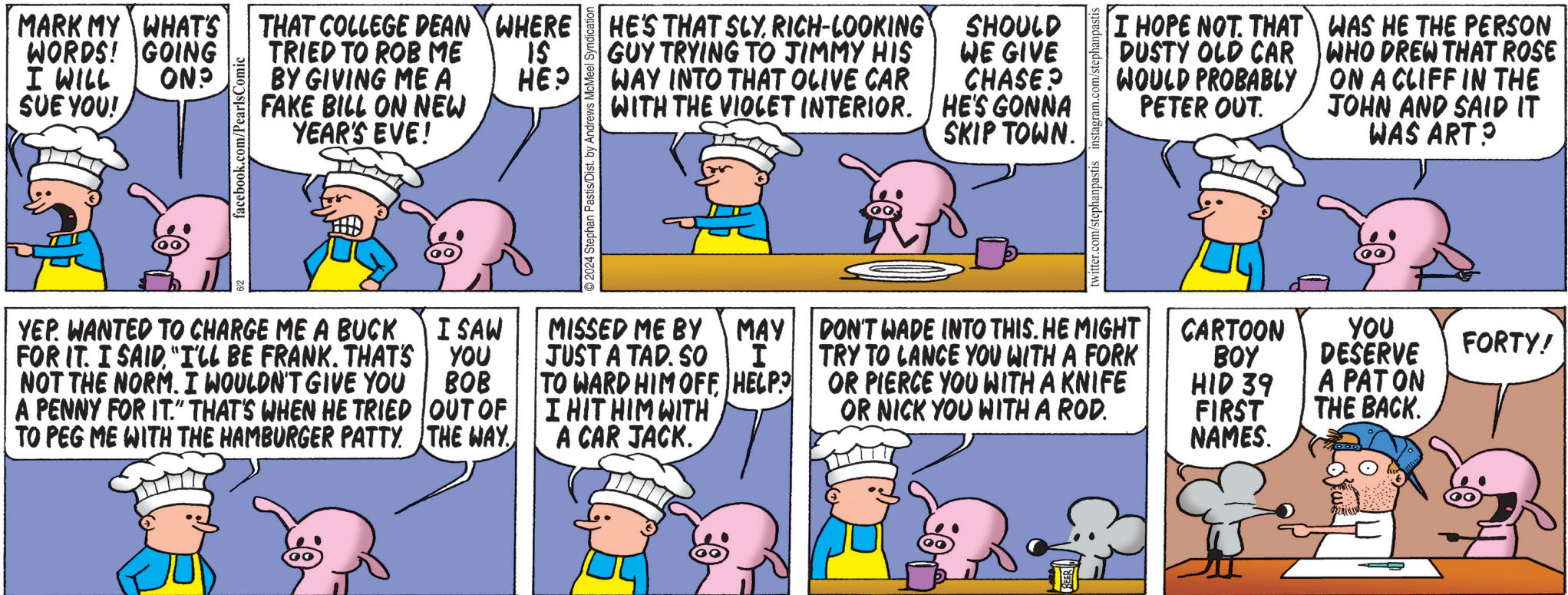
BLONDIE

BY DEAN YOUNG & JOHN MARSHALL



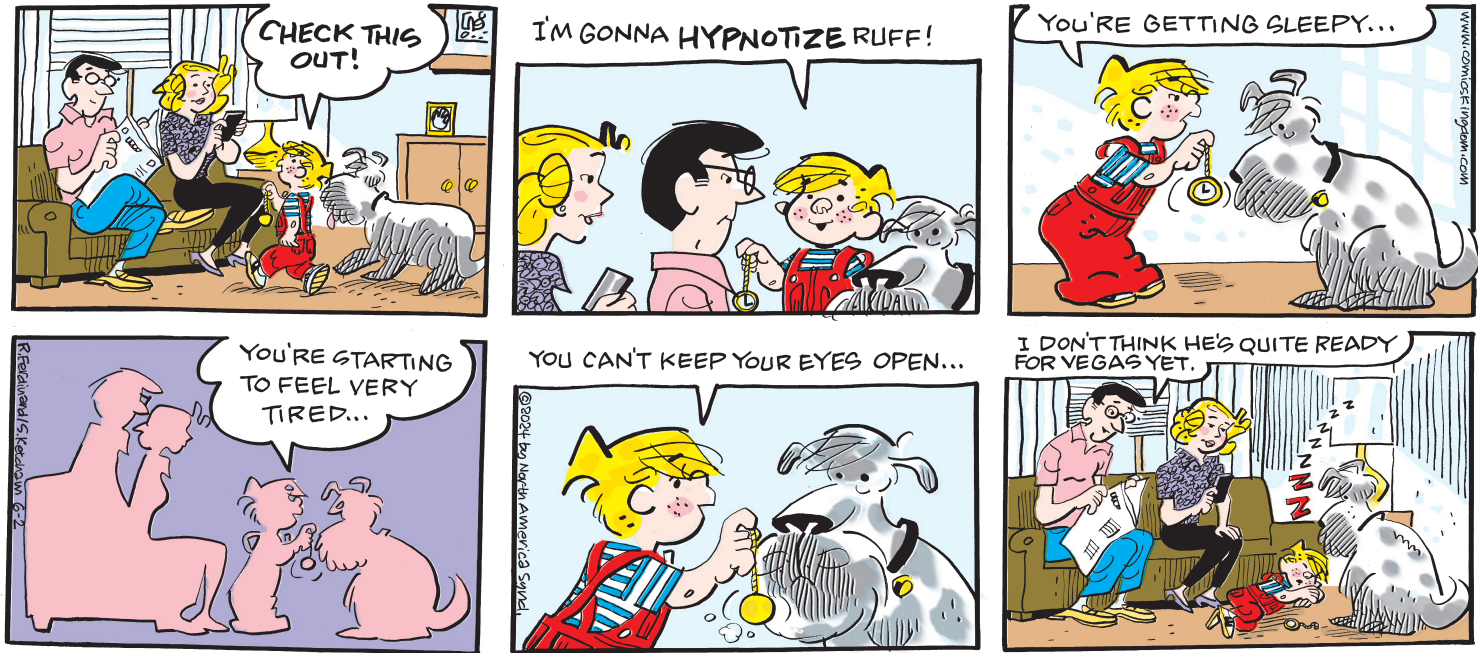
PEARLS BEFORE SWINE

BY STEPHAN PASTIS





DENNIS THE MENACE

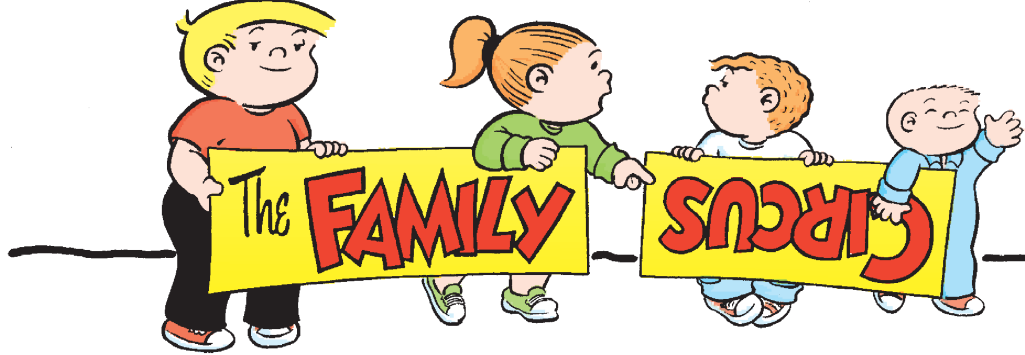
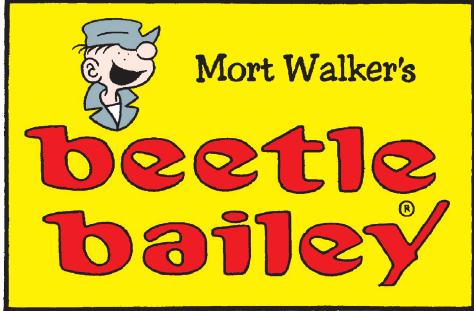
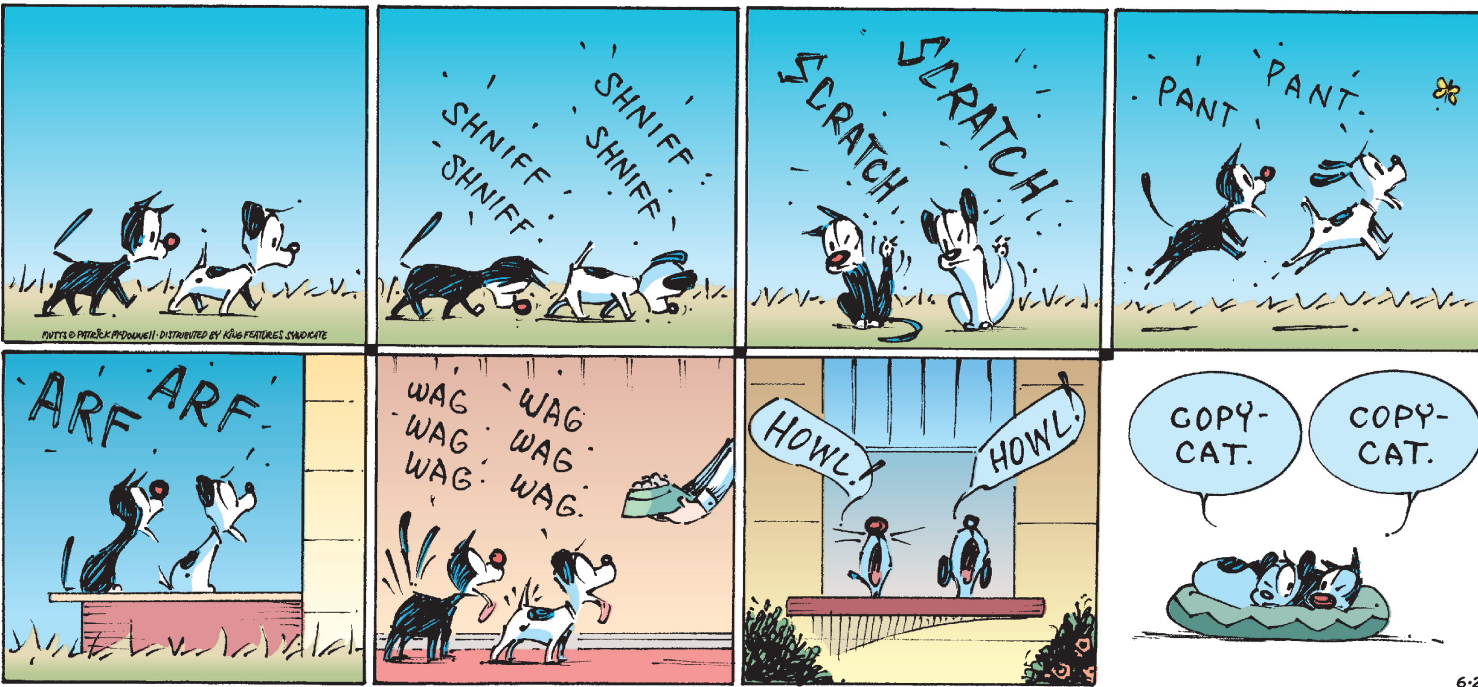


GARFIELD BY JIM DAVIS



MUTTS

BY PATRICK M'DONNELL

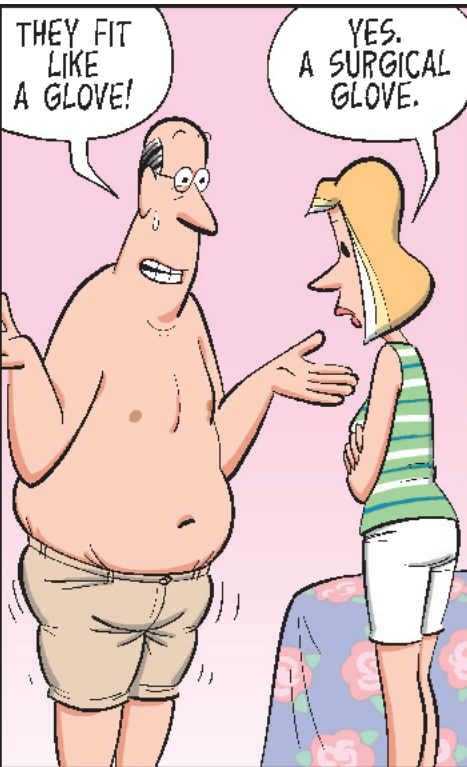
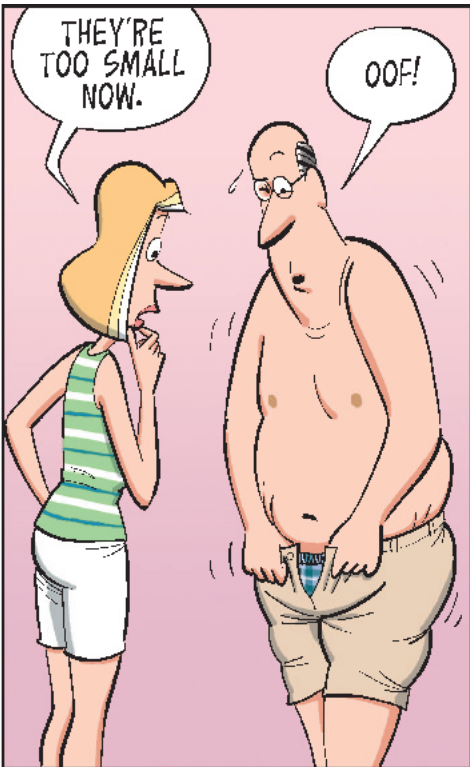
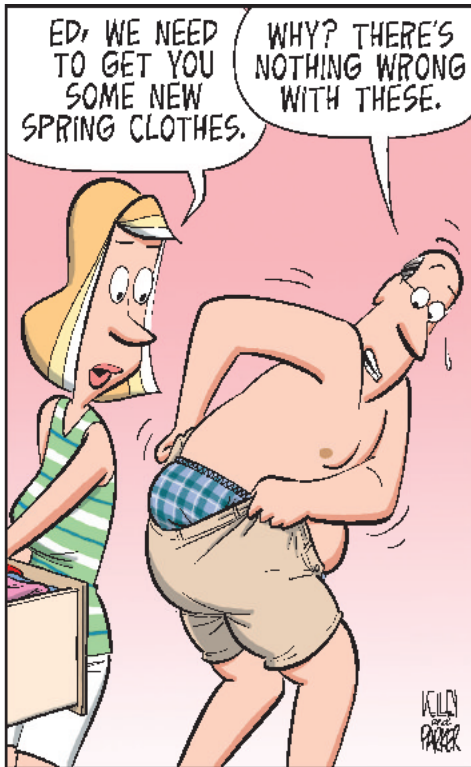
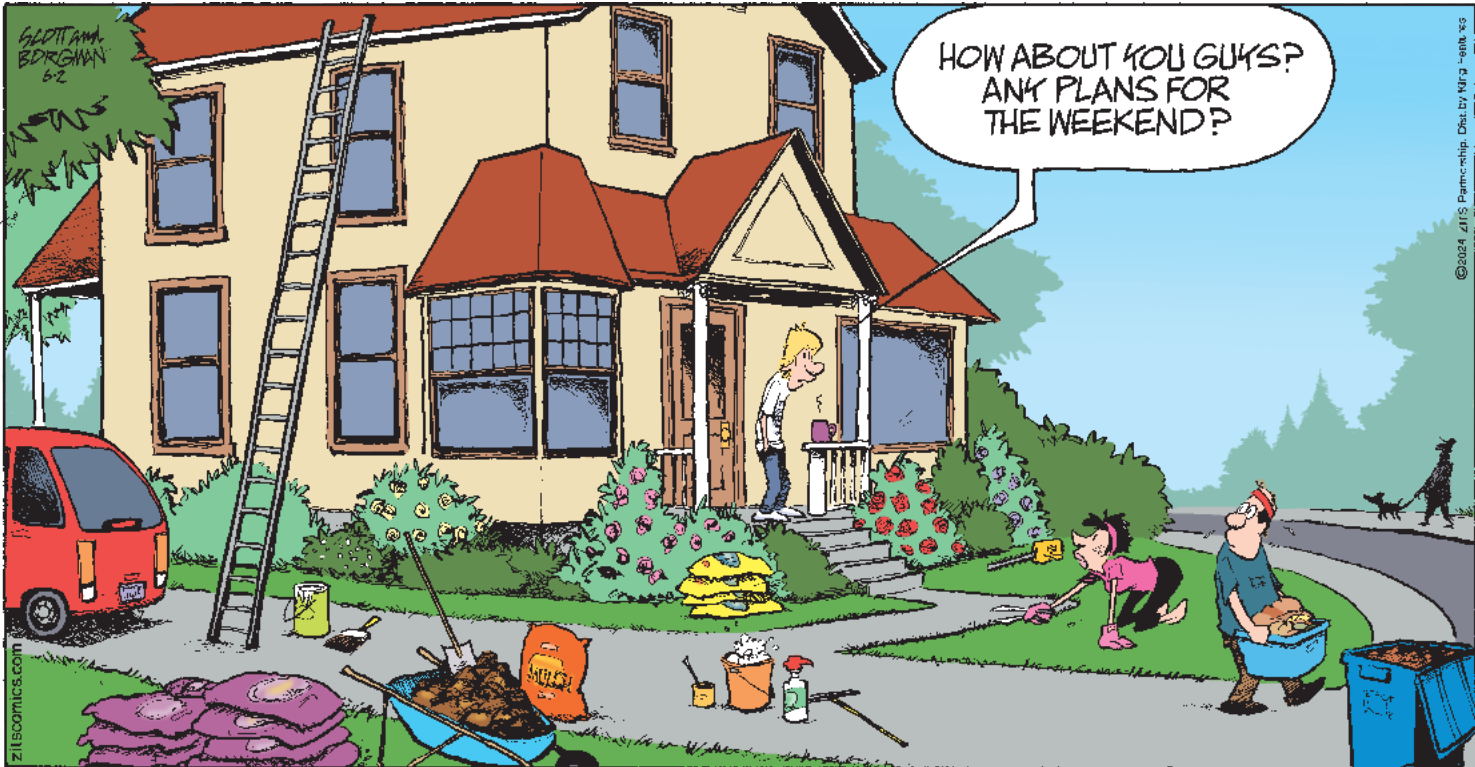
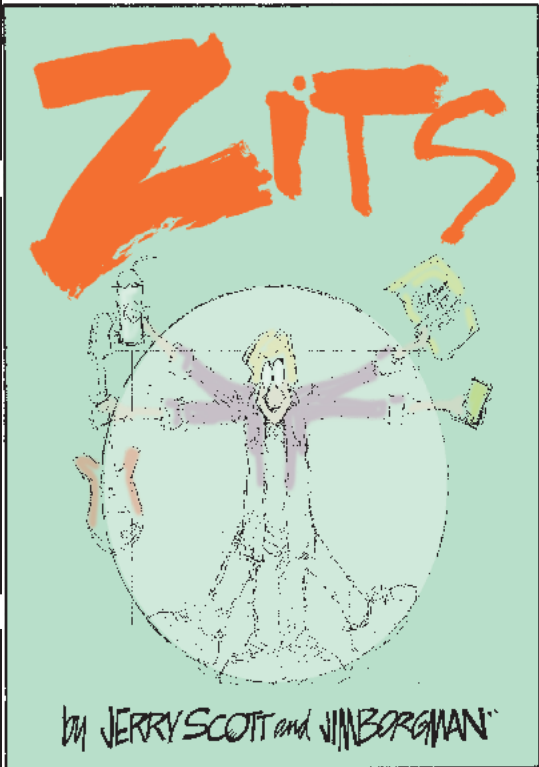
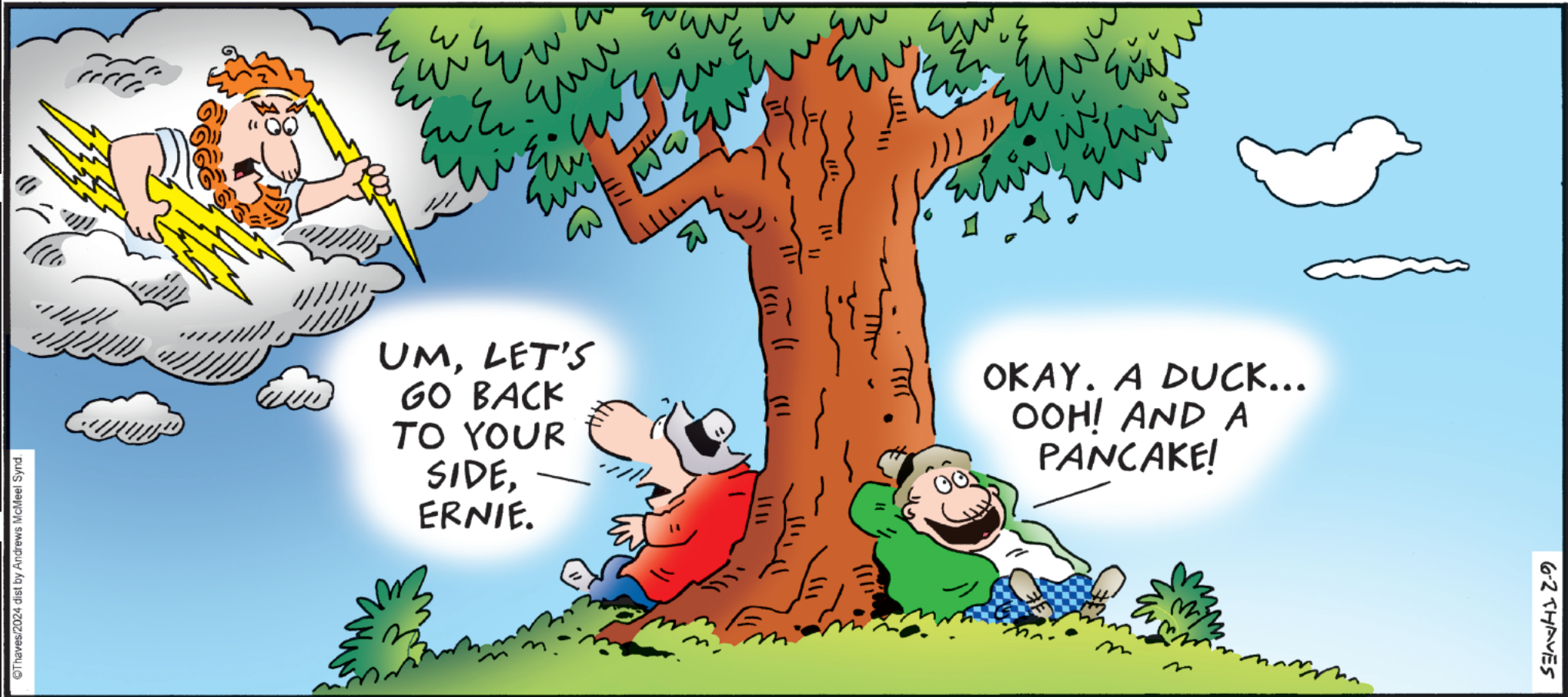


By Bil Keane





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EASY

2÷	3×		4
		1-	
7+		1-	
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CHALLENGING

2-	11+		2÷	12×
	8+	3-		
		14+	2-	2÷
5	5-			
2÷	5+	8+		180×
			9+	

TODAY'S ANSWERS

9	4	3	1
5	6	2	4
3	1	4	3
2	4	6	3
1	2	1	4
4	3	1	2
2	1	4	3
3	1	4	3

9	4	3	1
5	6	2	4
3	1	4	3
2	4	6	3
1	2	1	4
4	3	1	2
2	1	4	3
3	1	4	3

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### RULES

- Each row and each column must contain the numbers 1 through 4 (easy) or 1 through 6 (challenging) without repeating.
- The numbers within the heavily outlined boxes, called cages, must combine using the given operation (in any order) to

- produce the target numbers in the top-left corners.
- Freebies: Fill in single-box cages with the number in the top-left corner.

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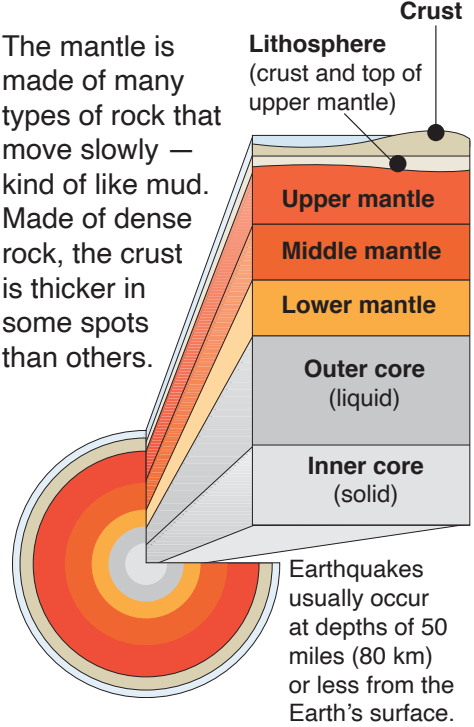
Daily Herald  
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# EARTHQUAKES

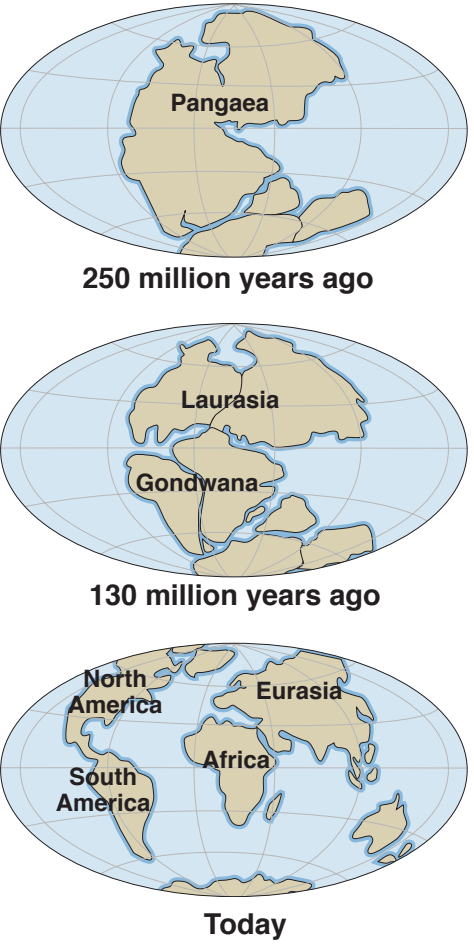
## A peek inside

Scientists believe the inner core of the Earth is a super-hot ball of solid nickel. The outer core is thought to be mostly molten iron.



## Continental drift

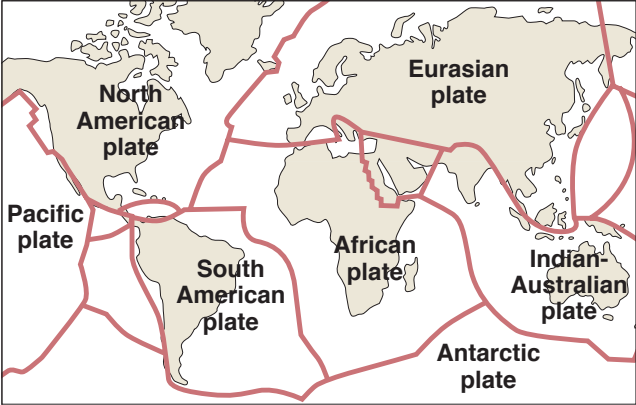
In 1923, when the German scientist Alfred Wegener suggested that the continents were moving, he was ridiculed. However, with the discovery of the Mid-Atlantic Ridge and some very young volcanic rock on the ocean floor in the mid-1950s, the idea of continental drift took hold. Have you ever noticed how the continents seem to fit together like pieces in a jigsaw puzzle? Scientist believe this is because millions of years ago, the continents were a single landmass.



There is a 100% chance of an earthquake occurring today. Most earthquakes are so mild that only sensitive instruments can detect them; others are powerful enough to be felt miles away from where they began. Although scientists are sure an earthquake will happen today, they have no idea exactly where, when or how powerful it might be.

## Theory of plate tectonics

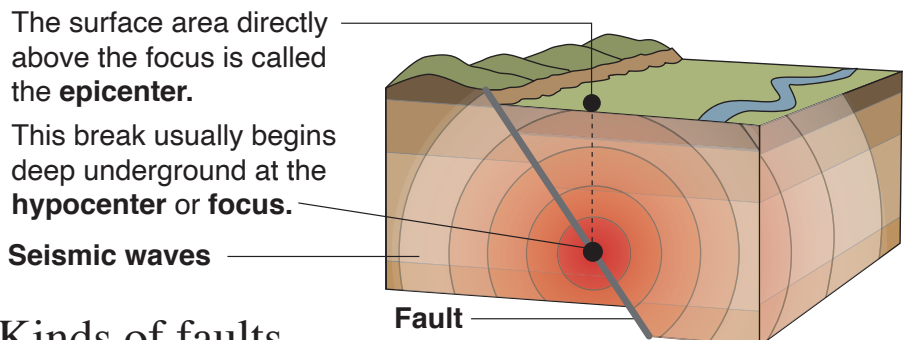
The Earth's crust consists of 20 constantly moving tectonic plates. These plates float on the molten rock of the outer mantle and are in constant motion. As the plates bang into each other, pull away and scrape against one another, they cause tremors, or earthquakes. About 95% of all earthquakes occur at active plate boundaries called **fault lines**.



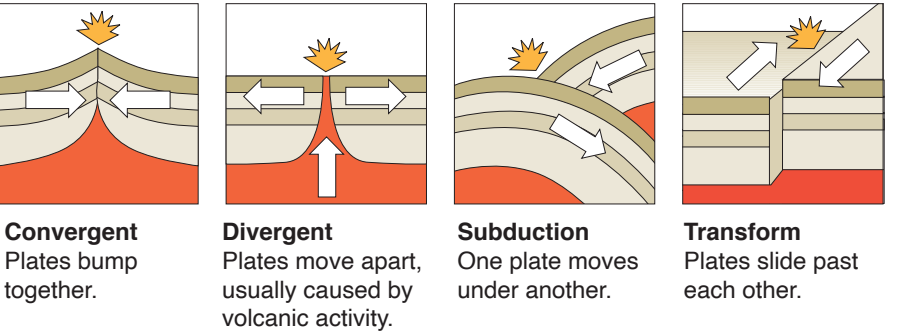
Scientists are not sure what makes the tectonic plates move. **Convection cell theory** suggests that the plates are moved by a convection current created by the extreme heat of Earth's mantle. **Plume theory** explains plate movement as a result of hot spots rising in the mantle.

## When plates collide

Earthquakes happen when the stress between two plates builds until the rocks crack or slip, causing vibrations (seismic waves) in the crust.



## Kinds of faults



## Measuring Earthquakes

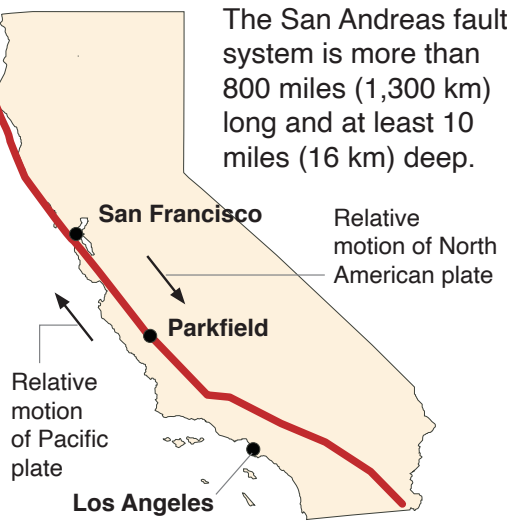
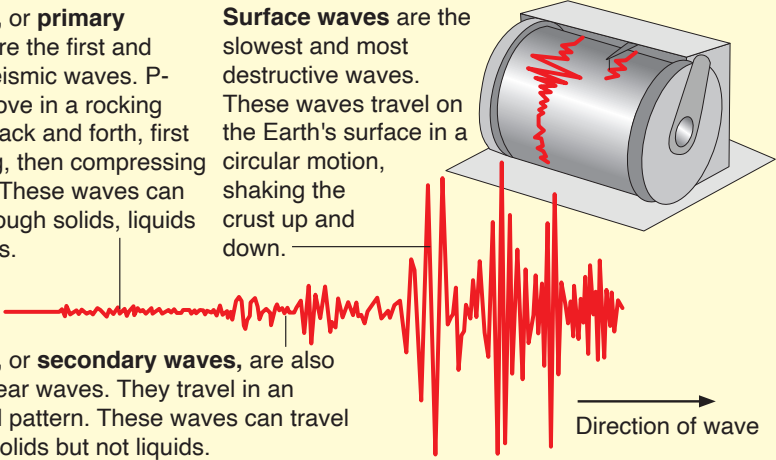
**Seismic waves** are pulses of energy caused by the sudden breaking of rock within the Earth. Earthquakes are recorded and measured with a **seismometer**.

Most earthquakes are measured on the **Richter scale**. The **magnitude** is calculated from the **amplitude** of the largest recorded seismic wave of the earthquake. The **intensity** of the shaking can be measured on the **Mercalli scale**.

**P-waves**, or **primary waves**, are the first and fastest seismic waves. P-waves move in a rocking motion, back and forth, first stretching, then compressing the rock. These waves can travel through solids, liquids and gases.

**S-waves**, or **secondary waves**, are also called shear waves. They travel in an S-shaped pattern. These waves can travel through solids but not liquids.

**Surface waves** are the slowest and most destructive waves. These waves travel on the Earth's surface in a circular motion, shaking the crust up and down.



## San Andreas fault

Along the boundary between the Pacific plate and North American plate is the **San Andreas fault**.

The average rate of motion across the San Andreas fault zone during the past 3 million years is approximately 2 inches (5 cm) per year. At this rate, Los Angeles and San Francisco will be next to each other in about 15 million years.

## Did you know?

Almost 80% of earthquakes occur along the **Ring of Fire**, a region that encircles the Pacific Ocean and is home to 452 volcanoes.

The strongest recorded earthquake in the United States was a magnitude 9.2 that struck Prince William Sound, Alaska, on March 28, 1964.

The strongest recorded earthquake in the world was a magnitude 9.5 in Chile on May 22, 1960. When this earthquake occurred, seismometers recorded seismic waves that shook the Earth for several days.

The world's deadliest recorded earthquake occurred in 1556 in central China. An estimated 830,000 people were killed. In 1976, another deadly Earthquake struck in Tangshan, China, where more than 250,000 people died.

**Moonquakes** are like earthquakes, but they occur deeper under the moon's surface. They are not as strong as earthquakes and happen less often.

The 1906 San Francisco earthquake resulted in more than 3,000 deaths.

**Aftershocks** are smaller earthquakes that follow a larger, initial earthquake (the main shock).

Southern California has about 10,000 earthquakes every year.

Lakes and other standing water may give off an odd smell and become a bit warmer right before an earthquake.

SOURCES: World Book Encyclopedia, World Book Inc.; <https://en.wikipedia.org>; NSAA; <https://Earthquake.usgs.gov>; <https://www.dosomething.org>; U.S. Geological Survey; <https://dec.vermont.gov> <https://www.bbc.co.uk>; <https://www.space.com>

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LEARN ABOUT **DIAMONDS** IN THE NEXT INSTALLMENT OF WORLD OF WONDER

# HOROSCOPES



## Trine of profundity

Jupiter and icy Pluto form a trine that recalls iceberg situations. But a tenth of the iceberg is above the water. So, however impressive the frozen mountain may be (and some are the equivalent of a 50-story building), what's going on below is the overwhelming bulk of it. If you think people are the same way — a public persona being the mere tip of it — you won't be wrong.

**ARIES (March 21-April 19).** There are things about you that have yet to be put into words. It may very well be that you cannot see them until someone else does first. Does just knowing these facets of you exist intrigue you enough to warrant further investigation?

**TAURUS (April 20-May 20).** You're well aware how even the most casual exchange can alter a mood or affect the plot of someone's day, which can, in turn, impact the very fibers of destiny. You make it a point to elevate at every juncture.

**GEMINI (May 21-June 21).** Take a long

shot. Gamble on your own ambition. You'll be as attractive as you feel. Go unapologetically forward in the spirit of liberation. Why shouldn't you be exactly who you really are?

**CANCER (June 22-July 22).** Your posture of respect and reverence is felt by those around you even if they do not know you, even if there is no real interaction between you. A vibe can be like weather that way — atmosphere everyone can see and feel.

**LEO (July 23-Aug. 22).** Since you are the one doing all the hard work, there's a temptation to take all the credit. You're certainly deserving of it, but sharing the props will be a better move. Teamwork is scalable in a way that solo work will never be.

**VIRGO (Aug. 23-Sept. 22).** You will stay curious. You know better than to limit your interest to people you like. People you don't like are even more important to study today. Knowledge of the opposition will give you an advantage.

**LIBRA (Sept. 23-Oct. 23).** You think you

have a good connection with someone, but you're not really sure exactly how deep or how mutual the connection is until it gets tested. This is why you don't mind the way the plot turns today. In fact, you welcome the excitement.

**SCORPIO (Oct. 24-Nov. 21).** Money is an external motivator. Things that are done for free are internally motivated. The difference between doing a thing for money and doing it for free is subtle, but it changes everything — the way a shift in balance changes everything for an acrobatic feat.

**SAGITTARIUS (Nov. 22-Dec. 21).** There is nothing you can't learn. It's not your brain but your courage that does most of the work. You will gain skills by jumping in and figuring out the first move, then the next move, and then the one after that.

**CAPRICORN (Dec. 22-Jan. 19).** The goal cannot be reached by a straight climb to the top. It's like a steep mountain, best conquered in zigzag trails. The distance traversed will be greater, but safer and within the realm of possibility for you and anyone who follows your lead.

**AQUARIUS (Jan. 20-Feb. 18).** You do not often think about the ways in which you are woven into the fabric of humanity, but indeed the inextricable tangle comes with certain responsibilities. Today, those duties center around optimism. Please hold on to hope, or others will lose their grounding.

**PISCES (Feb. 19-March 20).** Life is messy and it doesn't always go right. To take it too personally would be narcissism, as there is no one person whose energy is so important that it forms our shared reality. Do take this as a liberation and an invitation to have some fun.

**TODAY'S BIRTHDAY (June 2).** It's a year of beauty and bounty. You have the goods that attract people, which you recognize as being more fun than when you didn't have such resources. Still, it's qualities of humility, generosity and even anonymity that land your most meaningful successes. Your inconspicuous contributions will fill your soul and power your endeavors with the purest of fuel. Leo and Pisces adore you. Your lucky numbers are: 13, 2, 22, 28 and 8.